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Republic of the Philippines
Department of Education
REGION VIII - EASTERN VISAYAS

September 9, 2025

REGIONAL MEMORANDUM
CLMD-2025 **1126**

**REQUEST OF PARTICIPANTS IN THE WORKSHOP ON CURRICULUM
MAPPING AND DEVELOPMENT OF LESSON EXEMPLARS ON
REPRODUCTIVE HEALTH EDUCATION (RHE) TO
GRADE 7**

To: Schools Division Superintendents

- } Leyte Division
- } Ormoc City Division
- } Samar Division
- } Southern Leyte Division
- } Tacloban City Division

OIC Chief-CLMD
All Others Concerned

1. In reference with the communication from University of the Philippines Manila, dated August 20, 2025 re: Workshop on Curriculum Mapping and Development of Lesson Exemplars on Reproductive Health Education to Grade 7, this Office, through the Curriculum and Learning Management Division (CLMD) requests the concerned Schools Division Offices to identify participants to the said workshop.

2. The activity aims to:

- a. generate wide range of creative ideas without judgement and explore possibilities and solutions towards achievement of curriculum mapping of DepEd Basic Education of RHE integration of learning exemplars;
- b. plan cohesive instructional sequence and align competencies of RHE to the Basic Education Curriculum;
- c. establish clear roles and responsibilities to avoid duplication and promote synergy;
- d. develop lesson exemplars for Grade 7 learners on RHE integration that fosters age-specific and culturally sensitive competencies in der to ensure alignment between learning objectives, content, and assessment parameters.

3. This activity is an initiative of the World Vision International (WVI)-Eastern Visayas and funded by the Korea International Cooperation Agency (KOICA) as one of the projects relevant to Maternal Newborn and Child Health Project in Eastern Visayas, commissioned by the UPM School of Health Sciences.

4. The schedule, venue, and breakdown of participants are shown below.

Activity Title: PARTICIPANTS IN THE WORKSHOP ON CURRICULUM MAPPING AND DEVELOPMENT OF LESSON EXEMPLARS ON REPRODUCTIVE HEALTH EDUCATION (RHE) TO GRADE 7		
Date/Venue	Division	Number of Participants
September 15-17, 2025 Summit Hotel Marasbaras, Tacloban City *Check-in: Go Hotels	DepEd Region	2-CLMD EPSs/RHE Focal persons 2-Learning Resources
	Leyte	1-RHE Division Focal Person 2-Teachers (Grade 7 and 8) 1-Parent (PTCA Officer) 1-Student Leader
	Samar Division	1-RHE Division Focal Person 2-Teachers (Grade 7 and 8) 1-Parent (PTCA Officer) 1-Student Leader
	Ormoc City	1-RHE Division Focal Person 2-Teachers (Grade 7 and 8) 1-Parent (PTCA Officer) 1-Student Leader
	Southern Leyte	1-RHE Division Focal Person 2-Teachers (Grade 7 and 8) 1-Parent (PTCA Officer) 1-Student Leader
	Tacloban City	1-RHE Division Focal Person 2-Teachers (Grade 7 and 8) 1-Parent (PTCA Officer) 1-Student Leader

5. The Background and Rationale of the evaluation study including the Activity Matrix are hereto attached.

6. Travel expenses of the participants shall be charged against local funds/MOOE subject to the usual accounting and auditing rules and regulations, while food and accommodation shall be provided by the UPM School of Health Sciences, Palo, Leyte.

7. Immediate dissemination of and compliance with this Memorandum are desired.



RONEL AL K. FIRMO CESO IV
Assistant Regional Director
Officer-in-Charge
Office of the Regional Director

Enclosures: None
References: Communication Letter from UPM
To be indicated in the Perpetual Index under the following subjects:

REPRODUCTIVE HEALTH EDUCATION

WORKSHOP

CURRICULUM

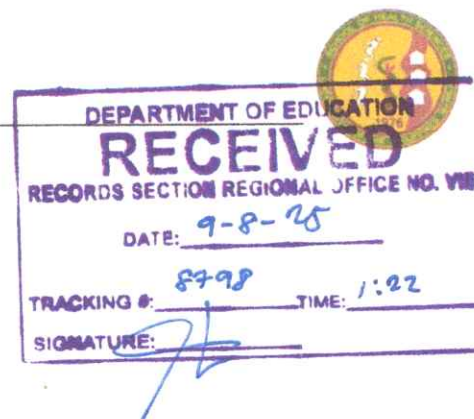
CLMD-MSB-NPJ



School of Health Sciences
UNIVERSITY OF THE PHILIPPINES MANILA
The Health Sciences Center

Palo, Leyte

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August 29, 2025

RONELO AL K. FIRMO, PhD, CESO IV
OIC – Regional Director
Department of Education Region VIII
Palo, Leyte

Dear Regional Director Firmo:

Warm greetings from the University of the Philippines!

The UPM School of Health Sciences, Palo, Leyte, is commissioned to conduct an evaluation study entitled **“Learning the Way Forward: Monitoring and Evaluation of the Reproductive Health Education (RHE) Program.”** The investigators of this study are **Asst. Professor Charlie C. Falguera, Dr. Filedito D. Tandinco, Dr. Adelaida G. Rosaldo, Dr. Carmen N. Firmo, and Ace Vincent P. Gertos.** This study is an initiative of the World Vision International (WVI) – Eastern Visayas and funded by the Korea International Cooperation Agency (KOICA) as one of the projects relevant to Maternal Newborn and Child Health Project in Eastern Visayas. This study aims to monitor and evaluate the current RHE implementation activities and endeavors in DepEd Eastern Visayas and draw learning insights towards scaling its strategies and towards sustained implementation of the program.

In addition to the above study, the team is also commissioned to conduct workshop piloting the updated RHE integration to the DepEd curriculum. This will include curriculum mapping, stakeholders' consultation, and development of lesson exemplars for Grade VIII students. The target participants of the curriculum mapping are the regional CSE/RHE coordinators, and the head of the regional curriculum and learning management division, and learning resource management section. While the stakeholders' analysis and the development of the lesson exemplar will include the CSE SDO coordinators in five (5) SDOs, 1 teacher and 1 student leader per SDO.

As such, may we humbly request your approval for this workshop and the participation of the above mentioned participants. I'm attaching the training design for your reference.

We are looking forward to hearing your positive response to this request. Should you have questions or need clarification, please contact the principal investigator's number: 09663560083 or email address: ccfalguera@up.edu.ph.

Thank you, and more power!

Very truly yours,


CHARLIE C. FALGUERA, RN, RM, MAN
Principal Investigator

**WORKSHOP ON CURRICULUM MAPPING AND DEVELOPMENT OF LESSON EXEMPLARS
ON REPRODUCTIVE HEALTH EDUCATION TO GRADE VII**

Proponent Unit: UPM-SHS	Year: 2025
Person-in-charge: Charlie C. Falguera	
Title of Project: Workshop on Curriculum Mapping and Development of Lesson Exemplar on Reproductive Health Education to Grade VII Pupils	
Total Amount of Project:	
Period of Implementation: September 15-17, 2025	
Prospective Clients/Beneficiaries: DepEd Students, Teachers, and CSE Coordinators,	
No. of Participants: At least 30 participants.	

Background and Rationale

Reproductive Health Education (RHE) is the provision of age- and development-appropriate information and concepts about reproductive health by competent, trained teachers in various forms of educational systems to adolescents. Different concepts on RHE are integrated into relevant subjects such as values formation, self-protection against discrimination, abuse of sex, teenage pregnancy, violence against women and children including other forms of gender-based violence, physiological and psycho-social changes in adolescence, rights of women and children, responsible teenage behavior, responsible parenthood, and gender and development (Republic Act 10354).

RHE has been implemented in many countries across the globe with similar intentions (Kirby, 2007). However, several oppositions exist in its implementation because of various socio-cultural norms. Sexuality has been perceived as a taboo concept (Bella, 2014). Some implement RHE as knowledge-based only, as sexuality is a sensitive matter (Smith et al., 2003). Others perceived that RHE only promotes homosexual relationships (Francis, 2010). On one note, reproductive health can be advocated with due respect to specific cultural and religious beliefs (Ali, 2018; Ninsiima et al., 2020).

The RH law mandated the Department of Education (DepEd) to design a curriculum that integrates and implements comprehensive sexuality education (CSE) concepts and competencies. CSE is a comprehensive and holistic approach to RHE, emphasizing that RH is not only confined to its physical aspect but also covers other aspects of human beings, such as cognitive, emotional, and social (UNESCO, 2018). In 2018, the DepEd released a policy guideline on implementing this CSE in the basic education curriculum (DepEd, 2018). This CSE policy focuses on adolescent learners towards promoting their overall well-being, improving the quality of learning, learning outcomes, and completion rate, ensuring accessibility to proper and adequate sexuality and reproductive health education, addressing any reproductive health issues and concerns while promoting healthy and responsible sexual and social behavior imbued with desirable health values.

The UP Manila School of Health Sciences was commissioned to conduct an evaluation study about the implementation of the CSE in DepEd Eastern Visayas Region. Preliminary results showed that CSE Framework and CSE K to 12 Curriculum Guide were designed to strengthen the process on its implementation. However, currently there is no available standard, dedicated or specific learning resources solely for the CSE/RHE. Lesson Exemplars for Grade VII students as specific learning resource will be developed as a preliminary step towards a better implementation of this competency in the DepEd. Lesson exemplar development should start with the relevant mapping on how this competency be placed in the basic education curriculum. This will also reflect the alignment of its competency to the existing curriculum of the DepEd.

Objectives

This three-day workshop aims to achieve the following objectives:



1. To generate a wide range of creative ideas without judgment and explore possibilities and solutions towards achievement of curriculum mapping of DepEd Basic Education of RHE/CSE integration and development of learning exemplars.
2. To plan a cohesive instructional sequence and align competencies of RHE to the Basic Education Curriculum.
3. To develop lesson exemplars for the Grade VII students on RHE/CSE integration that fosters age-specific and culturally sensitive competencies in order to ensure alignment between learning objectives, content, and assessment parameters.
4. To document the workshop activities and outputs.

Participants and Facilitators:

1. Researchers/Personnel-in-charge (5)
2. DepEd Region CSE Coordinators (2)
3. DepEd Region Learning Resource Head (2)
4. DepEd Schools Division CSE Coordinators, Teachers, Parents, and Student Leaders:
 - a. DepEd Leyte Schools Division = 1 Coordinator, 2 Teachers (Grade VII and VIII), 1 Parents (PTCA Officers), 1 Student Leader
 - b. DepEd Tacloban City Schools Division = 1 Coordinator, 2 Teachers (Grade VII and VIII), 1 Parents (PTCA Officers), 1 Student Leader
 - c. DepEd Ormoc City Schools Division = 1 Coordinator, 2 Teachers (Grade VII and VIII), 1 Parents (PTCA Officers), 1 Student Leader
 - d. DepEd Southern Leyte Schools Division = 1 Coordinator, 2 Teachers (Grade VII and VIII), 1 Parents (PTCA Officers), 1 Student Leader
 - e. DepEd Samar Schools Division = 1 Coordinator, 2 Teachers (Grade VII and VIII), 1 Parents (PTCA Officers), 1 Student Leader
5. Priests (2)
6. WVI Staff (2)

Total Participants and Facilitators = 38

Program of Activities

Date and Time	Activity	Point Person
Day 1 (September 15, 2025) 8:30-9:00	Opening and Orientation	Researchers/Personnel-in-charge
9:00am-12:00pm	Brainstorming and Planning	Researchers/Personnel-in-charge, Regional CSE Coordinators, Learning Resource Head
12:00-1:00pm	Lunch Break	
1:00-5:00pm	Curriculum Mapping	Researchers/Personnel-in-charge, Regional CSE Coordinators, Learning Resource Head
Day 2 (September 16, 2025)	Registration	

8:30-9:00am		
9:00am to 12pm	Stakeholders' Consultation	Researchers/Personnel-in-charge, CSE Coordinators, Learning Resource Head, Teachers
12pm to 1pm	Lunch Break	
1-5pm	Development of Lesson Exemplars for Grad VII	Researchers/Personnel-in-charge, CSE Coordinators, Learning Resource Head, Teachers
Day 3 (September 17, 2025) 8:30-9:00am	Registration and Recap	
9:00am to 12pm	Presentation and Discussion of Lesson Exemplars	Researchers/Personnel-in-charge, CSE Coordinators, Learning Resource Head, Teachers
12pm to 1pm	Lunch Break	
1-5pm	Way Forward	

References:

- Ali, S. A. A. (2018). The reproductive health of the Philippines: Perceptions in the South. *Jurnal Studi Pemerintahan*, 113-137
- Bella, V. (2014). *Incorporating sexuality education in the public school system: perceptions from the Philippines*.
- Department of Education (DepEd) (2018). *DepEd Order 31 series of 2018: Policy Guidelines on the Implementation of the Comprehensive Sexuality Education*. Retrieved on October 15, 2024 from: <https://tciurbanhealth.org/wp-content/uploads/2024/04/8-DepED-Or-2018-031-Policy-Guidelines-on-CSE-Implementation.pdf>
- Francis, A. (2013). Sexuality Education in South Africa. *Sexuality, Society & Pedagogy*, 1-14.
- Kirby, D. B., Laris, B. A., & Rollieri, L. A. (2007). Sex and HIV education programs: their impact on sexual behaviors of young people throughout the world. *Journal of adolescent Health*, 40(3), 206-217.
- Ninsiima, A. B., Coene, G., Michielsen, K., Najjuka, S., Kemigisha, E., Ruzaaza, G. N., ... & Leye, E. (2020). Institutional and contextual obstacles to sexuality education policy implementation in Uganda. *Sex education*, 20(1), 17-32.
- Smith, G., Kippax, S., Aggleton, P., & Tyrer, P. (2003). HIV/AIDS school-based education in selected Asia-Pacific countries. *Sex Education: Sexuality, Society and Learning*, 3(1), 3-21.
- United Nations Educational, Scientific and Cultural Organization (UNESCO) (2018). *International technical guidance on sexuality education: an evidence-informed approach*. Retrieved on October 15, 2024 from: <https://unesdoc.unesco.org/ark:/48223/pf0000260770>