

1265



Republic of the Philippines  
**Department of Education**  
 REGION VIII - EASTERN VISAYAS

October 2, 2025

**REGIONAL MEMORANDUM**  
 ESSD-2025- **1265**

**TRAINING OF FACILITATORS ON COMMUNITY-BASED  
 MENTAL HEALTH PROGRAM**

To: Schools Division Superintendents } Baybay City  
 } Biliran  
 } Borongan City  
 } Calbayog City  
 } Catbalogan City  
 } Eastern Samar  
 } Leyte  
 } Maasin City  
 } Northern Samar  
 } Ormoc City  
 } Samar  
 } Southern Leyte  
 Public Elementary and Secondary School Heads  
 All Others Concerned

1. With reference to Memorandum DM-OUOPS-2025-08-05237, this Office, through the Education Support Services Division – School Health and Nutrition Unit (ESSD-SHNU), announces the participants for the **Training of Facilitators on Community-Based Mental Health Program** on **October 15-17, 2025**, at **General Santos City**:

- a. Dr. Angelica C. Rodriguez – DepEd Region VIII
- b. Kristel Jane Marie Cotejar - DepEd Region VIII
- c. Carlu Dacera – Baybay City Division
- d. Mae Mejia – Biliran Division
- e. Harold Labro – Borongan City Division
- f. Ma. Bella Ortiz - Calbayog City Division
- g. Patricia Kay Bugaoisan - Catbalogan City Division
- h. Norris Mare L. Evardone - Eastern Samar Division
- i. Claudine Aujero – Leyte Division
- j. Edlyn Joy Ponferrada – Leyte Division
- k. Rowena Acuña - Maasin City Division
- l. Pinky Detera – Northern Samar Division
- m. Mae Arones – Ormoc City Division
- n. Liv Gabumpa – Samar Division
- o. Menchu Pureza M. Marmita - Southern Leyte Division

2. Travel expenses shall be lodged under the downloaded travel fund, and fund deficiencies and shortages can be charged against LSP PSF and/or local funds subject to the usual accounting and auditing rules and regulations.



**Address:** Government Center, Candahug, Palo, Leyte  
**Telephone No.:** (053) 832-5738  
**Email Address:** region8@deped.gov.ph  
**Website:** region8.deped.gov.ph



3. For further queries and concerns, contact the ESSD-SHNU through Dr. Angelica C. Rodriguez at **[schoolhealth.region8@deped.gov.ph](mailto:schoolhealth.region8@deped.gov.ph)**.
4. For immediate dissemination and compliance.

**RONELO AL K. FIRMO CESO IV**  
Assistant Regional Director  
Officer-In-Charge  
Office of the Regional Director

Enclosures: As stated

References: As stated

To be indicated in the Perpetual Index under the following subjects:

COMMUNITY

MENTAL HEALTH

ESSD-SHNS-KJMC






Republika ng Pilipinas  
**Department of Education**

OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATIONS

**MEMORANDUM**

**OM-OUOPS-2025-08-05237**

FOR : **REGIONAL DIRECTORS AND BARMM EDUCATION MINISTER**

FROM : **MALCOLM S. GARMA**   
Undersecretary for Governance and Operations

SUBJECT : **INVITATION FOR THE IDENTIFIED TRAINED PERSONNEL TO  
SERVE AS COACHES IN THE TRAINING OF FACILITATORS ON  
COMMUNITY-BASED MENTAL HEALTH PROGRAM**

DATE : August 27, 2025

*Memo  
(Coaches)*

The Department of Education is committed to promoting and protecting the mental health and well-being of learners by fulfilling its mandates under R.A 11036 or the Mental Health Act and R.A 12080 or the Basic Education Mental Health and Wellbeing Promotion Act. Pursuant to the said mandates, the Bureau of Learner Support Services – School Health Division (BLSS-SHD) established the **School-Based Mental Health Program (SMHP)** which aims, among others, to strengthen the effective delivery of mental health services.

Thus, DepEd Region III and Region XII are set to conduct a **Training of Facilitators on Community-Based Mental Health Program**. This initiative aims to equip field personnel with the necessary competencies and skills in psychosocial intervention and community-based mental health.

This program is strategically designed to ensure proactive and effective interventions in both school and community settings, focusing on building competencies in direct support provision and establishing efficient referral pathways. School Health personnel will be trained as a facilitator in providing adequate psychosocial support for learners and individuals in need in their respective communities.

This activity will be rolled out in two distinct clusters: the **VisMin Cluster**, which will be on **October 14-17, 2025, in General Santos City**, and the **Luzon Cluster, November 4-7, 2025, in Pampanga**. Attached for your reference are the List of Trained Coaches (Annex A) and the Indicative Program (Annex B).

In this regard, this Office requests the Regional Directors concerned and the BARMM Education Minister to:

1. Approve/endorse the participation of the **trained personnel**, as indicated in Annex A, as **coaches** in the said training; and
2. Advise the identified personnel to register through the link: **<https://forms.office.com/r/FBStjwDmjX>** on or before **September 12, 2025**.

The coaches are required to attend all days of the training, including Day 0 specifically allocated for the refresher and pre-work activities of the coaches. Furthermore, transportation expenses shall be charged to the downloaded LSP PSF for SMHP of the respective Regional Offices, subject to the usual accounting, budgeting, and auditing rules and regulations.

For questions and further clarifications, please contact BLSS-School Health Division through telephone number **(02) 8632-9935** or via email at **[blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph)**.



**LIST OF TRAINED PERSONNEL**

Training of Facilitators on Community-Based Mental Health Program

| <b>No</b> | <b>Name</b>                      | <b>Position Designation</b>            | <b>Region</b>                   | <b>Cluster</b>   |
|-----------|----------------------------------|--|---------------------------------|------------------|
| 1         | Ly Shema Neba Lasca              | Technical Assistant II                 | CAR                             | Luzon            |
| 2         | Raquel Benjamin                  | Technical Assistant I                  | Region 1                        | Luzon            |
| 3         | Ryan Christopher Buccat          | Medical Officer III                    | Region 2 - SDO Nueva Vizcaya    | Luzon            |
| 4         | Leah Barrameda                   | Nurse II                               | Region 4A - SDO Quezon          | Luzon            |
| 5         | Quennie Mae Salcedo              | Medical Officer III                    | Region 5 - SDO Iriga City       | Luzon            |
| 6         | Victor Noell Langit              | Medical Officer III                    | NCR - SDO Caloocan City         | Luzon and VisMin |
| 7         | Micah Dianne Margret M. Padrinao | Nurse II                               | NCR - SDO Valenzuela            | Luzon and VisMin |
| 8         | Jayson Soliman                   | Guidance Counselor II                  | Region 3 - SDO Tarlac Province  | Luzon and VisMin |
| 9         | Pearl Oliveth Intia              | Medical Office IV                      | Region 4A                       | Luzon and VisMin |
| 10        | Maria Anna Irene San             | Medical Officer IV                     | MIMAROPA                        | Luzon and VisMin |
| 11        | Jeza Mae Cerbolles               | Nurse II                               | Region 12 - SDO Cotabato        | Luzon and VisMin |
| 12        | Lee Nemson Edillon               | Technical Assistant II                 | Region 10                       | Luzon and VisMin |
| 13        | Ma. Katherine Jerdeleza          | Nurse II                               | Region 6 - SDO Guimaras         | VisMin           |
| 14        | Shareal Joy Camacho              | Guidance Counselor                     | Region 6 - SDO Iloilo City      | VisMin           |
| 15        | Lorimaine Macapobre              | Nurse II                               | Region 7 - SDO Toledo           | VisMin           |
| 16        | Maria Theresa Cabañero           | Nurse II                               | Region 7 - SDO Cebu Province    | VisMin           |
| 17        | Claudine Aujero                  | Nurse II                               | Region 8 - SDO Leyte            | VisMin           |
| 18        | Angelica Rodriguez               | Medical Officer IV                     | Region 8                        | VisMin           |
| 19        | Ahmad Ameenkar Wata III          | Medical Officer IV                     | Region 9                        | VisMin           |
| 20        | Mary Kristine C. Sagot           | Nurse II                               | Region 11 - SDO Davao Del Norte | VisMin           |
| 21        | Gil Ducena                       | Guidance Counselor III                 | CARAGA - SDO Agusan Del Norte   | VisMin           |
| 22        | Desiree Silmaro                  | Nurse II                               | CARAGA - SDO Agusan Del Norte   | VisMin           |
| 23        | Abdul Bassar Mamahuba            | Nurse II, Division Mental Health Focal | BARMM                           | VisMin           |

Annex B

**COMMUNITY-BASED MENTAL HEALTH - KATATAGAN PLUS  
FACILITATOR'S TRAINING  
October 14-17 and November 4-7, 2025  
General Santos City and Pampanga**

**SCHEDULE OF ACTIVITIES**

| <b>Date / Time</b>  | <b>Activity</b>  | <b>Person Responsible</b>     |
|---------------------|--|-------------------------------|
| <b>Day 0</b>        |  |                               |
| 9:00 AM – 12:00 PM  | Arrival of PMT (DepEd Central, Host Region), Coaches and RPs from RenewHealth  | Program Management Team (PMT) |
| 12:00 PM – 1:00 PM  | Lunch  | -                             |
| 1:00 PM – 5:00 PM   | Preparatory work and refresher for Coaches   | RenewHealth                   |
| <b>Day 1</b>        |  |                               |
| 7:30 AM – 9:00 AM   | Arrival of Participants<br>Registration  | Program Management Team (PMT) |
| 9:00 AM – 9:30 AM   | Opening Program <ul style="list-style-type: none"> <li>• Preliminaries</li> <li>• Welcome Remarks</li> <li>• Introduction to the training</li> <li>• Presentation of Indicative Program of Activities</li> <li>• Leveling of Expectations</li> </ul> | Program Management Team (PMT) |
| 9:30 AM – 10:30 AM  | DEPED (SMHP, MHRM, LHAS)   | DepEd CO                      |
| 10:30 AM – 10:45 AM | Health Break   | -                             |
| 10:45 AM – 11:30 AM | DEPED (SMHP, MHRM, LHAS)   | DepEd CO                      |
| 11:30 AM – 12:00 PM | Mental Health Literacy and Prevalence-Belief, Knowledge and Explanations   | Coaches                       |
| 12:00 PM – 1:00 PM  | Lunch Break  | -                             |
| 1:00 PM – 1:30 PM   | Understanding Mental Health & Disorders- Anxiety, Depression and Substance Abuse   | Coaches                       |
| 1:30 PM – 2:00 PM   | Understanding Suicide - CSSRS  | Coaches                       |
| 2:00 PM – 3:00 PM   | Mental Health First Aid - ALGEE  | Coaches                       |
| 3:00 PM – 3:15 PM   | Health Break   | -                             |
| 3:15 PM – 4:15 PM   | MHFA Simulation – Role Playing   | Coaches                       |
| 4:15 PM – 5:00 PM   | DEPED (SMHP, MHRM, LHAS)   | DepEd CO                      |
| <b>Day 2</b>        |  |                               |
| 8:00 AM – 8:30 AM   | Management of Learning <ul style="list-style-type: none"> <li>• Leveling of Expectations</li> <li>• Program Objectives</li> <li>• Program Matrix</li> <li>• Session Norms</li> </ul>   | Program Management Team (PMT) |

|                     |  |                                  |
|---------------------|--|----------------------------------|
| 8:30 AM – 9:00 AM   | Introduction to Katatagan Plus-Program<br>overview Presentation of Pilot Data  | RenewHealth                      |
| 9:00 AM – 10:00 AM  | Katatagan Plus Module 1 - Simulation   | Coaches                          |
| 10:00 AM – 10:15 AM | Health Break   | -                                |
| 10:15 AM – 11:15 AM | Simulations of Module 2  | Coaches                          |
| 11:15 AM – 12:00 PM | Simulations of Module 3  | Coaches                          |
| 12:00 PM – 1:00 PM  | Lunch Break  | -                                |
| 1:00 PM – 2:00 PM   | Simulations of Module 4  | Coaches                          |
| 2:00 PM – 3:00 PM   | Simulations of Module 5  | Coaches                          |
| 3:00 PM – 3:15 PM   | Health Break   | -                                |
| 3:15 PM – 4:15 PM   | Simulations of Module 6  | Coaches                          |
| 4:15 PM – 5:15 PM   | Simulations of Module 7  | Coaches                          |
| 5:15 PM – 6:15 PM   | Simulations of Module 8  | Coaches                          |
| <b>Day 3</b>        |  |                                  |
| 8:00 AM – 8:30 AM   | Management of Learning <ul style="list-style-type: none"> <li>• Leveling of Expectations</li> <li>• Program Objectives</li> <li>• Program Matrix</li> <li>• Session Norms</li> </ul> | Program Management<br>Team (PMT) |
| 8:30 AM – 10:00 AM  | Integration of Learnings - Katatagan<br>Plus   | Program Management<br>Team (PMT) |
| 10:00 AM – 10:30 AM | Self-Care  | -                                |
| 10:30 AM – 11:30 AM | Post Test/Evaluation   | Program Management<br>Team (PMT) |
| 11:30 AM – 12:00 PM | Action Planning  | Program Management<br>Team (PMT) |
| 12:00 PM            | Closing Lunch/Recession  | -                                |







Republika ng Pilipinas  
Department of Education

OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATIONS

**MEMORANDUM**  
**OM-OUOPS-2025-08-05237**

FOR : **REGIONAL DIRECTORS**  
REGIONS VI, VII, VIII, IX, X, XI, XI, CARAGA  
**BARM EDUCATION MINISTER**

FROM : **MALCOLM S. GARMAN**   
Undersecretary for Governance and Operations 

SUBJECT : **TRAINING OF FACILITATORS ON COMMUNITY-BASED MENTAL HEALTH PROGRAM**

DATE : August 27, 2025

The Department of Education (DepEd) is committed to promoting and protecting the mental health and well-being of learners by fulfilling its mandates under R.A 11036 or the Mental Health Act and R.A 12080 or the Basic Education Mental Health and Wellbeing Promotion Act. Pursuant to the said mandates, the Bureau of Learner Support Services – School Health Division (BLSS-SHD) established the **School-Based Mental Health Program (SMHP)** which aims, among others, to strengthen the effective delivery of mental health services.

Thus, DepEd Region XII is set to conduct a **Training of Facilitators on Community-Based Mental Health Program**. This initiative aims to equip field personnel with the necessary competencies and skills in psychosocial intervention and community-based mental health.

This program is strategically designed to ensure proactive and effective interventions in both school and community settings, focusing on building competencies in direct support provision and establishing efficient referral pathways. School Health personnel will be trained as a facilitator in providing adequate psychosocial support for learners and individuals in need in their respective communities.

This activity will be rolled out for the **VisMin Cluster on October 15-17, 2025, in General Santos City**. Attached are the following for your reference: List of Participants (Annex A), and Indicative Program (Annex B).

In this regard, this Office requests to:

1. Identify **participant/s per SDO**, as indicated in Annex A, to attend the said training, priority are the SMHP Coordinators; and
2. Advise the identified participant/s to register through the link: **<https://forms.office.com/r/Gxt8EWNNHN>** on or before **September 12, 2025**.

Participants are required to attend all days of the training. Transportation expenses shall be charged to the downloaded LSP PSF for SMHP of the respective Regional Offices, subject to the usual accounting, budgeting, and auditing rules and regulations.

For questions and further clarifications, please contact BLSS-School Health Division on telephone number **(02) 8632-9935** or via email at **blss.shd@deped.gov.ph**.

Annex A

**LIST OF PARTICIPANTS**

Training of Facilitators on Community-Based Mental Health Program

**VisMin Cluster**

**October 15-17, 2025**

**General Santos City**

|                            | <b>REGION/OFFICE</b> | <b>NO. OF PAX</b> | <b>REMARKS</b>   |
|----------------------------|----------------------|-------------------|--|
| Participants               | Region XII           | 18                | 2 per SDO; 2 from RO   |
|                            | Region VI            | 21                | 1 participant per SDO,<br>priority are the SMHP<br>Coordinator |
|                            | Region VII           | 20                |  |
|                            | Region VIII          | 13                |  |
|                            | Region IX            | 8                 |  |
|                            | Region X             | 14                |  |
|                            | Region XI            | 11                |  |
|                            | CARAGA               | 12                |  |
|                            | BARMM                | 11                |  |
|                            | Central Office       | 1                 |  |
| Program<br>Management Team | Central Office       | 4                 |  |
|                            | Region/SDO           | 6                 |  |
| Resource Persons           | RenewHealth          | 3                 |  |
| Coaches                    | Various Regions      | 19                |  |
| TOTAL                      |                      | <b>161</b>        |  |



Annex B

**COMMUNITY-BASED MENTAL HEALTH - KATATAGAN PLUS  
FACILITATOR'S TRAINING  
October 14-17, 2025  
General Santos City**

**SCHEDULE OF ACTIVITIES**

| <b>Date / Time</b>                | <b>Activity</b>  | <b>Person Responsible</b>     |
|-----------------------------------|--|-------------------------------|
| <b>Day 0<br/>October 14, 2025</b> |  |                               |
| 9:00 AM – 12:00 PM                | Arrival of PMT (DepEd Central, Host Region), Coaches and RPs from RenewHealth  | Program Management Team (PMT) |
| 12:00 PM – 1:00 PM                | Lunch  | -                             |
| 1:00 PM – 5:00 PM                 | Preparatory work and refresher for Coaches   | RenewHealth                   |
| <b>Day 1<br/>October 15, 2025</b> |  |                               |
| 7:30 AM – 9:00 AM                 | Arrival of Participants<br>Registration  | Program Management Team (PMT) |
| 9:00 AM – 9:30 AM                 | Opening Program <ul style="list-style-type: none"> <li>• Preliminaries</li> <li>• Welcome Remarks</li> <li>• Introduction to the training</li> <li>• Presentation of Indicative Program of Activities</li> <li>• Leveling of Expectations</li> </ul> | Program Management Team (PMT) |
| 9:30 AM – 10:30 AM                | DEPED (SMHP, MHRM, LHAS)   | DepEd CO                      |
| 10:30 AM – 10:45 AM               | Health Break   | -                             |
| 10:45 AM – 11:30 PM               | DEPED (SMHP, MHRM, LHAS)   | DepEd CO                      |
| 11:30 AM – 12:00 PM               | Mental Health Literacy and Prevalence-Belief, Knowledge and Explanations   | Coaches                       |
| 12:00 PM – 1:00 PM                | Lunch Break  | -                             |
| 1:00 PM – 1:30 PM                 | Understanding Mental Health & Disorders- Anxiety, Depression and Substance Abuse   | Coaches                       |
| 1:30 PM – 2:00 PM                 | Understanding Suicide - CSSRS  | Coaches                       |
| 2:00 PM – 3:00 PM                 | Mental Health First Aid - ALGEE  | Coaches                       |
| 3:00 PM – 3:15 PM                 | Heath Break  | -                             |
| 3:15 PM – 4:15 PM                 | MHFA Simulation – Role Playing   | Coaches                       |
| 4:15 PM – 5:00 PM                 | DEPED (SMHP, MHRM, LHAS)   | DepEd CO                      |
| <b>Day 2<br/>October 16, 2025</b> |  |                               |
| 8:00 AM – 8:30 AM                 | Management of Learning <ul style="list-style-type: none"> <li>• Leveling of Expectations</li> <li>• Program Objectives</li> </ul>  | Program Management Team (PMT) |

|                         |  |                               |
|-------------------------|--|-------------------------------|
|                         | <ul style="list-style-type: none"> <li>• Program Matrix</li> <li>• Session Norms</li> </ul>  |                               |
| 8:30 AM – 9:00 AM       | Introduction to Katatagan Plus-Program<br>overview Presentation of Pilot Data  | RenewHealth                   |
| 9:00 AM – 10:00 AM      | Katatagan Plus Module 1 - Simulation   | Coaches                       |
| 10:00 AM – 10:15 AM     | Health Break   | -                             |
| 10:15 AM – 11:15 AM     | Simulations of Module 2  | Coaches                       |
| 11:15 AM – 12:00 PM     | Simulations of Module 3  | Coaches                       |
| 12:00 PM – 1:00 PM      | Lunch Break  | -                             |
| 1:00 PM – 2:00 PM       | Simulations of Module 4  | Coaches                       |
| 2:00 PM – 3:00 PM       | Simulations of Module 5  | Coaches                       |
| 3:00 PM – 3:15 PM       | Health Break   | -                             |
| 3:15 PM – 4:15 PM       | Simulations of Module 6  | Coaches                       |
| 4:15 PM – 5:15 PM       | Simulations of Module 7  | Coaches                       |
| 5:15 PM – 6:15 PM       | Simulations of Module 8  | Coaches                       |
| <b>Day 3</b>            |  |                               |
| <b>October 17, 2025</b> |  |                               |
| 8:00 AM – 8:30 AM       | Management of Learning <ul style="list-style-type: none"> <li>• Leveling of Expectations</li> <li>• Program Objectives</li> <li>• Program Matrix</li> <li>• Session Norms</li> </ul> | Program Management Team (PMT) |
| 8:30 AM – 10:00 AM      | Integration of Learnings - Katatagan Plus  | Program Management Team (PMT) |
| 10:00 AM – 10:30 AM     | Self-Care  | -                             |
| 10:30 AM – 11:30 AM     | Post Test/Evaluation   | Program Management Team (PMT) |
| 11:30 AM – 12:00 PM     | Action Planning  | Program Management Team (PMT) |
| 12:00 PM                | Closing Lunch/Recession  | -                             |