

**DepEd Regional Advisory No. 053, s. 2022**  
**March 14, 2022**

In compliance with DepEd Order (DO) No. 8, s. 2013  
This advisory is issued not for endorsement per DO 28, s. 2001,  
but only for the information of DepEd officials,  
personnel/staff, as well as the concerned public.  
(Visit [deped.in/ro8issuances](http://deped.in/ro8issuances))

**LA28 TAEKWONDO INITIAL SPORTS PROGRAMME**

Attached is an Advertisement of Philippine Taekwondo Association (PTA), announcing to the field on the conduct of the LA28 Taekwondo Initial Sports Programme.

Other details relative to this activity are stipulated in the above-mentioned Advertisement.

Participation of both public and private schools shall be subject to the *no-disruption-of-classes policy* stipulated in DepEd Order No. 9, s. 2005 entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*.

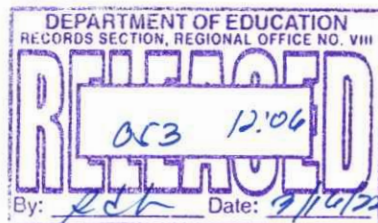
More information may be inquired from:

The Philippine Taekwondo Association (PTA)  
Contact No.: 8522-0518/85220519, 09186700370, 09773845870  
Or visit Philippine Taekwondo Association Facebook and Website

Considering that this is an Advisory, Schools Division Superintendents are given the discretion to act on this matter.

CLMD-NPJ  
DepEd RO8 ATA-F21 (CY2018-v03-r00)

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**SMART / MVP SPORTS FOUNDATION IS OUR OFFICIAL SPONSOR**



# LA28 Taekwondo Initial Sports Programme to be put forward to the IOC Session



Twenty-eight sports, including skateboarding, sport climbing and surfing, will be proposed for inclusion in the LA28 Initial Sports Programme at the IOC Session in February 2022. The 28 sports are governed by the following International Federations (IFs):

- \* World Athletics
- \* World Rowing (FISA)
- \* Badminton World Federation (BWF)
- \* International Basketball Federation (FIBA)
- \* International Canoe Federation (ICF)
- \* Union Cycliste Internationale (UCI)
- \* International Equestrian Federation (FEI)
- \* International Fencing Federation (FIE)
- \* Fédération Internationale de Football Association (FIFA)
- \* International Golf Federation (IGF)
- \* International Gymnastics Federation (FIG)
- \* International Handball Federation (IHF)
- \* International Hockey Federation (FIH)
- \* International Judo Federation (IJF)
- \* United World Wrestling (UWW)
- \* International Swimming Federation (FINA)
- \* World Rugby
- \* **World Taekwondo (WT)**
- \* International Tennis Federation (ITF)
- \* International Table Tennis Federation (ITTF)
- \* International Shooting Sport Federation (ISSF)
- \* World Archery Federation (WA)
- \* World Triathlon (TRI)
- \* World Sailing (WS)
- \* International Volleyball Federation (FIVB)
- \* International Surfing Association (ISA)
- \* World Skate (WSK)
- \* International Federation of Sport Climbing (IFSC)



## **ONLINE NATIONAL TEAM EVALUATION**

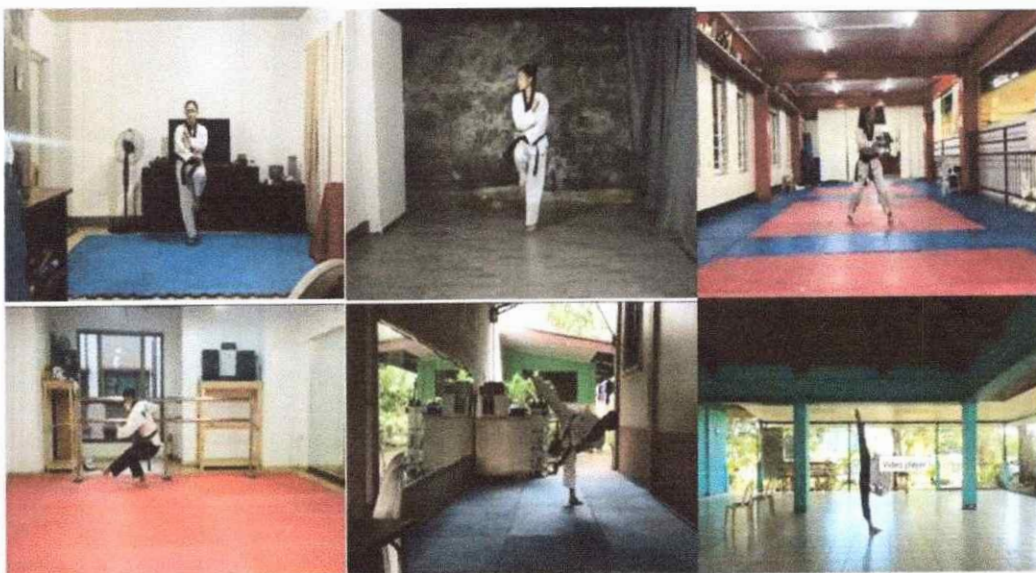
Grand Master Sung Chon Hong supervised an online Zoom evaluation for the members of the Poomsae and Kyorugi Teams' Philippine National Taekwondo Pool last January 15 and 28.

Some preselected 80 Taekwondoin from all over the country joined the online event to determine the 2022 Philippine Taekwondo Team lineup which will make up the country's participation in major events such as the World Poomsae Championships in Korea in April, SEA Games in Vietnam in May, the Asian Games in China in September, and the World Championships in Mexico, among others.

### **KYORUGI**

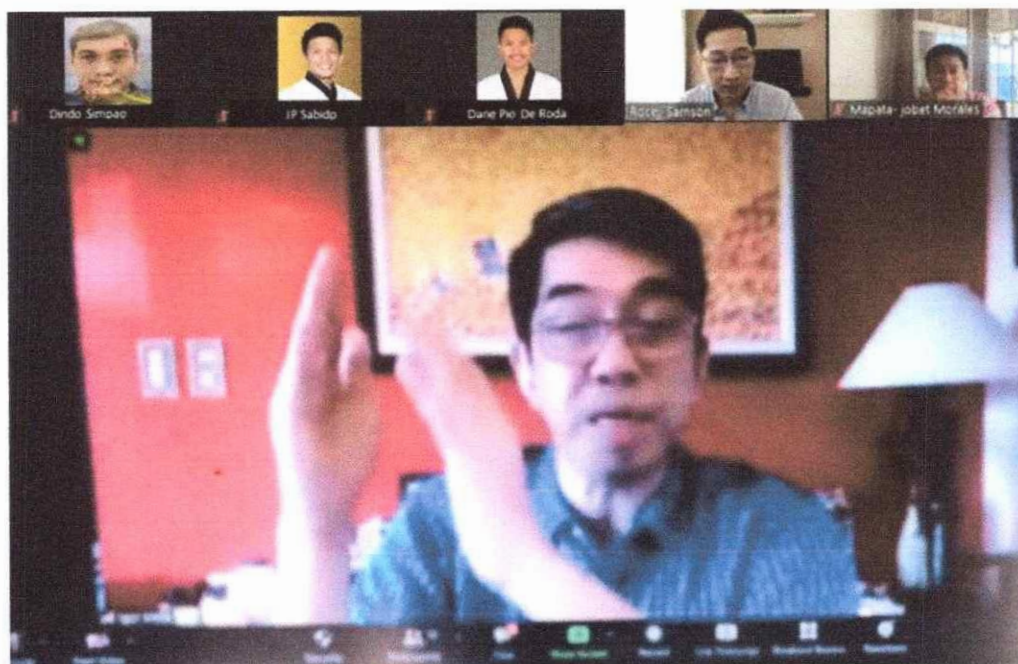
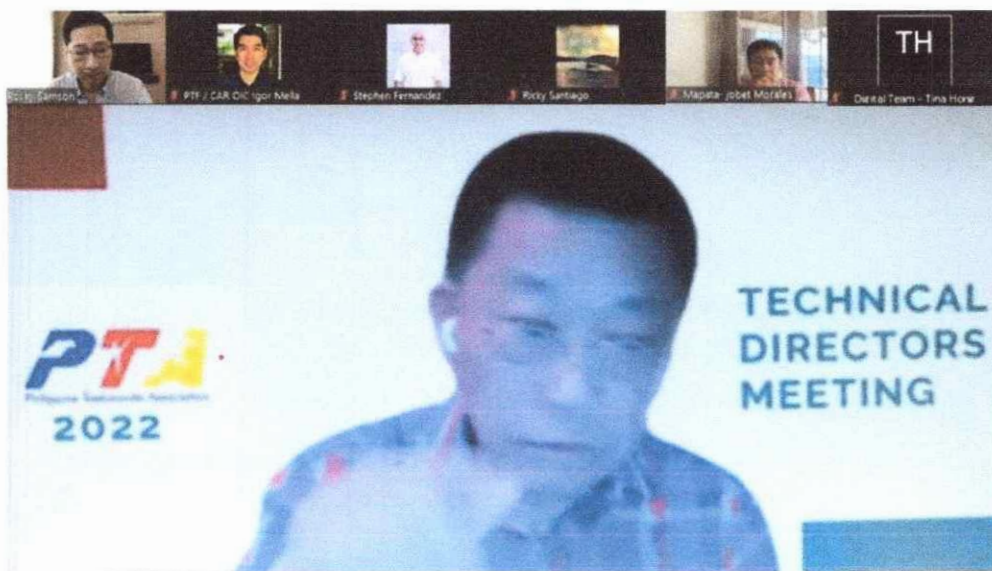


### **POOMSAE**



### ONLINE TECHNICAL DIRECTOR'S MEETING

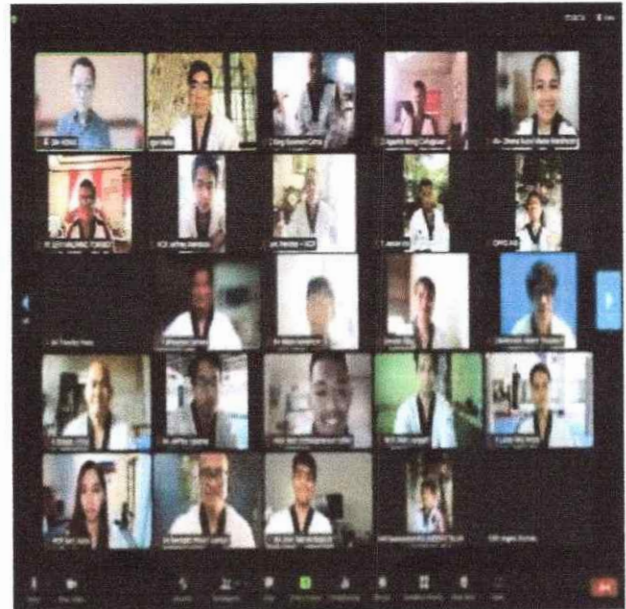
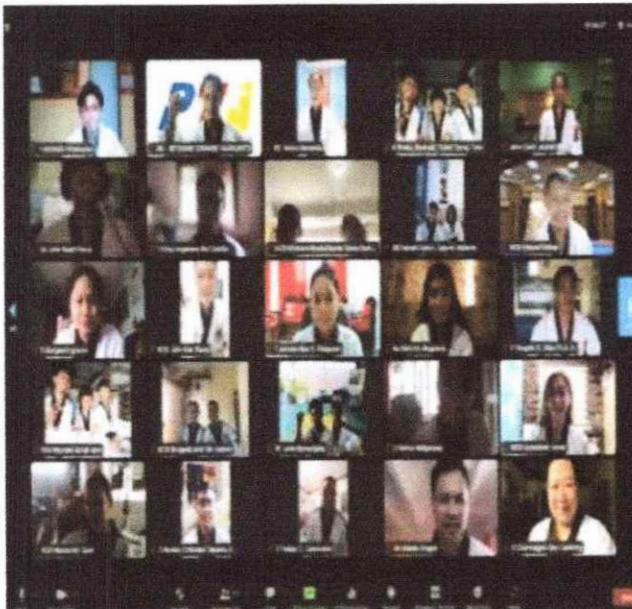
Online Technical Director's Meeting was held last January 16, 2022 via zoom. This was attended by PTA CEO GM. Hong, Sec. Gen. Raul Samson, Stephen Fernandez, Chairman Reg. Affairs and all the PTA Committte heads. This meeting discussed important matters and evaluation of 2021 programs and recommendation for 2022 events.





### ONLINE LUZON/NCR POOMSAE SEMINAR & REFRESHER COURSE

The Philippine Taekwondo Foundation holds the Luzon Online Poomsae Webinar held January 31 - February 2, 2022 via Zoom. Over one hundred fifty instructors and blackbelts coming from the regions of Luzon and NCR participated in this event. This activity is part of the education program of the PTA with the main goal of enhancing the skills of its members in the branch of Poomsae.





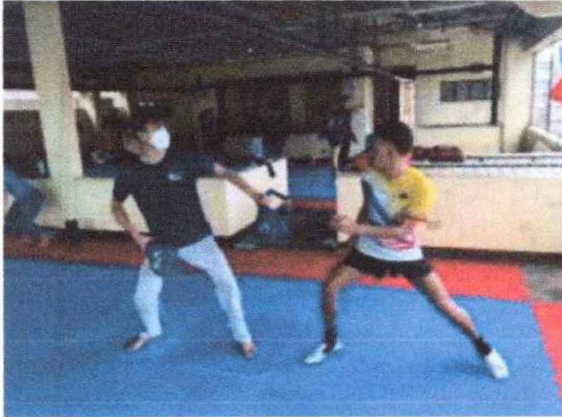
### **NATIONAL TEAM BUBBLE TRAINING (KYORUGI & POOMSAE)**

Philippine Taekwondo National Team was started settling down last February 7, 2022 and have all stated training that day. Coaches gradually increase training volume once the athletes have adequately adapted to the face to face training regimen and having general conditioning phase of training for them to be ready for the SEA Games on May in Vietnam, World Poomsae Championships on April in Korea and Asian Championships on June in Korea.





They had two (2) light training sessions a day, as the athletes' muscles are now sore from the last couple of days' workout. Nutritionist Coach Jeaneth Aro is scheduling a visit to personally assess each team member's condition and nutritional requirements. Coach Luis De Mesa is personally handling the Kyorugi team's morning conditioning workouts from 6-7:30 am, and is being assisted by our TKD coaches. They also give the athletes a 45-minute conditioning drills in the afternoon before the TKD training to properly get the team back to shape before we engage in heavy kicking drills. This is important so that we may avoid injuries. The athletes are giving good feedback on their meals. The coaches are also monitoring their weight every morning.





## 2022 SEA Games

### List of Players

#### **KYORUGI (Free Sparring)**

##### **MALE**

Kurt Bryan Barbosa  
Arven Alcantara  
Dave Cea  
Samuel Thomas Harper Morrison  
Cesar Israel Cantos

##### **FEMALE**

Sharifa Vianca Dela Cruz  
Baby Jessica Canabal  
Rheza Aragon  
Laila Delo  
Kirstie Elaine Alora

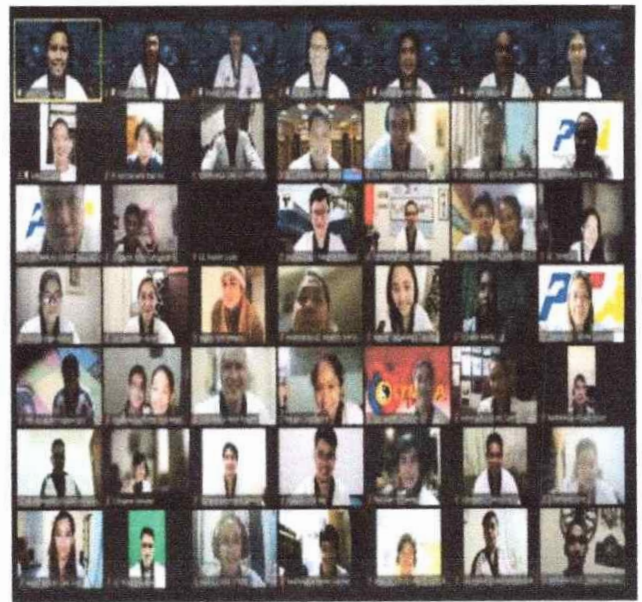
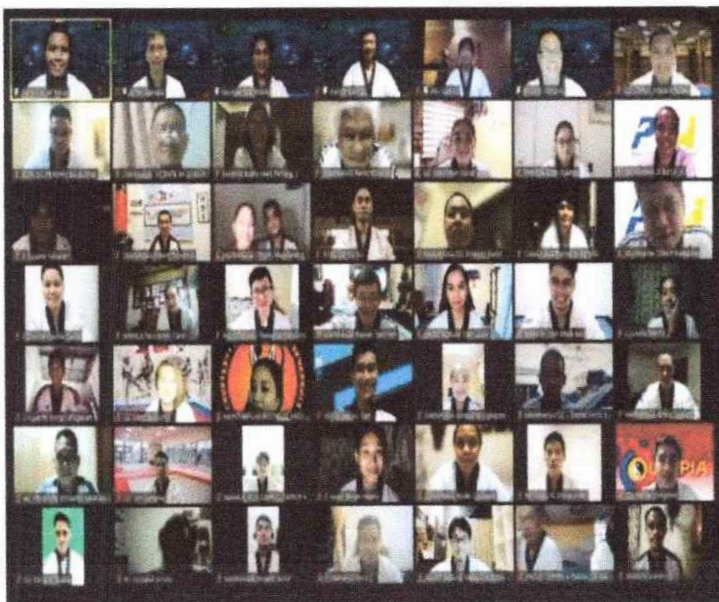
##### **POOMSAE**

Rodolfo Reyes, Jr.  
Raphael Enrico Mella  
Patrick King Perez  
Juaquin Dominic Tuzon  
Jeordan Dominguez  
Darius Venerable  
Justin Kobe Macario

Juvenile Faye Crisostomo  
Janna Dominique Oliva

#### **2022 ONLINE NATIONAL INSTRUCTORS/REFEREE SEMINAR & REFRESHER COURSE**

The objective of this course is to certify New Licensed Instructors & Referees to update taekwondo officiating officials with the current trends and Taekwondo rules. This courses conducted by Tem Igor Mella for the Online National Instructor Seminar/Refresher Course and Roland Campos for the Referee Seminar and Refresher course. It was eight (8) days course which started last February 7-14, 2022. Participated of 28 new instructor and 4 participants in the refresher course.





## **PTA ONLINE CHAMPIONSHIPS**

These 2 events highlights the progress of Taekwondo in the Philippines and gives an opportunity to show and demonstrate their ability in effective techniques and styles. Like any other sport events, Taekwondo which thrives on the development of the athletes drive, skills, confidence and discipline, elevates the human spirit to greater heights of achievements. Since this competition is for the new comer, they can expose and given a chance to experience online events.

## **ONLINE POOMSAE NEW FACE OF THE YEAR CHAMPIONSHIPS**

**March 19, 2022**

**ONLINE REGISTRATION ON-GOING**



The poster features a yellow background with a black and white photograph of three Taekwondo athletes in dynamic poses. The PTA logo is in the top left, and the event title is prominently displayed in the center. A date stamp for March 19, 2022, is in the bottom right. The bottom of the poster includes logos for various partners and social media handles.

**PTA**  
Philippine Taekwondo Association

Watch LIVE on VIRTUAL COURTS at  
[www.streamtaekwondo.com](http://www.streamtaekwondo.com)

2022 MVPSF / SMART NATIONAL ONLINE  
**NEW FACE**  
OF THE YEAR  
**TAEKWONDO**  
**POOMSAE**  
CHAMPIONSHIPS

**MARCH 19 2022**

philippinetkd philippinetsekwondo Philippine Taekwondo Association

## ONLINE SK NEW FACE OF THE YEAR CHAMPIONSHIPS

March 20, 2022

ONLINE REGISTRATION ON-GOING

**PTA**  
Philippine Taekwondo Association

Watch LIVE on VIRTUAL COURTS at  
[www.streamtaekwondo.com](http://www.streamtaekwondo.com)

2022 MVPSF / SMART NATIONAL ONLINE  
**NEW FACE**  
OF THE YEAR  
**TAEKWONDO**  
**SPEED KICKING**  
CHAMPIONSHIPS

**MARCH 20 2022**

philippinetkd philippinetaekwondo Philippine Taekwondo Association



# MUJU TAEKWONDO ONLINE 2022 WORLD POOMSAE CHALLENGE 1

## March 14 – April 20, 2022 / Muju, South Korea



March 14 – April 20, 2022 / Muju Korea

### List of Philippine Team Delegation:

#### Officials:

Team Leader	- Raul Samson
Ms. Rani Ann Ortega	- Coach, Female
Mr. Dustin Mella	- Coach, Male

#### Athletes:

Rodolfo Reyes, Jr.	Thea Mae Del Rosario	Clint Harron Magracia
Jocel Lyn Ninobla	Aliyah Therese Baquial	Chareyza Erleiana Garcia
Sofia Ysabelle Sarmiento	Jaeb Marie Viterbo	Janrill Marcus Lee
Jose Lucas Llarena	Jeus Gabriel Derick Yape	Eesha Ysabel Cunanan
Alfonzo Gabriel Tormon	Stella Nicole Yape	Leory Killian Ruiz
Jelo Jalaina Gadiana	Benedicto Juampit	Emmanuel Iguiron
Nadine Margaret Paus	Jaynazh Angelo Jamias	Shaula Jem Peollo
Chris Armel Gonzales	John Benedict Mantala	Kim Krissian Jumig
Sean Francis Templo	Angelica Marie Tinamisan	Genrev Jaime Chavez
Caylee del Rosario	Julius Frank Tano	Erica Angelene Del Castillo
Joseph Gadiana	Hannah Magracia	Chloei Alexis Anova
Zoie Alexa Croox	Wilt Anthony Valencia	Louis Nathaniel Aguinaldo
Vinwulfe Racko Urquia	Michael Jess Landicho	Casey De Leon
Luis Oscar Caguiat	Austine Zulaika Macaraeg	Zildjian Ciel Rubrica Vivo
Eljay Marco Vista	Joselito Aviles	Zyrra Aisha Myrie DelgadoHeza
Allyson Serapio	Charlz Co	Shiela Tarray
Alexander Jerome Bautista	Alexandria Aganon	Elijah Raymund Nicolas Jimeno
Berenice Yuri Cupit	Kahleia Erin Malaluan	Ernesto De Guzman, Jr.
Mary Brigitte Iguiron	Mark John Iguiron	
Dustan Xian Monterey	Matthew Gabriel Magtuba	
Bob Andrew Fabella	Kjel Ryan Malaluan	
Yhna Daniella Monterey	Mayumi Laurynne Cueto	
Xabi Aryana Tumang	Christian Maghirang	
Kurt Jyrus Emboltura	George Philippe Amano	

# WORLD TAEKWONDO POOMSAE CHAMPIONSHIPS

## April 21-24, 2022/ Goyang, South Korea



Schedule of Event:

### PROVISIONAL EVENT SCHEDULE

Date	Time	Event	Place
Apr 18	All day	Arrival International Referees	Referee Hotel
		Arrival National Team	TBD
	1000-1800	On-spot accreditation of teams	TBD
April 19	1000-1800	On-spot accreditation of teams	TBD
	1000-1800	International Referees Training	TBD
	0900-1800	Team Training	TBD
April 20	1000-1800	International Referees Training	TBD
	0900-1900	Team Training	TBD
	1000-1200	On-spot accreditation of teams	TBD
	1400-1600	Head of Team meeting & Drawing of Lots	TBD
	1900	Welcome Dinner	TBD
April 21	8:30	Competitions	KINTEX Exhibition Hall
	18:00	Opening Ceremony	KINTEX Exhibition Hall
	TBC	Medal Ceremony	KINTEX Exhibition Hall
April 22	8:30	Competitions	KINTEX Exhibition Hall
	TBC	Medal Ceremony	KINTEX Exhibition Hall
April 23	8:30	Competitions	KINTEX Exhibition Hall
	TBC	Medal Ceremony	KINTEX Exhibition Hall
April 24	8:30	Competitions	KINTEX Exhibition Hall
	TBC	Medal Ceremony	KINTEX Exhibition Hall
	tbc	Closing Ceremony (TBC)	KINTEX Exhibition Hall
April 25		Departure	Airport

### List of Philippine Team Delegation:

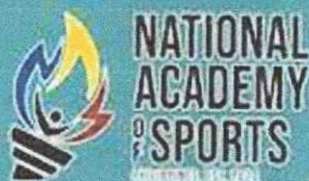
#### Officials:

Mr. Sung Chon Hong	-	Head of Team	Ms. Rani Ann Ortega	-	Coach, Female
Mr. Tem Igor Mella	-	Team Manager	Mr. Dustin Mella	-	Coach, Male

#### Athletes:

Male		Female	
Rodolfo Reyes, Jr.	Jeordan Dominguez	Jocel Lyn Ninobla	Janna Dominique Oliva
Raphael Enrico Mella	Darius Venerable	Rinna Babanto	Angelica Joyce Gaw
Joaquin Dominic Tuzon	Ian Matthew Corton	Aidaine Krishia Laxa	
Patrick King Perez		Juvenile Faye Crisostomo	
Justin Kobe Macario		Maria Nicole Labayne	





# NASCENT SAS

## SY 2022-2023

**NAS Annual Search for Competent, Exceptional,  
Notable and Talented Student-Athlete Scholars**

*The country's premiere sports  
academy is now accepting applicants  
for grades 7 & 8*

**Apply Now!**

Application Period  
January 12, 2022 - April 12, 2022

0976-038-3434

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nascentsas@deped.gov.ph



The NAS Annual Search for Competent, Exceptional, Notable and Talented Student-Athlete Scholars or NASCENT SAS is the annual search to identify and offer scholarships to academically competent and athletically talented natural born Filipino youth from all sectors of the society including indigenous peoples, persons with disabilities, and other marginalized groups.



## **APPOINTMENT**

### **2022 PTA TECHNICAL COMMITTEE FOR ONLINE CHAMPIONSHIPS**

Chairman	- Ricardo Santiago Jr.
Vice Chairmen	- Michael Joaquin Montinola and Gershon Bautista
Members:	
Digital Team	- Cristina Hong Garcia
Documentaion	- Dane Pio De Roda
Court Manager	- Chrism Caolm Ann Magdaraog

#### Referee Committee

Chairman	- Roland Campos
Vice Chairmen	- Harny Tabuada and Arnel Gamata
Members:	
	- Renato Suarez
	- Michael Zulueta
	- Jocelyn Balinas
	- Edrick Jhaney Galing



## **APPOINTMENT**

### **ASIAN TAEKWONDO UNION**

<b>WT Asia Standing Committee (2022/01/01 - 2022/12/31)</b>		
	<b>Title</b>	<b>Members Recommended by Association</b>
1	Technical Committee	Mr. Ricardo Layug Santiago, Jr.
2	Advisory Committee	Mr. Manuel Monsour T. del Rosario, III
3	Dev't. And Taekwondo for All Committee	Mr. Harny Padernal Tabuada
4	Education Committee	Mr. Michael delos Reyes Zulueta Mr. Tem Igor Buenconsejo Mella
5	Kyorugi Committee	Mr. Roland Gayo Campos
6	Marketing Committee	Mr. Jesus Morales, III
7	Media Committee	Mr. Joel Lacsamana
8	Medical Committee	Dr. Manolo M. Gabriel
9	Poomsae Committee	Mr. Edrick Jhaney Miguel Galing



## **2022 UPCOMING NATIONAL EVENTS**

*UAAP Poomsae Championships	March 26, 2022
*National Online Poomsae Championships	April 23-24, 2022
*Luzon Visayas Mindanao Instructor Refresher Course	April 27-28, 2022
*Online Promotion Test (Blackbelt/Regular)	April 30, 2022
*National Online Speed Kicking Championships	May 21-22, 2022
*Online Promotion Test (Blackbelt/Regular)	May 28, 2022
*NCR Poomsae & SK Online Championships (Cadet/Jr./Sr.)	May 7-8, 2022
*National Online Interschool Poomsae Championships	June 4-5, 2022
*National Online Inter-school Speed Kicking Champs.	June 24-25, 2022
*Online Promotion Test (Blackbelt/Regular)	June 25, 2022
*Asian Online Taekwondo Championships	June 10-12, 2022

## **2022 UPCOMING REGIONAL ONLINE CHAMPIONSHIPS**

*Online CALABARZON TKD Poomsae & Speed Kicking Champs Hosted by Region 4A	February 5-6, 2022
*Regional Online New Face (Poomsae & Speed Kicking) Hosted by Region 6A	February 26, 2022
*Regional Online New Face (Poomsae & Speed Kicking) Hosted by Region 8A	February 26-27, 2022
*Luzon Online New Face (Poomsae & Speed Kicking) Hosted by CAR Region	February 26-27, 2022

## **2022 UPCOMING INTERNATIONAL EVENTS**

*SEA Poomsae Qualifiers 2022	February 27, 2022	Singapore
*5 <sup>th</sup> ATF Championships	March 30-April 4, 2022	Vietnam
*SEA Games 2022	May 16-17, 2022	Hanoi, Vietnam
*World Master Game	June 10-18, 2022	Korea
*7th Asian Taekwondo Poomsae Champs	June 23, 2022	Chuncheon, Korea
*25th Asian Taekwondo Champs. (Kyorugi)	June 25-27	Chuncheon, Korea
*Chuncheon Korea Open (Kyorugi-Senior)	June 29-30	Chuncheon, Korea

## **MILO our sponsor provided the following certificates**

- \* Milo Certificate of Participants
- \* Milo Certificates of Medal
- \* Milo Certificate of Recognition

For any queries, you may contact The Philippine Taekwondo Association at:  
8522-0518/85220519, (+63)918-6700 370, (+63)977 384 5870  
or you may visit Philippine Taekwondo Association Facebook and Website

**KEEP SAFE AND HEALTHY**