



Republic of the Philippines  
**Department of Education**  
REGION VIII - EASTERN VISAYAS

September 01, 2022

**REGIONAL MEMORANDUM**

No. **971**, 2022

**REGIONAL TRAINING WORKSHOP ON OCCUPATIONAL FIRST AID AND BASIC LIFE SUPPORT WITH AUTOMATED EXTERNAL DEFIBRILLATOR**

To: Schools Division Superintendents  
DRRM Coordinators  
All Others Concerned

1. The DepEd Regional Office, through the Education Support Services Division (ESSD) shall conduct a face-to-face Regional Training Workshop on Occupational First Aid and Basic Life Support with Automated External Defibrillator for Regional Office Personnel and Division DRRM Coordinators on September 5-7, 2022, at the Luxury Suites Hotel, Tacloban City.
2. The list of the participants and the training matrix are attached to this Memorandum.
3. All identified participants are advised to wear an appropriate training attire and shall be at the venue during Day 0 to ensure completion of expected activity outputs within the specified timelines and observance of proper and maximum utilization of resources. The first meal is the afternoon snacks of Day 0 and the last meal is the lunch meal of Day 2.
4. The participants shall observe minimum health and safety protocols and requirements as per the Local Inter-Agency Task Force (IATF) guidelines.
5. The expenses for board and lodging, venue rental, and other related expenditures shall be charged against the CY 2022 Disaster Preparedness and Response Program (DPRP) Funds Annex A-I NBC 587. Meanwhile, the transportation/travel expenses incurred by the participants shall be charged against their respective local funds, subject to the usual existing accounting and auditing rules and regulations.
6. Immediate dissemination of and compliance with this Memorandum are desired.



*[Signature]*  
**EVELYN R. FETALVERO, CESO IV**  
Regional Director



Enclosures: As stated

References: None

To be indicated in the Perpetual Index under the following subjects:

CAPACITY BUILDING AND TRAINING

OCCUPATIONAL FIRST AID

ESSD-SPSS-DRRM-TJCP

Enclosure 1 of RM **971**, s. 2022**LIST OF PARTICIPANTS****REGIONAL TRAINING WORKSHOP ON OCCUPATIONAL FIRST AID AND BASIC LIFE SUPPORT WITH AUTOMATED EXTERNAL DEFIBRILLATOR**

Participants	Number of Pax
Regional Office	
Curriculum and Learning Management Division (CLMD)	1 Pax
Education Support Services Division (ESSD)	1 Pax
Field Technical Assistance Division (FTAD)	1 Pax
Quality Assurance Division (QAD)	1 Pax
Policy, Planning, and Research Division (PPRD)	1 Pax
Human Resource Development Division (HRDD)	1 Pax
Administrative Division (AD)	2 Pax
Finance Division (FD)	1 Pax
Schools Division Office	
Baybay City	1 Pax
Biliran	2 Pax
Borongan City	1 Pax
Calbayog City	1 Pax
Eastern Samar	2 Pax
Leyte	2 Pax
Astorga National High School - Mr. Caryl Rudy H. Restor	1 Pax
Maasin City	1 Pax
Northern Samar	2 Pax
Ormoc City	1 Pax
Samar	2 Pax
Southern Leyte	2 Pax
Tacloban City	1 Pax

**LEARNING FACILITATORS:**

Philippine Red Cross - Leyte Chapter, Safety Service Division = 4 Pax

**TECHNICAL WORKING GROUP:**

Education Support Services Division (ESSD) = 6 Pax

Enclosure 2 of RM **971**, s. 2022**TRAINING MATRIX****REGIONAL TRAINING WORKSHOP ON OCCUPATIONAL FIRST AID AND BASIC LIFE SUPPORT WITH AUTOMATED EXTERNAL DEFIBRILLATOR**

<b>Standard First Aid and Basic Life Support Training with Automated External Defibrillator</b>			
<b>Schedule Time</b>	<b>Required Time</b>	<b>Topic/Lesson</b>	<b>Methodology</b>
<b>Day 0 - September 05, 2022</b>			
01:00 PM - 02:00 PM	1 hour	Arrival and Registration	
02:00 PM - 02:30 PM	30 minutes	Course Orientation	
02:30 PM - 03:00 PM	30 minutes	Pre-Test	Pre-Test
03:00 PM - 05:00 PM	2 hours	<ul style="list-style-type: none"> <li>• Introduction to First Aid</li> <li>• Guidelines in Giving Emergency Care</li> </ul>	Lecture - Discussion
<b>Day 1 - September 06, 2022</b>			
08:00 AM - 12:00 NN	3 hours	<ul style="list-style-type: none"> <li>• Introduction to BLS -CPR</li> <li>• Respiratory Arrest &amp; Rescue Breathing</li> <li>• Foreign Body Airway Obstruction Management (FBAO)</li> <li>• Cardiac Arrest &amp; Cardiopulmonary Resuscitation</li> </ul>	Lecture - Discussion - Demonstration
12:00 NN – 1:00 NN	1 Hour	Lunch	
01:00 PM - 05:00 PM	4 hours	<ul style="list-style-type: none"> <li>• Special Situation</li> <li>• Soft Tissue Injuries</li> <li>• Lifting and Moving</li> <li>• Demonstration of Lifting and Moving</li> </ul>	Lecture - Discussion
<b>Day 2 - September 07, 2022</b>			
08:00 AM - 12:00 NN	4 hours	• Evaluation CPR (Infant & adult), Bandaging, Lifting, and Moving	Demonstration - Return Demonstration
12:00 NN - 1:00 PM	1 hour	Lunch	