



Republic of the Philippines  
**Department of Education**  
REGION VIII - EASTERN VISAYAS

June 24, 2021

**REGIONAL MEMORANDUM**

No. **000345**, s. 2021

**DEPLOYMENT OF AN ONLINE QUESTIONNAIRE FOR THE CONDUCT OF THE STUDY TITLED, "STRESS, DEPRESSION, AND ACADEMIC WORKLOAD IN THE WORKPLACE OF EDUCATORS IN THE PHILIPPINES DURING A PANDEMIC"**

To: Schools Division Superintendents  
Public and Private Elementary and Secondary Teachers  
All Others Concerned

1. Attached is DepEd Memorandum No. DM-PHROD-2021-0361, dated April 30, 2021, *re:* Deployment of an Online Questionnaire for the Conduct of the Study Titled, "Stress, Depression, and Academic Workload in the Workplace of Educators in the Philippines during a Pandemic," requesting public and private elementary and secondary teachers to accomplish the questionnaire in the link: <http://www.bit.ly/workloadph>.
2. Other details can be found in the attached Memorandum.
3. Immediate dissemination of and compliance with this Memorandum are desired.

  
**MA. GEMMA MERCADO LEDESMA**  
Regional Director

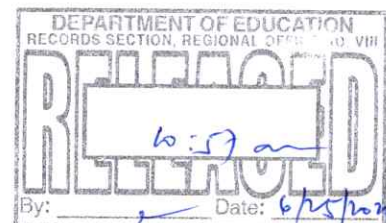
Enclosures: As stated

References: As stated

To be indicated in the Perpetual Index under the following subjects:

ONLINE SURVEY      PANDEMIC      RESEARCH

PPRD-TCPJ





Republika ng Pilipinas

**Department of Education**

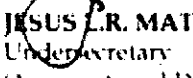
OFFICE OF THE UNDERSECRETARY

PLANNING, HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT

**MEMORANDUM  
DM-PHROD-2021-0361**

**FOR :** **MOHAGHER M. IQBAL**  
Minister, BARMM - Ministry of Basic, Higher and Technical Education

**REGIONAL DIRECTORS**

**FROM :**   
**JESUS L.R. MATEO**  
Undersecretary for Planning and Human Resource and Organizational Development

**SUBJECT :** **DEPLOYMENT OF A QUESTIONNAIRE FOR THE CONDUCT OF THE STUDY TITLED, "STRESS, DEPRESSION AND ACADEMIC WORKLOAD IN THE WORKPLACE OF EDUCATORS IN THE PHILIPPINES DURING A PANDEMIC,"**

**DATE :** 30 April 2021

Mr. Randy Joy M. Ventayen and Ms. Caren Cadama Orlanda-Ventayen, researchers from the Pangasinan State University, are conducting a study titled, "Stress, Depression and Academic Workload in the Workplace of Educators in the Philippines during a Pandemic." The study seeks to look into the workload and causes of stress and depression of teachers during the COVID-19 pandemic. Corollary to this, a questionnaire will be deployed to educators for six months.

In this regard, the **Regional Offices (ROs) are requested to disseminate the questionnaire**, which can be accessed through <https://forms.gle/Sg0210y1P9419731D5>, to public and private elementary and secondary teachers. However, note that **the participation of teachers is voluntary**. Particularly, teachers have the right to refuse to participate or discontinue in accomplishing the questionnaire any time.

For further inquiries and feedback, kindly contact the Planning Service - Policy Research and Development Division (PS-PRD) through email address [ps\\_prd@deped.gov.ph](mailto:ps_prd@deped.gov.ph) phone number: (02) 8635-3976. For lateral coordination, please contact the researchers, Mr. Ventayen and Ms. Orlanda-Ventayen, at email address: [rventayen@psu.edu.ph](mailto:rventayen@psu.edu.ph), or phone number: (09) 86200902.

For consideration. Thank you.

*PS-PRD scd*

Room 102, Rizal Building, DepEd Complex, Meralco Ave., Pasig City 1600  
Telephone No.: (02) 8633-7206 Teletax No.: (02) 8631-8494  
Email Address: [osec.phrod@deped.gov.ph](mailto:osec.phrod@deped.gov.ph) Website: [www.deped.gov.ph](http://www.deped.gov.ph)



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**Department of Education**  
OFFICE OF THE UNDERSECRETARY  
PLANNING, HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT

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03 May 2021

**RANDY JOY M. VENTAYEN**  
Pangasinan State University  
Lingayen Campus  
[rventayen@psu.edu.ph](mailto:rventayen@psu.edu.ph)

**CAREN CADAMA ORLANDA-VENTAYEN**  
Pangasinan State University  
Alammos City Campus

Dear **Mr. Ventayen** and **Ms. Orlanda-Ventayen**,

This has reference to your revised research proposal and questionnaire for the research titled, "Stress, Depression and Academic Workload in the Workplace of Educators in the Philippines during Pandemic," which were submitted to our office in light of your request for the Department of Education's (DepEd's) approval to float the said questionnaire to our DepEd teachers.

After review of the revised documents, this office has favorably endorsed your request to DepEd Regional Offices and attached is a copy of the said endorsement for your reference. However, kindly observe the highest ethical standards in research such as ensuring the confidentiality of collected data and voluntary participation of respondents, among others. We also request to be furnished with a copy of your research paper once it is completed for our consideration on the development and assessment of the Department's relevant policies, programs, and activities.

For questions and other clarifications, you may contact the Planning Service - Policy Research and Development Division - Planning Service (PS-PRDD) through email address [ps\\_prd@depEd.gov.ph](mailto:ps_prd@depEd.gov.ph)

Thank you very much for your interest in conducting research in basic education.

Very truly yours,

  
**JESUS L.R. MATEO**  
*Undersecretary*

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Room D02, Rizal Building, DepEd Complex, Morato Ave., Pasig City 1601  
Telephone No.: (02) 8633-7206 | Telefax No.: (02) 8631-8494  
Email Address: [usec-prdd@depEd.gov.ph](mailto:usec-prdd@depEd.gov.ph) | Website: [www.depEd.gov.ph](http://www.depEd.gov.ph)



Department of Education Region VIII <region8@deped.gov.ph>

004516

# Request for Follow Up and Assistance to float survey questionnaire - bit.ly/workloadph

1 message

OFFICE OF THE REGIONAL DIRECTOR IV  
 Date and Time Received 17 JUN 2021 4:20  
 Date and Time Received 17 JUN 2021 5:15  
 Signature [Handwritten Signature]

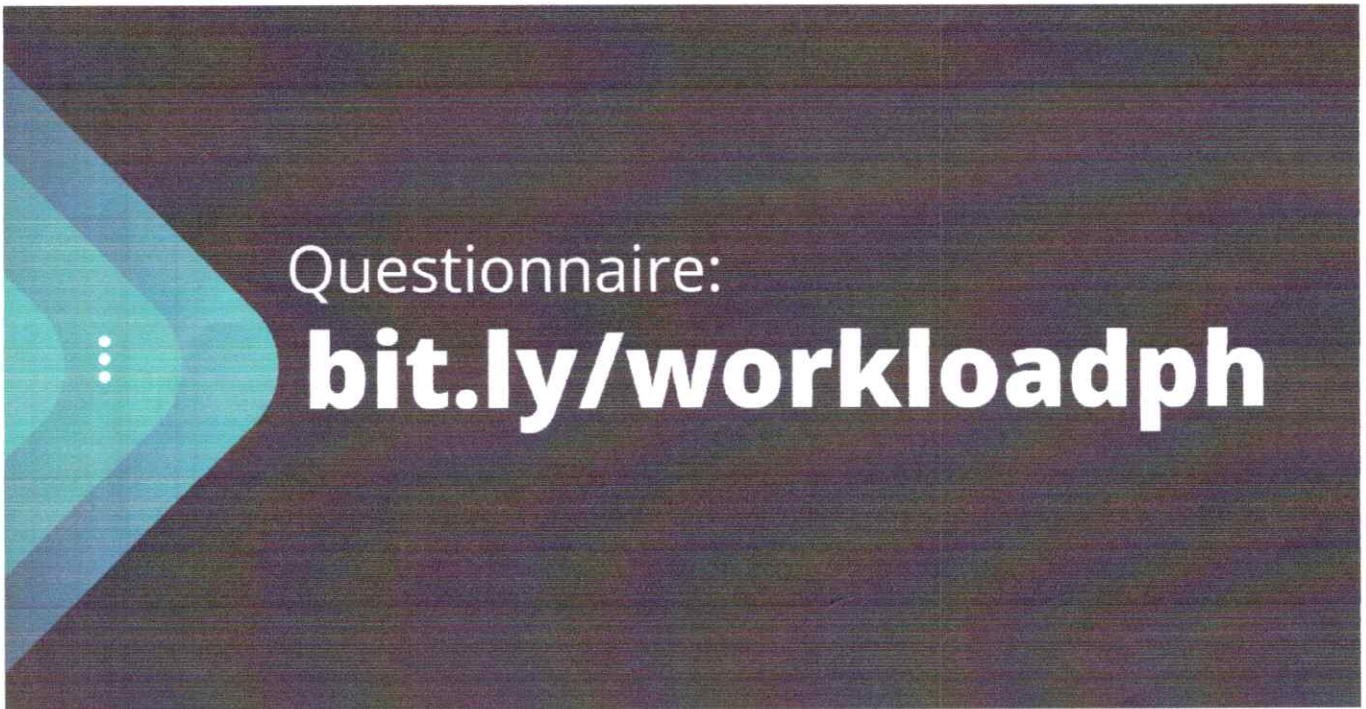
DEPARTMENT OF EDUCATION  
**RECEIVED**  
 REGIONAL SECTION, REGIONAL OFFICE NO. VIII  
 JUN 17 2021  
 4:00  
 JUN 17, 2021 at 4:27 AM

**R Ventayen** <rjventayen.lingayen@psu.edu.ph>  
 Reply-To: R Ventayen <rventayen@psu.edu.ph>  
 To: "ncr@deped.gov.ph" <ncr@deped.gov.ph>, "region2@deped.gov.ph" <region2@deped.gov.ph>, "mimaropa.region@deped.gov.ph" <mimaropa.region@deped.gov.ph>, "region5@deped.gov.ph" <region5@deped.gov.ph>, "region7@deped.gov.ph" <region7@deped.gov.ph>, "region8@deped.gov.ph" <region8@deped.gov.ph>, "region9@deped.gov.ph" <region9@deped.gov.ph>, "region11@deped.gov.ph" <region11@deped.gov.ph>, "region12@deped.gov.ph" <region12@deped.gov.ph>

Dearest fellow educators,

I am Randy Joy M. Ventayen, from Pangasinan State University. we requested the support of the Department of Education for floating of questionnaire nationwide for a timely study. In this regard, we would like to seek assistance from regions that has lacking a response to make the study more accurate.

Attached is the approval from the main office and the shorter link which can be found at <http://www.bit.ly/workloadph>



*Summary of Responses from regions with insufficient data*

REGION	Responses	Status
NCR	38	Insufficient
Region 2	20	Insufficient
Region 4B	7	Insufficient
Region 5	36	Insufficient
Region 7	26	Insufficient
<u>Region 8</u>	<u>26</u>	<u>Insufficient</u>
Region 9	16	Insufficient
Region 11	57	Insufficient
Region 12	22	Insufficient
ARMM	1	Insufficient

u/m  
 DRD email  
 6/17/21

thank you very much for your support.

**RANDY JOY M. VENTAYEN, DBA, DIT**

Director, Public Relations, Publication and Information Office, Pangasinan State University

ORCID: <https://orcid.org/0000-0002-0952-7795>

[Mendeley profile](#) | [Scopus Research ID](#) | [Web of Science Publons](#)

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**2 attachments**



**deped letter (1).jpg**  
98K



**deped letter (2).jpg**  
81K