



Republic of the Philippines
Department of Education
REGION VIII - EASTERN VISAYAS

Advisory No. 145, s. 2025
November 17, 2025

In compliance with DepEd Order (DO) No. 8, s. 2013
This advisory is issued not for endorsement per DO 28, s. 2001,
but only for the information of DepEd officials,
personnel/staff, as well as the concerned public.
(Visit deped.in/region8.deped.gov.ph)

SUMAN FESTIVAL: UNVEILING THE FLAVORS OF CARIGARA

Attached is a letter from **Myla Ligutan Aguilar**, Chairman, Carigara Heritage Society, Carigara, Leyte, requesting the attendance of elementary and high school teachers in Carigara, Leyte to the Suman Festival: Unveiling the Flavors of Carigara on December 9, 2025 at the Plaza Triunfo, Carigara Leyte.

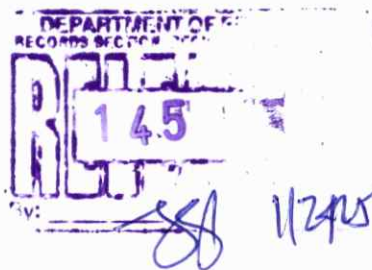
Participation of both public and private schools shall be subject to the *no-disruption-of-classes policy* stipulated in DepEd Order No. 9, s. 2005 entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*.

More information may be inquired from:

Myla Ligutan Aguilar
Chairman
Carigara Heritage Society
Carigara, Leyte
0977-825-0044
myla.ligutanaguilar@gmail.com

Considering that this is an Advisory, Schools Division Superintendents are given the discretion to act on this matter.

CLMD-NPJ



13 November 2025

RONELO AL K. FIRMO, CESO IV

OIC - Regional Director

Department of Education Region VIII

Government Center, Candahug, Palo, Leyte

DEPARTMENT OF EDUCATION
RECEIVED
RECORDS SECTION REGIONAL OFFICE NO. VIII
DATE: 11-14-25
TRACKING #: 11994 TIME: 8:19 AM
SIGNATURE: [Signature]

Maupay na Adlaw!

Dear Sir;



Suman Festival: Unveiling the flavors of Carigara is a cultural and heritage advocacy project that aims to preserve, promote, and foster a deeper awareness of one of the most distinct delicacies, the **suman**.

This initiative seeks to celebrate local craftsmanship, culinary artistry, and the rich traditions that define our community's cultural identity.

The festival will showcase the process of suman-making by our homegrown suman chefs. It will highlight the humble suman from how it was passed down to them and how they continue to preserve its taste, texture, preparation methods, and wrapping methods. The event aims to cultivate a renewed pride and deeper appreciation for our rich culinary traditions and the people who keep it alive.

The **Suman Festival: Unveiling the flavors of Carigara** will be held on **9 December 2025** at **Plaza Triunfo** from **1 PM to 5 PM**. The event consists of a demonstration and friendly competition in cooking, preparing, and wrapping suman in bundles, where participants will demonstrate their skill, patience, and craftsmanship in upholding this cherished culinary art.

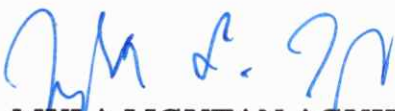
In this regard, we would like to request your good office to assist us in the success of this event by inviting and allowing the attendance of elementary and high schools in Carigara, Leyte.

The festival aims to provide an invaluable opportunity for cultural and experiential learning, allowing participants to connect classroom knowledge with local heritage, gain a deeper appreciation of Filipino culture, and develop pride in the traditions that shape our community. Beyond celebrating tradition, we sustain the vibrancy of our local culture and heritage, and honor the timeless culinary practices that have shaped our identity and the people who keep it alive.

We look forward to your timely response on this matter.

Damo na Salamat!

Sincerely,



MYLA LIGUTAN AGUILAR

Carigara Heritage Society

0977-825-0044

myla.ligutanaguilar@gmail.com