

1304



Republic of the Philippines
Department of Education
REGION VIII - EASTERN VISAYAS

October 7, 2025

REGIONAL MEMORANDUM
CLMD-2025 **1304**

**PARTICIPANTS IN THE SECOND WORKSHOP ON REFINEMENT OF
DEVELOPED LESSON PLANS ON REPRODUCTIVE HEALTH
EDUCATION (RHE) TO GRADE 7 LEARNERS**

To: Schools Division Superintendents
OIC Chief-CLMD
All Others Concerned

} Leyte Division
} Ormoc City Division
} Samar Division
} Tacloban City Division

1. Attached is a communication letter from University of the Philippines Manila, School of Health Sciences, dated October 6, 2025 re: Second Workshop: Refinement of Developed Lesson Plans on Reproductive Health Education (RHE) to Grade 7 learners, this Office, through the Curriculum and Learning Management Division (CLMD) requests the concerned participants to attend the aforesaid workshop on October 9-10, 2025 at the Tropics Resort, Mac Arthur Park, Palo, Leyte.

2. This activity is an initiative of the World Vision International (WVI)-Eastern Visayas and funded by the Korea International Cooperation Agency (KOICA) as one of the projects relevant to Maternal Newborn and Child Health Project in Eastern Visayas, commissioned by the UPM School of Health Sciences.

3. Travel expenses of the participants shall be charged against local funds/MOOE subject to the usual accounting and auditing rules and regulations, while food and accommodation shall be provided by the UPM School of Health Sciences, Palo, Leyte.

4. Immediate dissemination of and compliance with this Memorandum are desired.



RONELO AL R. FIRMO CESO IV
Assistant Regional Director
Officer-in-Charge
Office of the Regional Director

Enclosures: None
References: Communication Letter from UPM
To be indicated in the Perpetual Index under the following subjects:



REPRODUCTIVE HEALTH EDUCATION WORKSHOP CURRICULUM
CLMD-MSB-NPJ



School of Health Sciences
UNIVERSITY OF THE PHILIPPINES MANILA
The Health Sciences Center

Palo, Leyte

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DEPARTMENT OF EDUCATION	
RECEIVED	
RECORDS SECTION REGIONAL OFFICE NO. VIII	
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SIGNATURE: 	

October 6, 2025

RONALO AL K. FIRMO, PhD, CESO IV
OIC – Regional Director
Department of Education Region VIII
Palo, Leyte

Attention: **JOY B. BIHAG**
Education Program Supervisor
Learning Resource Management Section

Dear Regional Director Firmo:

Warm greetings from the University of the Philippines!

The UPM School of Health Sciences, Palo, Leyte, is commissioned to conduct an evaluation study entitled **“Learning the Way Forward: Monitoring and Evaluation of the Reproductive Health Education (RHE) Program.”** The investigators of this study are **Asst. Professor Charlie C. Falguera, Dr. Filedito D. Tandinco, Dr. Adelaida G. Rosaldo, Dr. Carmen N. Firmo, and Ace Vincent P. Gertos.** This study is an initiative of the World Vision International (WVI) – Eastern Visayas and funded by the Korea International Cooperation Agency (KOICA) as one of the projects relevant to Maternal Newborn and Child Health Project in Eastern Visayas. This study aims to monitor and evaluate the current RHE implementation activities and endeavors in DepEd Eastern Visayas and draw learning insights towards scaling its strategies and towards sustained implementation of the program.

In addition to the above study, the team is also commissioned to conduct workshop piloting the updated RHE integration to the DepEd curriculum. The first workshop was conducted last September 15-17, 2025. The outputs were lesson plans in MAPEH, Araling Panlipunan, and Science. In relation to this, we are humbly submitting the lesson plan outputs during the workshop for QA evaluation. As such, we humbly invite those teachers and CSE coordinators who were involved during our first workshop to still be part of the second workshop. They are:

- | | | |
|----------------------------|---|-------------------|
| 1. Genalyn A. Go | = | SDO Tacloban City |
| 2. Jacquelyn P. Isidro | = | SDO Tacloban City |
| 3. Catherine D. Cinco | = | SDO Samar |
| 4. Marevyl L. Balderian | = | SDO Samar |
| 5. Melissa N. Uycoque | = | SDO Samar |
| 6. Doreen Dyann I. Nim | = | SDO Leyte |
| 7. Joylene M. Vergara | = | SDO Leyte |
| 8. Juny Jane H. Moreto | = | SDO Leyte |
| 9. Vivian Suzette Contapay | = | SDO Leyte |
| 10. Sorloila D. Labandria | = | SDO Ormoc |

The abovementioned teachers will be part in the second workshop in refinement of their lesson plans developed during the first workshop. The activity will be facilitated by our Education Program Supervisor, **Joy B. Bihag.** The second workshop will start on **October 9, 2025 at 1PM** and will end on **October 10, 2025, at 5PM.** The event will be conducted in **The Tropics Resort at McArthur Park**, lived-in arrangement. Their stay in the hotel and food will be covered by the project.

We are looking forward to hearing your positive response to this request. Should you have questions or need clarification, please contact the principal investigator's number: 09663560083 or email address: ccfalguera@up.edu.ph.

Thank you, and more power!

Very truly yours,


CHARLIE C. FALGUERA, RN, RM, MAN
Principal Investigator



**DEPED EASTERN VISAYAS, SECOND WORKSHOP: REFINEMENT OF THE LESSON PLANS
ON REPRODUCTIVE HEALTH EDUCATION INTEGRATION TO GRADE VII**

Proponent Unit: UPM-SHS	Year: 2025
Person-in-charge: Charlie C. Falguera	
Title of Project: Second Workshop: Refinement of the Lesson Plans on Reproductive Health Education to Grade VII Pupils	
Total Amount of Project:	
Period of Implementation: October 9 – 10, 2025	
Prospective Clients/Beneficiaries: DepEd Teachers	
No. of Participants: At least 18 participants.	

Background and Rationale

Reproductive Health Education (RHE) is the provision of age- and development-appropriate information and concepts about reproductive health by competent, trained teachers in various forms of educational systems to adolescents. Different concepts on RHE are integrated into relevant subjects such as values formation, self-protection against discrimination, abuse of sex, teenage pregnancy, violence against women and children including other forms of gender-based violence, physiological and psycho-social changes in adolescence, rights of women and children, responsible teenage behavior, responsible parenthood, and gender and development (Republic Act 10354).

RHE has been implemented in many countries across the globe with similar intentions (Kirby, 2007). However, several oppositions exist in its implementation because of various socio-cultural norms. Sexuality has been perceived as a taboo concept (Bella, 2014). Some implement RHE as knowledge-based only, as sexuality is a sensitive matter (Smith et al., 2003). Others perceived that RHE only promotes homosexual relationships (Francis, 2010). On one note, reproductive health can be advocated with due respect to specific cultural and religious beliefs (Ali, 2018; Ninsiima et al., 2020).

The RH law mandated the Department of Education (DepEd) to design a curriculum that integrates and implements comprehensive sexuality education (CSE) concepts and competencies. CSE is a comprehensive and holistic approach to RHE, emphasizing that RH is not only confined to its physical aspect but also covers other aspects of human beings, such as cognitive, emotional, and social (UNESCO, 2018). In 2018, the DepEd released a policy guideline on implementing this CSE in the basic education curriculum (DepEd, 2018). This CSE policy focuses on adolescent learners towards promoting their overall well-being, improving the quality of learning, learning outcomes, and completion rate, ensuring accessibility to proper and adequate sexuality and reproductive health education, addressing any reproductive health issues and concerns while promoting healthy and responsible sexual and social behavior imbued with desirable health values.

The UP Manila School of Health Sciences was commissioned to conduct an evaluation study about the implementation of the CSE in DepEd Eastern Visayas Region. Preliminary results showed that CSE Framework and CSE K to 12 Curriculum Guide were designed to strengthen the process on its implementation. However, currently there is no available standard, dedicated or specific learning resources solely for the CSE/RHE. **Lesson Plans for Grade VII students** as specific learning resource will be developed as a preliminary step towards a better implementation of this competency in the DepEd. Lesson exemplar development should start with the relevant mapping on how this competency be placed in the basic education curriculum. This will also reflect the alignment of its competency to the existing curriculum of the DepEd.

Objectives

This two-day workshop aims to achieve the following objectives:

1. To acquire knowledge and technical skills towards development of lesson plans through refresher sessions on writing lesson plans and curriculum map.
2. To generate a wide range of creative ideas without judgment and explore possibilities and solutions towards achievement of lessons plans of DepEd Basic Education RHE/CSE integration to basic learning areas for Grade VII students.
3. To plan a cohesive instructional sequence and align competencies of RHE to the Basic Education Curriculum.
4. To document the workshop activities and outputs.

Participants and Facilitators:

1. Researchers/Personnel-in-charge (5)
2. DepEd Region Learning Resource Head (1)
3. DepEd Schools Division Teachers:
 - a. DepEd Leyte Schools Division = 4 Teachers
 - b. DepEd Tacloban City Schools Division = 2 Teachers
 - c. DepEd Ormoc City Schools Division = 1 Teacher
 - d. DepEd Samar Schools Division = 3 Teachers
4. WVI Staff (2)

Total Participants and Facilitators = 18

Program of Activities

Date and Time	Activity	Point Person
Day 1 (October 9, 2025) 1:00-2:00 PM	Opening	Researchers/Personnel-in-charge
2:00 PM – 5:00PM	Brainstorming and Orientation	Researchers and Regional Officers (CSE and Curriculum and Learning Delivery), CSE Coordinator
Day 2 (October 10, 2025) 8:30-9:00am	Registration	
9:00am to 9:30 am	Orientation and Levelling of Expectations	Researchers/Personnel-in-charge,
9:30am to 12:00pm	Refresher Course on Lesson Planning/ Curriculum Map Alignment	Joy B. Bihag
12pm to 1pm	Lunch Break	
1-4pm	Workshop: Refinement of Lesson Plans	DepEd Teachers, Joy B. Bihag, RHE Researchers
4pm-5pm	Presentation and Discussion	DepEd Teachers, Joy B. Bihag, RHE Researchers

References:

- Ali, S. A. A. (2018). The reproductive health of the Philippines: Perceptions in the South. *Jurnal Studi Pemerintahan*, 113-137
- Bella, V. (2014). *Incorporating sexuality education in the public school system: perceptions from the Philippines*.
- Department of Education (DepEd) (2018). *DepEd Order 31 series of 2018: Policy Guidelines on the Implementation of the Comprehensive Sexuality Education*. Retrieved on October 15,



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- Francis, A. (2013). Sexuality Education in South Africa. *Sexuality, Society & Pedagogy*, 1-14.
- Kirby, D. B., Laris, B. A., & Rollieri, L. A. (2007). Sex and HIV education programs: their impact on sexual behaviors of young people throughout the world. *Journal of adolescent Health*, 40(3), 206-217.
- Ninsiima, A. B., Coene, G., Michielsen, K., Najjuka, S., Kemigisha, E., Ruzaaza, G. N., ... & Leye, E. (2020). Institutional and contextual obstacles to sexuality education policy implementation in Uganda. *Sex education*, 20(1), 17-32.
- Smith, G., Kippax, S., Aggleton, P., & Tyrer, P. (2003). HIV/AIDS school-based education in selected Asia-Pacific countries. *Sex Education: Sexuality, Society and Learning*, 3(1), 3-21.
- United Nations Educational, Scientific and Cultural Organization (UNESCO) (2018). *International technical guidance on sexuality education: an evidence-informed approach*. Retrieved on October 15, 2024 from: <https://unesdoc.unesco.org/ark:/48223/pf0000260770>