

### Republic of the Philippines

# Department of Education

**REGION VIII - EASTERN VISAYAS** 

June 14, 2024

#### REGIONAL MEMORANDUM

ESSD - 2024 - 67

#### WORKSHOP ON THE DEVELOPMENT OF MENTAL HEALTH CRISIS RESPONSE AND REFERRAL SYSTEM

To: Schools Division Superintendents

} Ormoc City Division} Tacloban City Division} Catbalogan City Division

- 1. With reference to Memorandum OM-OUOPS-2024-09-04811, this Office, through the Education Support Services Division School Health and Nutrition Unit (ESSD-SHNU), announces the participants for the WORKSHOP ON THE DEVELOPMENT OF MENTAL HEALTH CRISIS RESPONSE AND REFERRAL SYSTEM on June 24-28, 2024 within Manila (to be announced later) are as follows:
  - a. Mae Esther Arones Division SMHP Coordinator, Ormoc City Division
  - b. Cheseth Cabalquinto NII, Catbalogan City Division
  - c. Gye Lynne T. Godio LRPO focal, Catbalogan City
  - d. Marihden Bartolome Guidance Counselor III, Tacloban City Division
  - e. Kristine Cyrele Mae Sison Guidance Advocate, Tacloban City Division
  - f. Karen Raz School Principal III, Tacloban City Division
- 2. Travel Expenses shall be lodged under the SMHP Program Support Funds (PSF) of the DepEd Schools Division Office, subject to the usual accounting and auditing rules and regulations.
- 3. For further queries and concerns, contact the ESSD-SHNU through Dr. Angelica C. Rodriguez at **schoolhealth.region8@deped.gov.ph**.
- 4. For immediate dissemination and compliance of this Memorandum are desired.

EVELYN R. FETALVERO CESO IV

Regional Director

Enclosures:

References: as stated

To be indicated in the Perpetual Index under the following SUPPER EMENT OF EDUCATION

COUNSELING GUIDANCE POLICY

SCHOOL HEALTH WORKSHOPS

ESSD-SHNU-ALSL





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Page 1 of 1



#### Republika ng Pilipinas

# Department of Education

#### OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

#### MEMORANDUM OM-OUOPS-2024-09- 0451

TO

ALL REGIONAL DIRECTORS

FROM

ATTY. REVSEE A. ESCOBEDO

Undersecretary for Operations

SUBJECT

WORKSHOP ON THE DEVELOPMENT OF MENTAL HEALTH

CRISIS RESPONSE AND REFERRAL SYSTEM

DATE

June 10, 2024

The Department of Education (DepEd), in fulfillment of its mandate under Republic Act 11036 or the Mental Health Act, is implementing the **School Mental Health Program** (SMHP) to strengthen the mental health and well-being of learners. The SMHP, coordinated by the Bureau of Learner Support Services - School Health Division (BLSS-SHD), involves the establishment of the Mental Health Crisis Response and Management (MHCRM). The MHCRM ensures to effectively respond to learners experiencing mental health crises through appropriate mental health and psychosocial support interventions.

With this, the BLSS-SHD will conduct an in-person Workshop on the Development of Mental Health Crisis Response and Referral System on June 24-28, 2024 in a venue within Manila (to be announced later). The workshop has the following objectives:

 a. Draft the MHCRM protocols, roles and responsibilities of DepEd personnel and stakeholders responding to learners in the event of a mental health crisis;

 b. Create a guideline on ethical response, reporting, and monitoring cases of mental health crises; and

 c. Draft the referral system and mechanisms that can be used during mental health crises;

Attached are the List of Participants (Annex A) and Indicative Program of Activities (Annex B) for reference.

In this regard, BLSS-SHD invites six (6) participants per region to the said workshop: one (1) SDO SMHP Coordinator; one (1) SDO DRRM Focal; one (1) SDO LRPO Focal; one (1) School Head; and two (2) Registered Guidance Counselor. For confirmation of attendance, participants are requested to individually register through this link: https://bit.ly/depedmhcrrswsreg on or before June 14, 2024, Friday.

For questions and further clarifications, please contact **Belle Beatrice D. Hombrebueno**, Technical Assistant II, BLSS-SHD, through email at <a href="mailto:blss.shd@deped.gov.ph">blss.shd@deped.gov.ph</a> (cc: <a href="mailto:kumustaka@deped.gov.ph">kumustaka@deped.gov.ph</a>), landline number (02) 8632-9935, or Viber +639153857653.

[SHD/BBDH]







Email Address: oure@deped.gov.ph | Website: www.deped.gov.ph





### Annex A:

#### LIST OF PARTICIPANTS

## I. Program Management Team

OFFICE	NAME	POSITION	
BLSS-SHD	Dr. Lilibeth M. Gonzales	Supervising Health Program Officer	
BLSS-SHD	Belle Beatrice D. Hombrebueno	Technical Assistant II	
BLSS-SHD	Jordan P. Concepcion	Technical Assistant II	
BLSS-SHD	Julia Andrea A. Aguila	Technical Assistant I	
BLSS-SHD	Ellafher Ramos	Technical Assistant I	

## II. Target Participants

	1- DRRMS	
DepEd Central Office	1- LRPO	
	1- BCD	
	1- SDO School Mental Health Coordinator	
DepEd Regional Office	2- Registered Guidance Counselor	
(16 regions)	1- School Head	
	1- SDO DRRM Focal	
	1- SDO LRPO Focal	
External	15	
Participants		
External Resource Person	2	

#### Annex B:

#### INDICATIVE PROGRAM OF ACTIVITIES

TIME	ACTIVITY	PERSON/OFFICE RESPONSIBLE	
DAY 1 (MONDAY)			
-	Arrival of Participants	]-	
1:00 PM - 2:00 PM	Registration of Participants	Program Management Team (PMT)	
2:00 PM - 2:45 PM	Opening Program  Preliminaries  Welcome Remarks  Inspirational Message  Introduction of the participants  Introduction of School Mental Health	PMT	
0.45 PM - 0.15 PM	Program  Introduction of Mental Health Crisis Response and Management (MHCRM)		
2:45 PM - 3:15 PM	Health Break	-	
3:15 PM - 4:00 PM	Program Overview	PMT	
4:30 PM - 5:00 PM	End-of-day Evaluation and Clearing House / Other Reminders	PMT	
DAY 2 (TUESDAY)			
8:00 AM - 8:30 AM	Management of Learning     Leveling of     Expectations     Program Objectives     Program Matrix     Session Norms	РМТ	
8:30 AM - 10:00 AM SESSION 1 Mental Health Crisis 1		Resource Person	
10:00 AM - 10:30 AM	Health Break	-	
10:30 AM - 12:00 PM	Mental Health Crisis 2	Resource Person	
12:00 PM - 1:00 PM	Lunch Break	-	
1:00 PM - 2:30 PM	SESSION 2 Screening and Interventions	Resource Person	
2:30 PM - 3:00 PM	Health Break	-	
3:00 PM - 4:30 PM	SESSION 3 Presentation of MHCRM Best Practices	PMT	

4:30 PM - 5:00 PM	End-of-day Evaluation and	PMT
	Clearing House / Other	1 1411
	Reminders	
DAY 3 (WEDNESDAY)		
8:00 AM - 8:30 AM	Management of Learning	PMT
	Leveling of	
	Expectations	
	Program Objectives	
	Program Matrix	
8:30 AM – 10:00 AM	• Session Norms Writeshop 1 MHCRM Protocol	PMT
10:00 AM - 10:30 AM	Health Break	PIVII
10:30 AM - 12:00 PM	Writeshop 2 MHCRM Protocol	PMT
12:00 PM – 1:00 PM	Lunch Break	-
1:00 PM – 2:30 PM	Writeshop 3 MHCRM Protocol	РМТ
2:30 PM - 3:00 PM	Health Break	-
3:00 PM - 4:30 PM	Writeshop 4 MHCRM Protocol	PMT
4:30 PM - 5:00 PM	End-of-day Evaluation and	PMT
	Clearing House / Other	
	Reminders	
DAY 4 (THURSDAY)		
8:00 AM - 8:30 AM	Management of Learning	PMT
	• Leveling of	
	Expectations  Program Objectives	
	<ul><li>Program Objectives</li><li>Program Matrix</li></ul>	
	Session Norms	
8:30 AM - 10:00 AM	SESSION 4	Resource Person
	Case Management	
10:00 AM - 10:30 AM	Health Break	-
10:30 AM - 12:00 AM	SESSION 4	Resource Person
	Effective Referral	
12:00 PM - 1:00 PM	Lunch Break	-
1:00 PM - 2:30 PM	Writeshop 5	PMT
	Creation of Referral Network	
2:30 PM - 3:00 PM	Health Break	-
3:00 PM - 4:30 PM	Writeshop 6	PMT
	Creation of Referral Network	
4:30 PM - 5:00 PM	End-of-day Evaluation and	PMT
	Clearing House / Other Reminders	
DAY 5 (FRIDAY)	reminders	
	Management of Learning	PMT
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	Session Norms	
8:00 AM 8:30 AM	Management of Learning  Leveling of Expectations  Program Objectives Program Matrix Session Norms	PMT

8:30 AM - 10:00 AM	Writeshop 7	PMT	
[	Action planning		
10:00 AM - 10:30 AM	Health Break	-	
10:30 AM - 12:00 AM	Writeshop 8 Presentation of the draft of the MHCRM and Referral System	PMT	
12:00 PM - 1:00 PM	Lunch Break	-	
1:00 PM - 2:00 PM	Closing Program	PMT	



## Republic of the Philippines

# Department of Education

#9-04811

### ROUTING SLIP

This document has been encoded in the DepEd - Document Management System and routed to the appropriate office/s with the following information:

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