

DepEd Regional Advisory No. **042**, s. 2023  
March 21, 2023

In compliance with DepEd Order (DO) No. 8, s. 2013  
This advisory is issued not for endorsement per DO 28, s. 2001,  
but only for the information of DepEd officials,  
personnel/staff, as well as the concerned public.  
(Visit [deped.in/ro8issuances](http://deped.in/ro8issuances))

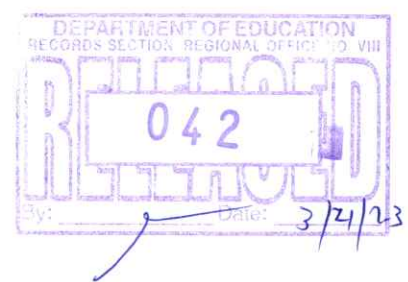
**RACE AGAINST SUICIDE: A GATEKEEPER TRAINING FOR SUICIDE PREVENTION IN SCHOOLS**

Attached is a communication from Luzlin P. Elcullada, RGC, MSFP, Dev.EdD, President, Philippine Guidance and Counseling Association, Inc., Cebu Chapter, inviting the Youth Formators and Guidance Counselors to the training for suicide prevention in schools and the Annual Conference of Guidance Counselors that would focus on upskilling suicide prevention strategies on March 22-24, 2023 at Bayfront Hotel, Capitol Site, Cebu City.

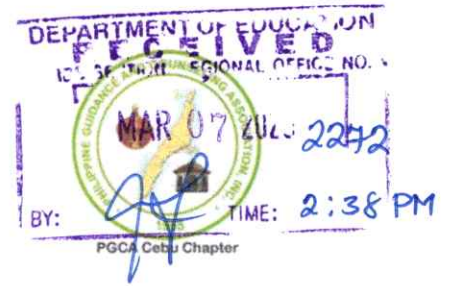
Participation of both public and private schools shall be subject to the *no-disruption-of-classes policy* stipulated in DepEd Order No. 9, s. 2005 entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*.

Considering that this is an Advisory, Schools Division Superintendents are given the discretion to act on this matter.

ESSD-SPPS-EAD  
DepEd RO8 ATA-F21 (CY2018-v03-r00)



**Philippine Guidance and Counseling Association, Inc.  
Cebu Chapter**



February 5, 2023

Evelyn R. Fetalvero, CESO III  
Regional Director

Attention:

Eden Dadap  
Regional Coordinator Learner Rights and Protection

Dear RD Fetalvero:

Peace!

The Philippine Guidance and Counseling Association Inc. (PGCA)- Cebu Chapter an Accredited Integrated Professional Organization by the Professional Regulation Commission is pleased to announce its Annual Conference on **March 22-24, 2023 at Bayfront Hotel, Capitol Site, Cebu City** with the theme: ***The Helper in Me: Enhancing the Adeptness in Suicide Prevention***. It is a special event and a first for PGCA-Cebu since we will be having a two in one activity; namely, **RACE Against Suicide: A Gatekeeper Training for Suicide Prevention in Schools** and the Annual Conference that would focus on upskilling Suicide Prevention strategies

The **RACE Against Suicide: A Gatekeepers' Training** is a noble project of Heads Up PH of UNILAB Foundation in partnership with the Philippine Guidance and Counseling Association Inc (PGCA), a proactive response in enacting Republic Act 11036 or the Philippine Mental Health Act. This training program seeks to train all school personnel (guidance counselors, health staff, teachers, administrators and other professionals) to become effective gatekeepers in the school setting to prevent suicide within the community through appropriate identification, management, and referral of students-at-risk.

We have increasing rate of depression, anxiety attacks, suicide attempts and ideation. PGCA Cebu would want to put an addition on the Bag of Tools in Preventing Suicide, thus the focus of the conference would be on learning new strategies on how to handle cases like these. This is to help the helpers equip with necessary skills needed to respond and handle effectively the cases. Participants will also be earning CPD points.

In this regard, we humbly ask your good office for an endorsement, to allow your guidance counselors, guidance advocates, coordinators, and other persons in the academe who are interested to attend the said conference on official business. It is very important that counselors and other professionals will be adept with knowledge and skills in handling their clients. The registration fee will include conference kits, workshop materials, lunch, snacks and certificate of attendance.

Registration rate are as follows:

*If registered on or before March 18, 2023 :*

- Php 4,500.00 – PGCA Cebu members
- Php 4,800.00 – Non-PGCA Cebu Members

*If Registered after March 18, 2023 (Onsite):*

- Php 5,000.00

Payments can be made through Bank of the Philippine Islands (BPI):

Account Name: **Phil Guidance & Counseling Association Inc. Cebu**

Account Number: **9201-0018-86.**

To register please use this link:

<https://forms.gle/wckrjjFvEm2ic4k27>

or visit the PGCA - Cebu Official for more details.

Your endorsement will greatly contribute to the success of this professional endeavor. We hope for your favorable response. God bless.

Respectfully yours,

  
**LUZLIN P. ELCULLADA, RGC, MSFP, Dev.Ed.D**

President