



Republic of the Philippines
Department of Education
REGION VIII - EASTERN VISAYAS

June 17, 2025

OFFICE MEMORANDUM

HRDD-2025- **288**

**CONDUCT OF WELLNESS FOR ALL AGES AND ABILITIES:
BUILDING A CARING WORKPLACE**

To: Director III
Division Office Chiefs
Section and Unit Heads
All Others Concerned

1. In consonance with the upcoming **National Disability Prevention and Rehabilitation Week** this July, DepEd Regional Office VIII will host an activity entitled **"Wellness for All Ages and Abilities: Building a Caring Workplace"** on July 25, 2025, from 8:00 AM to 5:00 PM at DepEd RO VIII Complex.
2. This event aims to raise awareness of the rights and needs of persons with disabilities and senior citizens, promote inclusive health and wellness practices for employees of all abilities, and strengthen our culture of care, respect, and support in the workplace.
3. The activity shall include wellness and interactive sessions and a sharing of best practices to promote empathy, understanding, and proactive support for differently abled individuals and senior citizens in the workplace.
4. All Regional Office personnel are encouraged to support and participate in the activity as part of our commitment to an inclusive and caring workplace for persons with disabilities and senior citizens.
5. For additional details, kindly refer to the attached Activity Matrix which outlines the schedule, duration, assigned personnel, and flow of activities.
6. Immediate dissemination of and compliance with this Memorandum are desired.


EVELYN R. FETALVERO, CESO III

Regional Director

DEPARTMENT OF EDUCATION
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HRDD-TJCP



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ACTIVITY MATRIX**WELLNESS FOR ALL AGES AND ABILITIES:
BUILDING A CARING WORKPLACE**

Time	Duration	Activity	In-Charge
8:00 – 8:30 AM	30 mins	Registration and Health Screening	Medical Unit
8:30 – 9:00 AM	30 mins	Opening Program (Prayer, National Anthem, Welcome Message)	HRDD Secretariat
9:00 – 9:30 AM	30 mins	Inspirational Message from the Regional Director	Office of the Regional Director
9:30 – 10:15 AM	45 mins	Orientation on Disability-Inclusive Workplace Practices	Guest Resource Speaker
10:15 – 10:30 AM	15 mins	Snack Break	
10:30 – 12:00 NN	1 hour & 30 mins	Sharing of Personal Testimonies (PWD and Senior Citizen Champions)	Facilitated by the SC/PWD Regional Focal
12:00 – 1:00 PM	1 hour	Lunch Break	All participants
1:00 – 2:00 PM	1 hour	Workshop: Building a Caring Workplace	Guest Resource Speaker
2:00 – 3:30 PM	1 hour	Gallery Walk/Exhibit of Assistive Devices and Wellness Tools	All Participants facilitated by the Resource Person
3:30 – 4:30 PM	1 hour	Closing program and Distribution of Certificates	Resource Person and HRDD Secretariat