



PALARONG PAMBANSA SECRETARIAT
Department of Education
Philippines Sports Commission
Department of Interior and Local Government

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OFFICE OF THE DIRECTOR IV
Date Received: 28 MAR 2022 2:30
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MEMORANDUM

**TO: REGIONAL DIRECTORS
REGIONAL SPORTS OFFICERS
SCHOOL DIVISIONS SUPERINTENDENTS
HEADS, PUBLIC ELEMENTARY AND SECONDARY SCHOOLS
MINISTERS, BASIC, HIGHER, AND TECHNICAL EDUCATION,
BARMM**

DEPARTMENT OF EDUCATION
REGION V II, EASTERN VISAYAS
RECEIVED
3/28/22
Date / Tracking No.
[Signature]

FROM: JOEL S. ERESTAIN, CSEE
Director III
Palarong Pambansa Secretariat

DATE: March 24, 2022

**SUBJECT: NATIONAL REFRESHER COURSE FOR DEPED WRESTLING
TECHNICAL OFFICIALS**

1. All concerned is hereby informed, that the Department of Education (DepEd), through Palarong Pambansa Secretariat will conduct a **Three-day National Virtual Refresher Course for DepEd Wrestling Technical Officials** on April 6 - 8, 2022 via Zoom Meeting.
2. The aim of this training is to, update and upgrade the knowledge and skills of our technical officials in the rules and changes of the Wrestling event, to capacitate our Wrestling officials with the correct interpretation of the Rules and other changes in Wrestling, and an update to the proper conduct of quality training.
3. Participants to this training are the Technical Officials who served in the 2019 Palarong Pambansa held in Davao city; Regional Officiating Officials recommended by the Regional Sports Officers (RSOs) and the member of the Technical Working Group (TWG). List of participants can be submitted to Palarong Pambansa Secretariat via email at palarong.pambansa@deped.gov.ph and cyrus.barcena001@deped.gov.ph.

4. Attached herewith is the copy of Training Matrix, Technical Working Group (TWG), and the expected list of participants.

5. For more information, inquiries, and clarifications, please contact Mr. Cyrus C. Barcena, Wrestling Sports Manager, through cyrus.barcena001@deped.gov.ph and contact no. 0928-261-5843.

6. Immediate dissemination of this Memorandum is encouraged.

Enclosure 1:

National Training/Refresher Course for DEPED Wrestling Technical Officials

April 6-8, 2022
Via Zoom Meeting

TRAINING MATRIX

DAY 1	DAY 2	DAY 3
1. OPENING PROGRAM 2. Webinar Proper 1:00 pm - 5:00 pm LECTURE 1 a. History of Wrestling b. Wrestling Equipment c. Characteristics of a Quality Wrestling venue Open Forum	WEBINAR PROPER 1:00 pm – 4:00 pm LECTURE 2 a. New Rules – Update b. Qualities of a Good Officiating Official in Wrestling c. Authorities and Responsibilities of every Officiating Official d. Pairing and Game Format e. Scoring and Signalling Open Forum	WEBINAR PROPER 1:00 pm – 5:00 pm LECTURE 3 a. Qualities of a Good Wrestling Coach/Trainer b. Selecting, Training and Nurturing a Quality Wrestler / Athlete Open Forum CLOSING PROGRAM

Enclosure 2:

2019 Palarong Pambansa Technical Officials in Wrestling

LIST OF PARTICIPANTS

Participants of this training are the Technical officials who served in the 2019 Palarong Pambansa held in Davao City, Wrestling Officiating Officials in the Regional Meets and the members of the Technical Working Group (TWG).

NAME	REGION	ASSIGNMENT
3. Jomar Agustin	I	
4. George Cauilan	II	
5. Roseann M. Tamayo	III	
6. Renato Dapena	IV-A	
7. Jovelyn Aspera	IV-B	
8. Aldiorito Abela, Jr.	V	
9. Nesmar John S. Arizala	VI	
10. Kenith Contemplacion	VII	
11. Patrocinio Capalar	VIII	
12. Julius Dadizon	VIII	
13. Maximo Hibaya	IX	
14. Giljun Penular	X	
15. Renier Cagurol	XI	
16. Mary Fe Espinosa	XI	
17. Marge Fernando	XI	
18. Rechillo Benito	XI	
19. Gerry dela Gracia	XII	
20. Bernabe Palma, Jr.	XII	
21. Jose Dominic Ajero	XIII	
22. Jean Coquilla	XIII	
23. Brent Gumuwang	CAR	
24. Jane Domingo	NCR	
25. Gemma Silverio	NCR	

A. ADDITIONAL PARTICIPANTS RECOMMENDED BY THE REGIONAL SPORTS OFFICER.

1. Regional Meet Officiating Officials in Wrestling

B. TECHNICAL WORKING GROUP (TWG)

1. Cyrus C. Barcena – Sports Manager
2. Onofre Tonolete, Jr.