### Republic of the Philippines

## Department of Education REGION VIII - EASTERN VISAYAS

September 01, 2022

REGIONAL MEMORANDUM No. 971

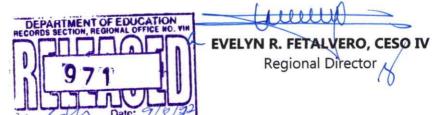
### REGIONAL TRAINING WORKSHOP ON OCCUPATIONAL FIRST AID AND BASIC LIFE SUPPORT WITH AUTOMATED EXTERNAL DEFIBRILLATOR

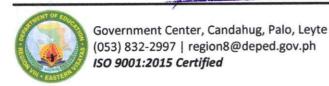
To:

Schools Division Superintendents

DRRM Coordinators All Others Concerned

- 1. The DepEd Regional Office, through the Education Support Services Division (ESSD) shall conduct a face-to-face Regional Training Workshop on Occupational First Aid and Basic Life Support with Automated External Defibrillator for Regional Office Personnel and Division DRRM Coordinators on September 5-7, 2022, at the Luxury Suites Hotel, Tacloban City.
- 2. The list of the participants and the training matrix are attached to this Memorandum.
- 3. All identified participants are advised to wear an appropriate training attire and shall be at the venue during Day 0 to ensure completion of expected activity outputs within the specified timelines and observance of proper and maximum utilization of resources. The first meal is the afternoon snacks of Day 0 and the last meal is the lunch meal of Day 2.
- 4. The participants shall observe minimum health and safety protocols and requirements as per the Local Inter-Agency Task Force (IATF) guidelines.
- 5. The expenses for board and lodging, venue rental, and other related expenditures shall be charged against the CY 2022 Disaster Preparedness and Response Program (DPRP) Funds Annex A-I NBC 587. Meanwhile, the transportation/travel expenses incurred by the participants shall be charged against their respective local funds, subject to the usual existing accounting and auditing rules and regulations.
- 6. Immediate dissemination of and compliance with this Memorandum are desired.







Enclosures: As stated References: None

To be indicated in the <u>Perpetual Index</u> under the following subjects:

CAPACITY BUILDING AND TRAINING OCCUPATIONAL FIRST AID

ESSD-SPSS-DRRM-TJCP

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#### LIST OF PARTICIPANTS

### REGIONAL TRAINING WORKSHOP ON OCCUPATIONAL FIRST AID AND BASIC LIFE SUPPORT WITH AUTOMATED EXTERNAL DEFIBRILLATOR

Participants	Number of Pax	
Regional Office		
Curriculum and Learning Management Division (CLMD)	1 Pax	
Education Support Services Division (ESSD)	1 Pax	
Field Technical Assistance Division (FTAD)	1 Pax	
Quality Assurance Division (QAD)	1 Pax	
Policy, Planning, and Research Division (PPRD)	1 Pax	
Human Resource Development Division (HRDD)	1 Pax	
Administrative Division (AD)	2 Pax	
Finance Division (FD)	1 Pax	
Schools Division Office		
Baybay City	1 Pax	
Biliran	2 Pax	
Borongan City	1 Pax	
Calbayog City	1 Pax	
Eastern Samar	2 Pax	
Leyte	2 Pax	
Astorga National High School - Mr. Caryl Rudy H. Restor	1 Pax	
Maasin City	1 Pax	
Northern Samar	2 Pax	
Ormoc City	1 Pax	
Samar	2 Pax	
Southern Leyte	2 Pax	
Tacloban City	1 Pax	

### **LEARNING FACILITATORS:**

Philippine Red Cross - Leyte Chapter, Safety Service Division = 4 Pax

#### **TECHNICAL WORKING GROUP:**

Education Support Services Division (ESSD) = 6 Pax

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### TRAINING MATRIX

# REGIONAL TRAINING WORKSHOP ON OCCUPATIONAL FIRST AID AND BASIC LIFE SUPPORT WITH AUTOMATED EXTERNAL DEFIBRILLATOR

Standard First Aid and Basic Life Support Training with Automated External Defibrillator				
Schedule Time	Required Time	Topic/Lesson	Methodology	
	Day	0 - September 05, 2022		
01:00 PM - 02:00 PM	1 hour	Arrival and Registration		
02:00 PM - 02:30 PM	30 minutes	Course Orientation		
02:30 PM - 03:00 PM	30 minutes	Pre-Test	Pre-Test	
03:00 PM -05:00 PM	2 hours	<ul><li>Introduction to First Aid</li><li>Guidelines in Giving Emergency</li><li>Care</li></ul>	Lecture - Discussion	
	Day	1 - September 06, 2022		
08:00 AM - 12:00 NN	3 hours	<ul> <li>Introduction to BLS -CPR</li> <li>Respiratory Arrest &amp; Rescue</li> <li>Breathing</li> <li>Foreign Body Airway</li> <li>Obstruction Management (FBAO)</li> <li>Cardiac Arrest &amp;</li> <li>Cardiopulmonary Resuscitation</li> </ul>	Lecture - Discussion - Demonstration	
12:00 NN - 1:00 NN	1 Hour	Lunch		
01:00 PM - 05:00 PM	4 hours	<ul> <li>Special Situation</li> <li>Soft Tissue Injuries</li> <li>Lifting and Moving</li> <li>Demonstration of Lifting and Moving</li> </ul>	Lecture - Discussion	
	Day	2 - September 07, 2022		
08:00 AM - 12:00 NN	4 hours	Evaluation CPR (Infant & adult), Bandaging, Lifting, and Moving	Demonstration - Return Demonstration	
12:00 NN - 1:00 PM	1 hour	Lunch		