



Republic of the Philippines  
**Department of Education**  
REGION VIII - EASTERN VISAYAS

745

December 11, 2023

**OFFICE MEMORANDUM**

ESSD-2023- **745**

**SAFETY MEASURES ON THE RESPIRATORY CASES OUTBREAK**

To: Director III  
Functional Division Chiefs  
All Others Concerned

1. Relative to the recent Department of Health (DOH) Advisory on the increasing number of cases of influenza-like illnesses such as Mycoplasma Pneumonia, Influenza, Respiratory Syncytial Virus (RSV), Adenovirus, and COVID-19, all employees of this Office are advised to take the following precautionary measures to prevent the spread of these infectious diseases.
  - a. use of face mask;
  - b. wash hands with soap and water;
  - c. adapt healthy lifestyle;
  - d. observe social distancing; and
  - e. avail Flu, Pneumonia, and COVID-19 immunization, if available.
2. Employees are advised to stay home and seek medical attention if they experience any of the following symptoms:
  - a. low to moderate grade fever,
  - b. body malaise or weakness,
  - c. cough and colds, and/or
  - d. difficulty of breathing.
3. For further information, please reach Dr. Angelica C. Rodriguez at 09176231009.
4. For your information and compliance.

  
**EVELYN R. FETALVERO, CESO IV**  
Regional Director

ESSD-SHS-ALSL

