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Republic of the Philippines  
**Department of Education**  
REGION VIII - EASTERN VISAYAS

Advisory No. **064** s. 2023

April 26, 2023

In compliance with DepEd Order (DO) No. 8, s. 2013  
This advisory is issued not for endorsement per DO 28, s. 2001,  
but only for the information of DepEd officials,  
personnel/staff, as well as the concerned public.  
(Visit [deped.in/region8.deped.gov.ph](http://deped.in/region8.deped.gov.ph))

**58<sup>th</sup> ANNUAL NATIONAL AND 2023 INTERNATIONAL CONFERENCE  
OF THE PHILIPPINE GUIDANCE AND COUNSELING  
ASSOCIATION, INC. (PGCA)**

1. Attached is a letter from Shiela Marie G. Hocson, President, Philippine Guidance and Counseling Association, Inc (PGCA), inviting participants to the 58<sup>th</sup> Annual National and 2023 International Conference of Guidance Counselors and Advocates on May 15-17, 2023 at the University Theatre, Osmena Avenue, University of the Philippines, Diliman, Quezon City.
2. The conference aims to upgrade the competencies of guidance counselors, guidance advocates, and those in other related helping professions.
3. The target participants are Guidance Counselors and Career Advocates.
4. Participation of both public and private schools shall be subject to the *no-disruption-of-classes policy* stipulated in DepEd Order No. 9, s. 2005 entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*.

More information may be inquired from:

Shiela Marie G. Hocson  
President, PGCA, Inc.  
Mobile No.: 09166553507  
Email address: [pgcasecretariat@gmail.com](mailto:pgcasecretariat@gmail.com)

Considering that this is an Advisory, Schools Division Superintendents are given the discretion to act on this matter.

CLMD-ACA



Address: Government Center, Candahug, Palo, Leyte  
Telephone Nos.: (053) 832-5738  
Email Address: [region8@deped.gov.ph](mailto:region8@deped.gov.ph)  
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# PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.

The Accredited Integrated Professional Organization of the Professional Regulation Commission

Room 107 Philippine Social Science Center, Commonwealth Ave., Diliman,  
Telefax No. (632) 455 5108/ www.pgcainc.com / pgcasetariat@gmail.com

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25 April 2023

**Ms. Evelyn R. Fetalvero**

Director, DepEd Regional Office VIII – Eastern Visayas  
Gov't Center, Candahug, Palo, Leyte

Dear Ms. Fetalvero,

Greetings from the Philippine Guidance and Counseling Association, Inc. (PGCA), the PRC Accredited Professional Organization of the Professional Regulation Commission!

The Philippine Guidance and Counseling Association, Inc. (PGCA), the Accredited Integrated Professional Organization of the Professional Regulation Commission will hold its 58<sup>th</sup> Annual National and 2023 International Conference on **May 15-17, 2023**, at the University Theatre, Osmeña Avenue, University of the Philippines, Diliman, Quezon City. The theme of the conference is "*The Innovative Filipino Global Helping Professionals*". The conference aims to upgrade the competencies of the guidance counselors, guidance advocates, and those in other related helping professions. Given the disruptions brought about by the rapid acceleration of modern technology and the changes in our environment, there is a need for us to be continually informed and updated so we may be able to effectively address issues we face in our practice especially those affecting the youth, families, and communities.

In view of this, we would like to request for your kind issuance of an advisory or endorsement for the participation to this two-day event of guidance counselors and advocates, values education teachers, guidance supervisors/heads as well as teachers in the tertiary level.

To help defray cost of meals, kits and materials, certificates, venue, as well as travel expenses, hotel accommodation and honoraria of the resource persons for this special conference, this midyear conference registration are as follows:

Inclusions: 3-day lunch, am and pm snacks, conference kit, presentation materials and certificate of participation	PGCA MEMBERS	NON-MEMBERS
Early Bird Registration Rate (until March 31, 2023)	Php 4, 500.00	Php 5, 000.00
Regular Registration Rate (April 1-30, 2023)	Php 5, 000.00	Php 5, 500.00
Late Registration Rate (Starting May 1, 2023) <i>*Onsite/Walk-in is a first come first served basis- with limited slots only)</i>	Php 5, 500.00	
Graduate Students Registration Rate	Php 4, 200.00	

For further inquiries you may call our secretariat office at our mobile no. +63 09166553507.


We, in the PGCA, sincerely appreciate your kind support to our endeavors.

Attached are the invitation letter, program of activities, bio-profile, abstracts, and SEC.

Thank you, Ma'am.

Very truly yours,

  
**Maria Laarni Carla C. Paranis, PhD, RGC, LPT**  
Vice President for Internal Affairs and Program Chair

  
**Sheila Marie G. Hocson, PhD, RPM, RGC, RPsy, LPT**  
President and Over-all Program Chair

OFFICE OF THE DIRECTOR IV	
Date and Time Received	Signature
26 APR 2023 9:00	[Signature]
Date and Time Released	Signature
26 APR 2023	[Signature]

DEPARTMENT OF EDUCATION  
REGIONAL OFFICE NO. VIII  
EASTERN VISAYAS  
3504  
APR 26 2023  
BY: [Signature] TIME: 8:30 AM

OK email  
4/25/23





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### **ABSTRACT OF THE WORKSHOPS**

#### **Counseling Approaches Using the Clients' Control Orientation and Capacity to Hope** **(Ruth Ann L. Musngi, RGC, Rpm)**

Early detection of risk factors as well as protective factors is as important as identifying the appropriate intervention in counseling. This module focuses on how to use control orientation and hope factor in understanding why some clients tend to be successful in effecting change and vice-versa. Included in this seminar-workshop would be the discussion of research-based approaches appropriate for certain clients. As the participants go through the activities and exercises, they would have a chance to validate the effectiveness of the approaches they use and/or acquire new insights on how to handle client cases.

#### **New Trends In Professional Counseling Practices For Mental Health** **(Liesel S. Lopes, RGC)**

As the demand for counselors constantly increases, the development of an artificial counselor is considered. This seminar talks about the new trends in professional counseling practices for mental health, such as but not limited to telehealth, modern telecommunication, changes, and trends in counseling, knowledge and competencies, licensure, and scope of practice, the PGCA guidelines, important considerations, informed consent, recommended platforms, client verification, advocate guide, and MMCM counseling services. Moreover, this will talk about the emerging advantages and disadvantages brought by the new trends in the practice of counseling. With these changes, the guidelines for conducting and delivering Guidance Counseling and Mental Health Services online will be discussed.

#### **Designing a Contextualized School's Guidance and Counseling Program and the Implementation of School Guidance Curriculum** **(Ms. Jona Kristen M. Valdez, RGC)**

Knowledge and skills in the implementation of the School Guidance Curriculum as part of the Guidance and Counseling Program are crucial competencies of a Guidance Counselor. As practitioners, it is the latter's responsibility of implementing appropriate programs that are comprehensive, evidence-based, responsive, inclusive and sustainable.

Acknowledging the rich and varied experiences of Filipino Guidance Counselors, it is but high time to harness and optimize these insights and competencies that would further the effectiveness of the delivery of the Guidance and Counseling services.

This workshop explores and examines the current practices as regards the Guidance and Counseling Program in the Philippines. Likewise, it aims to upskill practitioners in designing the contextualized School's Guidance and Counseling Program vis-à-vis its effective implementation.



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### **Mental Health Literacy Online Module Development**

**(Ms. Jennifer V. Ines, RGC, LPT)**

The pandemic has taught schools to be more flexible, creative and adaptive for education to continue despite the scare of the COVID-19 virus with its evolving variants. Guidance and counseling centers had also made alterations to their programs such as offering telecounseling, online group sessions and online synchronous psychoeducational activities to continuously provide its services to students. Studies show that online counseling services can be as effective as face-to-face services. Now that schools are again transitioning, this time to hybrid learning, counseling centers must rethink about how they can deliver their programs and services in more innovative and sustainable ways.

The four-hour workshop will provide an example of how a mental health literacy program spearheaded by a counseling center can be offered universally to students through online modules. Online delivery of modules with the use of a reliable LMS also allows students to directly communicate with their counselors and make Guidance and Counseling services more accessible for them. Participants of the study will be shown how to design and develop online modules and they will be expected to come up with their own proposals by the end of the workshop.

### **Healthy Ways of Dealing with Anxiety**

**(Fr. Teodulo P. Gonzales, SJ, RGC)**

Anxiety comes in common forms of stress: finance, relationships, and health. Recent stressors (both internal and external) brought this global awareness of pervasive anxiety: the pandemic of corona virus, wars (Ukraine), earthquakes, online classes, deaths- just to name a few. What happens when there is an extreme anxiety? How do we become resilient and become healthy in facing our anxieties? How do we have self-care in times of anxiety.

### **Developing Peer Supervision Program: Surviving and Thriving in The Helping Profession**

**(Sophia A. Mendoza, PhD, RGC, Rpm)**

There is a general agreement that clinical supervision plays a significant role in a counselor's professional and personal development which results in the competent delivery of services to clients. In developing countries like the Philippines, clinical supervision continues to be a challenge among counselors. Considering the need for supervision and the contrasting reality, experts in the profession are challenged to look for feasible solutions to mend this gap.

To address this challenge, peer supervision has been proposed as an innovative, practical, feasible alternative and adjunct to the limited availability of clinical supervision (Bernard & Goodyear, 2009; Health Education and Training Institute [HETI], 2012; Newman et al., 2013). There is growing evidence indicating the potential contributions of peer supervision in the counseling profession. It can offer a variety of benefits such as well-being and improved counselor competency. Wilkerson (2006) defines peer supervision as an organized, supportive process in which fellow counselors meet in pairs or in groups, utilize and share their professional knowledge, and relationship expertise to monitor counseling practice and effectiveness for the purpose of improving specific counseling skills.





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This innovative skills-based training workshop will cover guidelines on how to start and run a clinical peer supervision group; demonstrate the power of peer supervision by offering opportunities for participants to experience peer supervision tools in small groups as well as provide skills and strategies in dealing with challenges of peer supervision groups.

### **Innovative Approaches to Counseling: How AI is Changing the Landscape**

**(Dr. Paulito V. Hilario, RGC, RPsy)**

This workshop will explore innovative approaches to counseling that are made possible through the use of artificial intelligence (AI) tools. We will discuss how AI is changing the landscape of counseling, from personalized treatment plans to real-time feedback and assessment. Participants will learn about cutting-edge research and development in this area, including the latest advances in natural language processing and sentiment analysis. Through case studies and interactive discussions, participants will explore the potential of AI to transform the way counseling is delivered, making it more accessible, efficient, and effective. By the end of the workshop, participants will be equipped with the knowledge and tools to apply these innovative approaches in their own counseling practice, helping them to provide better care for their clients.

### **FRAMES Model: A Practical Approach to Positivity**

**(Dr. Nhorly U. Domenden, RGC, Rpm, RPsy)**

“It is not the experience that makes one happy or sad. It is the way how one looks at the experience.” This line emphasizes the gigantic role of one’s perspective or point of view in influencing the outcome. People may experience the same circumstance but react to it differently. This is so because of the difference of mental lenses and elements they focus on. Some focus on the seemingly positive side while others are quicker to spot the negative side of the dichotomy. This makes the difference. This workshop acquaints the participants with the basic concepts of positive psychology with focus on positivity. They will be guided to a journey of examining even the negative experiences towards a lighter and brighter interpretation of such experiences through the five practical steps- the FRAMES Model. Participants will also delve into discovering practical ways of proliferating positive emotions in various situations.

### **New Perspectives on Caregiving in Suicidality: Integration of the Family Systems and the Filipino Context**

**(Merimee Tampus-Siena, PhD, RGC, LPT)**

With the increasing number of suicidality among college students, efforts are needed for suicide prevention and recovery including effective care and support from their family members. Despite numerous studies about suicidality and caregiving, certain processes and dynamics in these phenomena were scarcely explored. This workshop presents the actions, interactions, and processes involved in caregiving and receiving among Filipino families who took care of college-aged students towards suicide recovery. This workshop further illustrates a model capturing two important dynamics in the phenomenon: dyadic interactions and family systems. The C.A.R.E. Model is represented by processes such as Calling-on, Contemplating, Accepting, Allowing,



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Responding, Reciprocating, and Empowering. This model sheds light on the processes and dynamics of care within families, helps families and mental health professionals in dealing with suicidality, and revisits dynamics which may hinder proper care.

### **Toolbox: Stress Recovery and Suicide Prevention** **(Luzlin P. Elcullada, RGC, MSF, Dev. Ed.D)**

In this time of uncertainties, disruption and complexities great changes may impact the individual that might trigger stress (moderate or severe) on the individual. Managing this well is important so as not to trigger to suicide ideation and thoughts and preserve life.

This workshop will focus specifically on practical and handy techniques as an addition to the toolbox when working with people who are undergoing severe stress and have a struggle managing lack of control regarding triggers, flashbacks, and intrusive thoughts. This will also include helpful tools to prevent suicide using the SFBT framework.

### **The Anxious Mind: Helpful Strategies to Manage Anxiety** **(Jomelyn G. Lopez, PhD, RGC, RPsy)**

Living life is not all rainbows and unicorns. We may face various challenges, struggles, and issues as we live our lives. For instance, the pandemic that hit us in 2020 was just one of the many challenges we had to overcome. There was even a 25% increase in the prevalence of anxiety worldwide (WHO, 2022) during the pandemic. Moreover, in today's world, our minds are constantly distracted and anxious. We cannot remain productive throughout the day, and we end up sometimes feeling overwhelmed and agitated. Given these, we need to learn essential life skills to effectively cope and one of these skills is learning how to manage our anxious minds.

### **Diving Into the Rabbit Hole of The Unicorns** **(Dr. Joey Marie F. Jegonia, RGC, RPsy, Rpm)**

While recognition and support for LGBTQ+ is increasing as we see political, societies and cultural norms shifting, there remains the reality that it is not free from unique, personal, individual challenges within its membership and are or will be confronted with singular or group-related nuances in their immediate if not intermediate environment. It is revealed by various studies that this special group experience mental health struggles and used mental health services higher than heterosexuals.

This makes it imperative for counselors and other mental health providers to dive into the world of LGBTQ+ to allow a deeper and hopefully a more profound and thus a better understanding of singular/unitary unique experiences and challenges and ultimately have a working if not an intimate knowledge and understanding of the person beyond the adopted physical, verbal and/or fashion "persona". This is in reference to the context admitted by some researches that practitioners lack knowledge in serving them satisfactorily with mental health needs (Rispel, Metcalf, Cloete, Moorman, & Reddy, 2011).

This workshop aims to provide counselors the much needed information on the worldview of individuals in this unique group to be able to provide them with a semblance of tailor-fitted or





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customized positive perspectives and interventions for their relatively novel mental health needs and challenges.

### **Crafting Innovative Strategies for the Future School Counseling Spaces**

**(Henry M. Yap, PhD, RGC)**

The educational landscape has been transformed as the world has become increasingly unstable and dynamic. As a result of the pandemic or other crisis scenarios, school counselors are faced with a caseload that extends beyond psychosocial problems such as trauma, anxiety, grief, and depression. As counselors also face emerging generations Z and alpha, counselors will have to be creative to enhance their counseling services by utilizing a Multi-Tiered System of Support to prepare themselves for future school counseling spaces.

### **A Happy Place: Innovating School Counseling Program through Positive Psychology**

**(Dr. Gladíola A. Eje, RGC, LPT)**

Program development innovation in school counseling is viewed as a pressing need within the mental health field, yet is relatively poorly implemented. The stigma still hinders a student from seeking help despite experiencing troubling symptoms, increasing their chance of being mentally and emotionally overwhelmed. With this scenario, the question is, how do we innovate the traditional programs to fit the needs of the generation today?

Many schools across the country started to work in ensuring the promotion of a positive school climate in order to foster the success and emotional well-being of students, and address situations that exacerbate harmful behavior and diminish achievement. Thus, in order to assist the practicing school counselors in enhancing the well-being of students, the workshop will outline the fundamentals of positive psychology and model of positive school climate in creating an innovative school counseling program. It will further highlight the importance of a therapeutic environment to allow students to see the counseling unit as a happy place where they can go for self-reflection and as a site for personal growth, putting counselors as the major driver of change in school climate.

### **Emotional Agility in Supervision**

**(Fini Joy P. Buenafe, PhD, LPT, RGC)**

Emotions, according to Susan David are the body's immediate, physical responses to important signals from the outside world. One of the key functions of supervision is to process the emotional responses that arise as a result of their work. Emotional responses can be triggered by many factors in practice.

A growing body of research shows that emotional rigidity – getting hooked by thoughts, feelings and behaviors that don't serve us – is associated with a range of psychological ills, including depression and anxiety. Meanwhile, emotional agility – being flexible with your thoughts and feelings so that you can respond optimally to everyday situations as a supervisor– is key to well-being and success.



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### **Promoting Mental Health Gender-Diverse Clients: The School Counselor's Role**

**Level: Basic/Novice**

**(Dr. Estesa Xaris Que Legaspi, RGC)**

This 3-hour session aims to introduce novice counselors and mental health service providers to concepts, strategies, and interventions specific to promoting mental health and well-being of gender-diverse clients. It will use didactic methods, as well as interactive experiential learning to achieve its objectives. Critical points are to allow for participant self-reflection, and to advocate for ethical practice in promoting the mental health and well-being of gender-diverse clients.

### **Introduction To Forensic Psychology**

**(Argel B. Masanda, Rpm, RGC)**

This highly interactive workshop focuses on the nature of forensic psychology as a science and its application in the Philippine setting. 5 cases relevant to the theory and praxis of forensic psychology will be presented and the group will be divided accordingly to brainstorm about the guide questions provided. Each group will have its representative to present their inputs about the assigned case to them. Integration of all knowledge and concepts discussed will be facilitated to culminate the event.





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**58<sup>th</sup> ANNUAL NATIONAL AND 2023 INTERNATIONAL CONFERENCE**

**Theme: *The Innovative Filipino Global Helping Professionals***

**May 15-17, 2023 | University of the Philippines Theater and New Era University**

**Day 1: University of the Philippines Theater**

TIME	PROGRAM
6:00am-7:30am	Registration
7:30am-8:00am	<p>Doxology and Anthem</p> <p>Entrance of Colors</p> <p>Parade of Chapters</p> <p style="text-align: center;"><b>Mr. Francis Ray D. Subong Med, RGC, LPT</b>  <i>Vice President for External Affairs Philippine Guidance and Counseling Association, Inc.</i></p> <p>Introduction of Participants</p> <p style="text-align: center;"><b>Ms. Remedios C. Moog, MA, MPA, RGC, RPm</b>  <i>Secretary, Philippine Guidance and Counseling Association, Inc.</i></p> <p>Welcome Address</p> <p style="text-align: center;"><b>Dr. Sheila Marie G. Hocson, RGC, RPsy, RPm, LPT</b>  <i>President, Philippine Guidance and Counseling Association, Inc.</i></p> <p>Greetings from the University of the Philippines</p> <p style="text-align: center;"><b>Dr. Joel C. Javinari</b>  <i>Director, Office of Counseling and Guidance University of the Philippines</i></p> <p>Greetings from the Professional Regulatory Board</p> <p style="text-align: center;"><b>Dr. Luzviminda S. Guzman</b>  <i>Chairperson Professional Regulatory Board of Guidance and Counseling</i></p> <p>Inspirational Message</p> <p style="text-align: center;"><b>Her Excellency, Hon. Sara Duterte-Carpio</b>  <i>Vice President of the Philippines</i></p> <p>Conference Overview and Program Agreement</p> <p style="text-align: center;"><b>Dr. Maria Laarni Carla C. Paranis, RGC, LPT</b>  <i>Program Chair and Vice President for Internal Affairs Philippine Guidance and Counseling Association, Inc.</i></p>
8:00am-9:00am	<p>Keynote Address 1: <b>Basic Education Mental Health and Well-Being Legislation in the Philippines</b></p> <p style="text-align: center;"><b>Hon. Sherwin T. Gatchalian</b>  <i>Senator of the Philippines</i></p>



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9:00am-10:00am	<p><b>Plenary Session 1: Legislative Agenda for Well-Being Programs and Mental Health Professionals in the Philippines</b></p> <p><b>Mr. Francis Ray D. Subong, MEd, RGC, LPT</b>  <i>Vice President for External Affairs</i>  <i>Philippine Guidance and Counseling Association, Inc.</i></p>
10:00am-11:00am	<p><b>Panel Discussion 1 and Open Forum: Directions for Well-Being Programs and Mental Health Helping Professionals</b></p> <p>Moderator: <b>Mr. Christopher P. Hernandez, MAEd, OTRP, RGC</b>  <i>Ex-Officio, Philippine Guidance and Counseling Association, Inc.</i></p> <p><b>Hon. Sherwin T. Gatchalian</b>  <i>Senator of the Philippines</i></p> <p><b>ASec. Dexter Galban</b>  <i>Youth Affairs and Special Concerns</i>  <i>Department of Education</i></p> <p><b>Dr. Kenneth Y. Hartigan-Go, MD, MD (UK)</b>  <i>Unilab Foundation and</i>  <i>Ateneo Policy Center</i></p> <p><b>Dr. Carmelita P. Pabiton</b>  <i>Member, Professional Regulatory Board of Guidance and Counseling</i></p> <p><b>Sheila Marie G. Hocson, PhD, RGC, RPsy, Rpm, LPT</b>  <i>National President, PGCA</i></p> <p><b>Francis Ray D. Subong</b>  <i>National Vice President for External Affairs, PGCA</i></p>
11:00am-12:00nn	<p><b>Plenary Session 3: Innovations in Guidance and Helping Professionals: Lusog Isip Interventions</b></p> <p><b>Dr. Ma. Regina M. Hechanova</b>  <i>Chief of Party of the USAID RenewHealth Project</i></p>
12:00nn-1:00pm	<p>Business Meeting</p> <p>President's Report  <b>Dr. Sheila Marie G. Hocson, RGC, RPsy, Rpm, LPT</b>  <i>President, Philippine Guidance and Counseling Association</i></p> <p>Treasurer's Report  <b>Mr. Danilo B. Talusan, RGC, Rpm</b>  <i>Treasurer, Philippine Guidance and Counseling Association, Inc.</i></p>





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	<p>Lunch and Election</p> <p><b>Mr. Danilo B. Talusan, RGC, RPm</b>  <i>COMELEC Chair</i>  <i>Philippine Guidance and Counseling Association, Inc.</i></p>
<b>1:00pm-2:00pm</b>	<p>Plenary Session 5: <b>Integrative Collaborative Care in Schools and Community Mental Health</b></p> <p><b>Dr. Kristine Elaine Q. Abary, FPPA</b>  <i>Medical Specialist III, Child and Adolescent Section National Center for Mental Health</i></p>
<b>2:00pm-3:00pm</b>	<p>Plenary Session 6: <b>Innovations in Guidance and Helping Professionals: No Bully Philippines</b></p> <p><b>Ms. Llewelyn Issa B. Dela Cruz</b>  <i>Program Manager, Education, Advocacy and Research Department</i>  <i>Philippine Mental Health Association</i></p>
<b>3:00pm-3:15pm</b>	Working Break
<b>3:00pm-4:00pm</b>	<p>Plenary Session 7: <b>Mental Health Programs in Different Settings for a Better Normal (Basic Education)</b></p> <p><b>ASec. Dexter Galban</b>  <i>Youth Affairs and Special Concerns</i>  <i>Department of Education</i></p>
<b>4:00pm-4:45pm</b>	<p>Plenary Session 8: <b>Innovations in Guidance and Helping Professionals: RACE Against Suicide</b></p> <p><b>Ms. Michelle Amarilla-Climaco</b>  <i>Project Assistant Manager, Heads Up PH</i>  <i>UNILAB Foundation, Inc.</i></p>
<b>4:45pm-5:30pm</b>	<p>Plenary Session 10: <b>Innovations in Guidance and Helping Professionals: Career Counseling and Programs for Filipino Students and Counselors</b></p> <p><b>Ms. Rochell C. Miguel</b>  <i>Education USA Advisor</i>  <i>Philippine-American Educational Foundation (PAEF)</i>  <i>Fullbright Commission in the Philippines</i></p>
<b>5:30pm-6:00pm</b>	<p>Plenary Session 11: <b>Mental Health Programs in TESDA</b></p> <p><b>Mr. Tonisito M.C. Umali, Esq.</b>  <i>Deputy Director-General</i>  <i>Technical Education and Skills Development Authority</i></p>
<b>6:00pm</b>	Photo Opportunities and Socials

**Officers of the Day:**

**Dr. Maria Cristina E. Saldivar, RGC, RPsy**

**Dr. Carmencita H. Salonga, RGC, RPsy**

**Ms. Ma. Honey Belle B. Vicencio, RGC, LPT**



**PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.**

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**Day 2: University of the Philippines Theater**

<b>TIME</b>	<b>PROGRAM</b>
7:30am-8:00am	Registration
8:00am-9:00am	Keynote Address: <b>The Innovative Global Helping Professionals</b>  <b>Dr. Ronnel King</b> <i>Associate Professor</i> <i>The University of Hongkong</i>
9:00am-10:00am	Plenary Session 1: <b>Foundations and Impact of the Helping Professions to Global Innovation</b>  <b>Mr. Christopher P. Hernandez, MAEd, OTRP, RGC</b> Ex-Officio, Philippine Guidance and Counseling Association, Inc.
10:00am- 11:00am	Plenary Session 2: <b>Using Implementation Science to Advance Mental Health Screening in Schools</b> <b>Dr. Carmelo Callueng, NCSP</b> <i>Associate Professor, School of Psychology Rowan University</i>
11:00am-12:00nn	Plenary Session 3: <b>Knowledge Management in the Guidance and Counseling Profession</b>  <b>Dr. Ma. Xenia Bitera</b> <i>Director, Center for Research, Innovation and Data Management</i> <i>Lyceum of the Philippines University – Batangas</i>
12:00nn-1:00pm	Working Lunch  PGCA Local Awards Ceremonies <b>Dr. Ma. Cristina E. Saldivar, RGC, RPsy</b> <i>Chairperson, Awards Committee</i> <i>Philippine Guidance and Counseling Association, Inc.</i>
1:00pm-3:15pm	Plenary Session 4: <b>Development of Health and Wellness Program for Organizations</b>  <b>Mr. Mark Anthony V. Bercando</b> <i>Chief Human Resource Specialist</i> <i>Civil Service Commission</i>
<b>3:15pm-3:30pm</b>	<b>Working Break</b>





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<b>3:30-4:45pm</b>	<b>Plenary Session 5: Mental Health Programs in Different Settings for a Better Normal (Corporate)</b>  <b>Ms. Brenalyn A. Peji</b> <i>Director IV</i> <i>Department of Labor and Employment</i>
<b>4:45-6:00pm</b>	<b>Plenary Session 6: Mental Health Programs in Different Settings for a Better Normal (Community)</b>  <b>Dr. Rodney Boncajes</b> <i>Chief, Capacitation and Community Mental health</i> <i>National Center for Mental Health</i>

**Officers of the Day:**

**Ms. Mariz P. Borgoños-Pales, RGC, RPm, LPT**

**Dr. Benny S. Soliman, RGC, RPm**

**Dr. Charito B. Ferrer, RGC, RPm,**



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<b>DAY 3: WORKSHOP</b> May 17, 2021 (Wednesday)		<b>Morning Session:</b> 8:00 AM - 12:00PM <b>Afternoon Session:</b> 1:00 PM – 5:00 PM
<b>WORKSHOP</b>	<b>TOPIC</b>	<b>FACILITATOR</b>
<b>BASIC</b> Designed for entry level qualifications and for allied professionals	<b>Counseling Innovations, Initiatives in the Early Grades</b>	<b>Maureen Buntag-Leuterio</b>
<b>BASIC</b> Designed for entry level qualifications and for allied professionals	<b>Therapeutic as a form of Counseling Session</b>	<b>Nancy Razon</b>
<b>BASIC</b> Designed for entry level qualifications and for allied professionals	<b>Developing Peer Supervision Program: Surviving and Thriving in the Helping Profession</b>	<b>Dr. Sophia Mendoza</b>
<b>BASIC</b> Designed for entry level qualifications and for allied professionals	<b>A Happy Place: Innovating School Counseling Program through Positive Psychology</b>	<b>Dr. Gladiola Eje-Dimaculangan (Batangas)</b>
<b>BASIC</b> Designed for entry level qualifications and for allied professionals	<b>Designing a Contextualized School's Guidance and Counseling Program and the Implementation of School Guidance Curriculum</b>	<b>Ms. Jona Kristen Valdez</b>
<b>BASIC</b> Designed for entry level qualifications and for allied professionals	<b>Introduction to Forensic Psychology</b>	<b>Dr. Argel B. Masanda</b>
<b>BASIC</b> Designed for entry level qualifications and for allied professionals	<b>Emotional Agility in Supervision</b>	<b>Dr. Fini Joy Buenafe</b>
<b>BASIC</b> Designed for entry level qualifications and for allied professionals	<b>Crafting Innovative Strategies for the Future School Counseling Spaces</b>	<b>Dr. Henry Yap</b>
<b>INTERMEDIATE</b> Designed for participants with at least three years of professional counseling practice	<b>Innovative Approaches to Counseling: How AI is Changing the Landscape</b>	<b>Dr. Paulito Hilario (Cavite)</b>
<b>INTERMEDIATE</b> Designed for participants with at least three years of professional counseling practice	<b>FRAMES Model: A Multisectoral Approach in Positive Psychology</b>	<b>Dr. Nhorly Domenden (Pangasinan)</b>
<b>INTERMEDIATE</b> Designed for participants with at least three years of professional counseling practice	<b>Toolbox: Stress Recovery and Suicide Prevention</b>	<b>Dr. Luzlin Elcullada (Cebu)</b>





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<b>INTERMEDIATE</b> Designed for participants with at least three years of professional counseling practice	<b>The Anxious Mind: Helpful Strategies to Manage Anxiety in the Workplace</b>	<b>Dr. Jomelyn Lopez</b>
<b>INTERMEDIATE</b> Designed for participants with at least three years of professional counseling practice	<b>New Trends in Professional Counseling Practices for Mental Health</b>	<b>Ms. Liezel Lopez (DAGCO)</b>
<b>INTERMEDIATE</b> Designed for participants with at least three years of professional counseling practice	<b>Mental Health Literacy Online Module Development</b>	<b>Ms. Jennifer V. Ines</b>
<b>INTERMEDIATE</b> Designed for participants with at least three years of professional counseling practice	<b>Diving Into the Rabbit Hole Of The Unicorns</b>	<b>Dr. Joey Marie Jegonia</b>
<b>INTERMEDIATE</b> Designed for participants with at least three years of professional counseling practice	<b>RACE Against Suicide for Gatekeepers Workshop</b>	<b>Ms. Michelle Amarilla-Climaco</b>
<b>ADVANCE</b> Designed for participants with at least five years of professional counseling practice	<b>Healthy Ways of Dealing with Anxiety</b>	<b>Fr. Teodulo P. Gonzales</b>
<b>ADVANCE</b> Designed for participants with at least five years of professional counseling practice	<b>C.A.R.E. Framework - Family Caregiving in the Context of Suicidality</b>	<b>Dr. Merimee T. Siena</b>
<b>ADVANCE</b> Designed for participants with at least five years of professional counseling practice	<b>Promoting Mental Health Gender-Diverse Clients: The School Counselor's Role [Basic]</b>	<b>Dr. Estesa Que-Legaspi</b>
<b>ADVANCE</b> Designed for participants with at least five years of professional counseling practice	<b>Counseling Approaches Using the Clients' Control Orientation and Capacity to Hope in Various Settings</b>	<b>Ms. Ruth Ann Musngi</b>
<b>ADVANCE</b> Designed for participants with at least five years of professional counseling practice	<b>A Challenging Journey to my Research</b>	<b>Dr. Adelaida C. Gines</b>