



Republic of the Philippines  
Department of Education  
REGION VIII - EASTERN VISAYAS

September 25, 2023

**REGIONAL MEMORANDUM**

No. **1023** s. 2023

**ORIENTATION ON THE OKY PHILIPPINES PERIOD TRACKER**

To: Schools Division Superintendents  
Division ARH Coordinators  
Division WinS Coordinators  
Division CSE Coordinators  
Division MAPEH Supervisors  
All Others Concerned

- Attached is a communication letter from Paul Del Rosario, OIC-Chief of WASH Section of UNICEF Philippines, and Jacqui Lyn P. Calaranan, Country Programme Manager – Health and Nutrition of Plan International on the conduct of the OKY Philippines Period Tracker Orientation on September 27, 2023, at The Oriental Hotel 7 Resorts, Palo, Leyte.
- The participants of this orientation are the Division Adolescent Reproductive Health (ARH) Coordinator, Division WaSH in School (WinS) Coordinator, Division Comprehensive Sexual Education (CSE) Coordinator, and MAPEH Supervisors of the thirteen Schools Division Offices (list of specific names is hereto attached).
- Transportation (actual fare), incidental expenses, meals, and accommodation of the participants in attendance to this activity shall be charged to the UNICEF (inviting partner), subject to the submission of receipts whenever necessary. No reimbursement for gasoline of private vehicles shall be provided.
- Immediate dissemination of and strict compliance with this Memorandum are desired.

  
**EVELYN R. FETALVERO, CESO IV**  
Regional Director *plon*

Enclosures: As stated  
References: None

To be indicated in the Perpetual Index under the following subjects:

OKY PHILIPPINES      ORIENTATION      PROGRAM  
ESSD-SHS-ALSL



## List of Participants

SDO	Focal
Baybay City	- Aiza R. Montalban, ARH Focal - Jireh Jan A. Gulayan, WinS Focal - Jo-ann C. Rapada, MAPEH Supervisor
Biliran	- Lalaine Abanilla, ARH Focal - Myra Ocampo, WinS Focal - Lutheshane Gutierrez, CSE Focal - Benjamin Medallo, MAPEH Supervisor
Borongan City	- Lorna Palines. ARH Focal - Vanessa Labro, WinS Focal - Gil Jacinto Ampong, MAPEH Focal
Calbayog City	- Sophia C. Monteron, ARH Focal - Nikki Ivy S. Dollado, WinS Focal - Nelson R. Bello, CSE Focal - Mercedita S. Garcia, MAPEH Focal
Catbalogan City	- Cheseth T. Cabalquinto, ARH Coordinator - Marilyn C. Arandia, SBM-WinS Coordinator - Edgar U. Dolorzo, CSE Coordinator - Arlene H. De la Torre, MAPEH Supervisor
Eastern Samar	- Maynard E. Madeja, ARH Focal - Emilia V. Tagab, WinS Focal - Abelardo Campani, MAPEH Focal
Leyte	- Maria Isah E. Arceno, ARH Focal - Daniel Keith Malquisto, WinS Focal
Maasin City	- Jeb Morana, ARH Alternate Focal - Caris Marie Fabel Arradaza, SBM-WinS Focal - Fernando F. Salapi, MAPEH Supervisor
	- Joey L. Sulana, CSE Coordinator
Northern Samar	- Precy M. Ereno, ARH Coordinator - Cheryl Ann D. Catucod, SBM-WinS Focal - Anecita B. Marzol, CSE Coordinator - Omar O. Ty, MAPEH Supervisor
Ormoc City	- Ma. Ashdel D. Artes, ARH Focal - Dece A. Yabo, III, WinS Focal - Noel C. Labaniego, MAPEH Coordinator

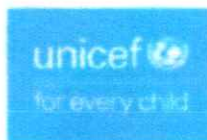


Samar (Western)	<ul style="list-style-type: none"> <li>- Perla S. Tebrero or Vedasto N.Milka, ARH Coordinator</li> <li>- Princess R. Aparis, SBM-WINS Focal</li> <li>- Arlene G. Jabonete, ACSE Coordinator</li> <li>- Nancy M. Abarracoso, MAPEH Supervisor</li> </ul>
Southern Leyte	<ul style="list-style-type: none"> <li>- Melanie Orbeta, ARH Focal</li> <li>- Zende Gay Suson, MHM Focal</li> <li>- Ruth Poblete, CSE Coordinator</li> </ul>
Tacloban City	<ul style="list-style-type: none"> <li>- Rizza P Deliva, ARH Focal</li> <li>- Lyra Ruth E Macatimpag, WinS Focal</li> <li>- Charlemagne T. Escobarte, CSE Coordinator</li> <li>- Jessica M Abril, MAPEH Coordinator</li> </ul>



OFFICE OF THE DIRECTOR IV		Signature
Date and Time Received	18 SEP 2023 10:53	Signature
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September 18, 2023

**EVELYN R. FETALVERO, CESO IV**

Regional Director

Department of Education Regional Office VIII

Gov't. Center, Candahug, Palo, Leyte

Dear Director Fetalvero,

We are writing to express our heartfelt gratitude for endorsing the Oky Period Tracker App promotion in the Visayas region. Your trust and support are invaluable to us.

In light of this endorsement, we kindly request the Regional VIII Office's assistance in issuing official communication regarding a regional Oky App orientation on September 27. This event, organized collaboratively by UNICEF and Plan International, aims to bring together representatives from all 13 Schools Division Offices (SDOs), to collectively address the well-being of adolescents in the region, with a particular focus on Adolescent Sexual and Reproductive Health (ASRH).

To facilitate this, we respectfully seek your approval and endorsement for the following activity:

**I. Conduct the Oky Philippines Period Tracker Orientation for the ARH, WinS, CSE Coordinators, and MAPEH Supervisors on September 27th in Tacloban City (venue to be determined).**

We look forward to your positive response. Ms. Rachel de Guia, Community Development Facilitator of Plan International, will coordinate with the involved focal persons to confirm logistical details. Alternatively, you can reach out to her at ([Rachel.DeGuia@plan-international.org](mailto:Rachel.DeGuia@plan-international.org); 09266902175).

Once again, thank you for your unwavering dedication and support.

Sincerely,

**Paul Del Rosario**  
OIC-Chief of WASH Section  
UNICEF Philippines

**Jacqui Lyn P. Calaranan**  
Country Programme Manager - Health & Nutrition  
Plan International

9/18/23  
9/19/23