



Republic of the Philippines
Department of Education
REGION VIII - EASTERN VISAYAS

August 11, 2023

REGIONAL MEMORANDUM

No. **855** 2023

**REGULAR MONITORING OF OPLAN KALUSUGAN SA DEPED
(OK SA DEPED) FLAGSHIP PROGRAMS AND SCHOOL-
BASED FEEDING PROGRAM IMPLEMENTATION
FOR 2023**

To: Schools Division Superintendents
Division School Health Section
Division OK sa DepEd Flagship Programs Coordinators
Public Elementary and Secondary School Heads
All Others Concerned

1. In compliance with DepEd Order No. 28, s. 2018 entitled "Policy and Guidelines on Oplan Sa Kalusugan sa Department of Education (OK sa DepEd)", and DepEd Order No. 31, s. 2021 entitled "Operational Guidelines on the Implementation of School -Based Feeding Program", this Office through the Education Support Services Division-School Health Section (ESSD-SHS), shall conduct a Regional Regular Monitoring of Oplan Kalusugan sa DepEd (OK sa DepEd) Flagship Programs Implementation for 2023 particularly on Medical, Dental and Nursing Services, National Drug Education Program (NDEP), Adolescent Reproductive Health (ARH), Wash in Schools (WinS), School Mental Health, School-Based Feeding Program (SBFP) and Integrated School Nutrition Model (ISNM).
2. The objective of this activity is to monitor and provide technical assistance to the SDOs on the implementation of the School-Based Feeding Program and OK sa DepEd Flagship Programs Implemented in the Schools Division Offices and its Schools.
3. The Regional Monitoring Team shall be composed of the Medical Officer, Dentist, Nutritionist Dietitian, Nurse, Dental Aide, and other Program Focal Persons.
4. For further information, Dra. Angelica C. Rodriguez, Medical Officer IV can be reached at 09176231009. The monitoring Tool is attached to the Memo for your reference.
5. Travel expenses of the Monitoring Team shall be charged against the Program Support Funds of SBFP and/or RO-ESSD funds, subject to the usual accounting and auditing rules and procedures.



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6. Immediate dissemination of and strict compliance with this Memorandum are desired.


EVELYN R. FETALVERO, CESO III
Regional Director

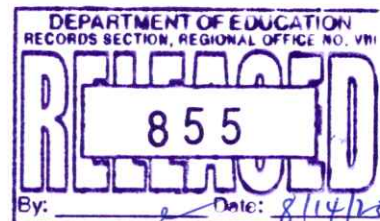
Enclosures: As stated

References: DepEd Order No. 28, s. 2018 and DepEd Order No. 31, s. 2021

To be indicated in the Perpetual Index under the following subjects:

HEALTH MONITORING PROGRAMS

ESSD-SHS-CBN



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Oplan sa Kalusugan sa DepEd

Monitoring Tool

Division:	Period Covered:
Office Address:	
Office Telephone Number:	Mobile Number: Email address:
Number of Schools in the Schools Division:	Elementary: Secondary: Total:

1. NATIONAL DRUG EDUCATION PROGRAM (NDEP)

Activities Conducted	Schools	Yes	No	Remarks
Systematic Training for Effective Parenting				
Advocacy on Barkada Kontra Droga				
Capacity Building Universal Preventive Curricula				
Life Skills Training				
Orientation on RA 9165				
Advocacy on Tobacco Control				
Red Cross Youth Formation				
Others:				



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2. ADOLESCENT REPRODUCTIVE HEALTH (ARH)

Availability of the Data			
	Available	Not available	Remarks
Teenage Pregnancy Data in Public Schools			
Status of Pregnant Learners			

2.a. ARH Activities

Activities Conducted	Schools	Availability		Remarks
		Yes	No	
Teen Center				
HIV /AIDS trainings/ lectures				
Mental Health Trainings/ lectures				
Red Cross Youth				
Others:				

3. SCHOOL MENTAL HEALTH

Availability of the Data			
	Available	Not available	Remarks
Licensed Mental Health Professionals			
Other Certified Mental Health Professionals			
Cases of Mental Health			

Capacity Building Activities Conducted						
Activity Conducted (Specify title of activity)	Participating Schools	Check if Elementary School or High School		No. of Participants		
		Elementary	High school	NTP	Teachers	Learners

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	TOTAL					

4. MEDICAL-DENTAL-NURSING SERVICES

Availability of the Data			
	Available	Not available	Remarks
Ten Most Common Signs and Symptoms (as reported by nurse)			
Ten Most Common Diseases (as Diagnosed by Medical Doctors)			
Ten Most Common Dental Problems (as Diagnosed by Dentists)			
Dental Service Accomplishment Report			
School-Based Immunization Program			
Deworming Program			
Weekly Iron Folic Acid (WIFA) Supplementation Program			
Visual & Auditory Assessment			
Auditory Screening			



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School-Based Feeding Program

QUESTIONNAIRE FOR THE PROGRESS MONITORING AND EVALUATION

(Regional Level)

SY _____

Division: _____

Date: _____

I. INTERVIEW/FOCUS GROUP DISCUSSION WITH SBFP FOCAL PERSONS

1. What are the preparatory activities done by the Division Office with regards to the implementation of SBFP for SY _____?

2. Of the activities mentioned, in what part were you involved and to what extent? If you were not involved, in what part do you think you should have been involved?

3. Was there a Technical Working Group formed in the SDO? Who created it? Who are the persons involved? What is the role of each member of the TWG? Was the expected role accomplished by the TWG members? If not, cite the reasons and instances.

4. Is/Are there SBFP Focal Person/s designated by the SDS? Who is/are the Focal Persons? What are the roles of the SBFP Focal Person/s?

5. As SBFP Focal Person, do you have the support of the SDO?

6. Is there proper coordination & communication with RO and SDO? Were there issues encountered in coordination the RO? Was it resolved? How?

7. When was the Funds for SBFP from CO released to SDO?

- Date Received _____
- Amount Received _____

8. Did you conduct orientation for school implementers?



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- Date of orientation conducted _____
- No. of schools oriented? _____
- Number of schools with no orientation? _____

9. Have you monitored the implementation of SBFP in SDOs & schools?

If yes, what are the major findings?

If no, cite the reasons for not monitoring.

10. What are the strengths and weaknesses of the program?

11. What are the opportunities and threats?

12. What are the best practices of the division in SBFP implementation?

13. What are the issues and concerns you have encountered? How did the SDO resolve it?

15. Do you think you will have a successful implementation of SBFP this year? Why?

16. What are your suggestions for program improvement?

17. Have you created Municipal /City level local alliance?

➤ No. of preparatory meeting conducted _____

➤ Actual meeting conducted with partners _____

18. Who are the active partners / stakeholders in the division?

19. How much funds were released from SDO to Schools?

➤ Total Amount released to Schools _____

➤ Number of tranches _____

➤ Percentage of Utilization ____ Obligation Rate ____ Disbursement Rate ____

20. Was there orientation conducted to schools? Who are the participants? Who funded the activity?

➤ With orientation _____



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- No orientation _____
21. How many active partners / stakeholders in schools?
- NGO _____
 - GO _____
 - LGU _____
 - Foundation _____
 - Others (please specify) _____
22. Do you have a complete program management data?
- Date started _____
 - No. of feeding days as of visit _____
 - Expected no. of days of completion _____
 - Procurement method followed _____
 - Nutrition Education in schools _____
 - Weighing scale used in schools _____
 - Parent involvement _____
23. Any complementary activities conducted?
- No. of beneficiaries dewormed _____
 - With functional School garden _____
 - Personal hygiene & good grooming _____
 - Waste congregation and composting _____
 - Adherence to food safety _____

No. Of Beneficiaries						Budget Allocation
SW	W	Total	SS	S	Total	

How many SWs were not covered by the program? _____
 How many Ws were not covered? _____

Nutritional Status SY _____

Total Enrolment:				
	Number	%	Number	%
SW			SS	
W			S	



N			N		
OW			T		
O					
TOTAL:					

II. DOCUMENTARY ANALYSIS – Division Level

DOCUMENT	AVAILABILITY (√ if Available, X if not available)	REMARKS
1. Division Action Plan		
2. Division Work & Financial Plan		
3. School Work & Financial Plan		(specify if all recipient schools have submitted)
4. Cycle Menu from schools		(specify if all recipient schools have submitted)
5. Project Procurement Management Plan		(specify if all recipient schools have submitted)
6. Transfer of funds from RO to SDO		(specify the date)
7. Regional Allocation per School		
8. Transfer of funds from SDO to schools		(specify the date)
9. Liquidation Reports from Schools		
10. List of beneficiaries		
11. Submission of SBFP Form 1		
12. Submission of SBFP Form 2		
13. Submission of SBFP Form 3		
14. Submission of SBFP Form 5		
15. Submission of SBFP Form 6		



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16. Submission of SBFP Form 7		
17. Submission of SBFP Terminal Report for previous year		

Identify the schools that have poor compliance in the submission of required reports (if any).

Monitoring Tool for WASH in Schools Using 3-STAR Indicators as per Deped Order No. 10, s. 2016

WASH Elements	WINS 3-STAR Indicators			Remarks
	1-STAR	2-STAR	3-STAR	
1. Water				
1.1 Safe Drinking Water				
1.2 Water Testing				
1.3 Water for Cleaning				
2. Sanitation				
2.1 Gender Segregated Toilet Ratio				
2.2 Security of Toilets				
2.3 Wash Facility for Toilets				
2.4 Wash Facility for MHM				
2.5 Safety of Detached Toilets				
2.6 Toilets for Disabled				
2.7 Daily Cleaning of Toilets				
2.8 Funding for Repairs				
2.9 No Burning of Waste				
2.10 Segregated Trash Bins				
2.11 Waste Segregation				
2.12 Garbage Collection				
2.13 Septic Tank				
2.14 Drainage				
2.15 System for Flood				
2.16 Food Handlers				
3. Hygiene				
3.1 Group Handwashing Activity				
3.2 Available Soap				
3.3 Group Handwashing Facility				
3.4 Individual Handwashing Facility				



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3.5 Individual Handwashing Practice				
3.6 Group Toothbrushing Activity				
3.7 Available Toothbrush & Toothpaste				
3.8 WinS in SIP/AIP				
3.9 Funding of Supplies				
3.10 Sanitary Pads				
3.11 Disposal of Sanitary Pads				
3.12 IEC Materials for MHM				
3.13 Rest Space for MHM				
4. Deworming				
4.1 Semi-annual Deworming				
4.2 Pupils Dewormed				
5. Health Education				
5.1 IEC Materials				
5.2 Organized Teams				
5.3 INSET				
5.4 Learning Materials				
5.5 Advocacy for Parents				
5.6 Extra-Curricular Activities				

Evaluated by:

Chairperson

Member

Member



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