



Republic of the Philippines  
**Department of Education**  
REGION VIII - EASTERN VISAYAS

Advisory No. **26**, s. 2026  
January 30, 2026

In compliance with DepEd Order (DO) No. 8, s. 2013  
This advisory is issued not for endorsement per DO 28, s. 2001,  
but only for the information of DepEd officials,  
personnel/staff, as well as the concerned public.  
(Visit [deped.in/region8.deped.gov.ph](http://deped.in/region8.deped.gov.ph))

**ATTENDANCE OF INTERESTED DEPED HEALTH PERSONNEL AND GUIDANCE  
COUNSELORS AT THE 12<sup>TH</sup> HEEADSSSS WORKSHOP OF THE PHILIPPINE  
CHILDREN'S MEDICAL CENTER – ADOLESCENT MEDICINE  
DIVISION (PCMC-AMD)**

With reference to Memorandum OM-OUGOPS-2026-08-08058, this memorandum invites interested DepEd Health Personnel and Guidance Counselors to the 12th HEEADSSSS Workshop focusing on LGBTQIA+teens, titled "Seeing Beyond Stereotypes: Promoting Healthy Gender Attitudes in Teens," on February 27, 2026, Friday, from 8:00 am to 5:00 pm at the PCMC Multipurpose Hall.

In this regard the office supports PCMC's request that interested participants be on official business. Registration fees and travel expenses for the activity will be charged to the available Adolescent Reproductive Health (ARH) Program Support Funds (PSF)/MOOE/local funds, subject to the usual accounting and auditing rules and regulations.

Interested participants may register through this link <https://forms.gle/c4ioTCdEWxY6RLmK8> until February 14, 2026. Please contact Dr. Lea Joana Talucod or Dr. Alexandra De Los Santos, a fellow of PCMC, at 0917-8422084 for any questions or clarification.

More information may be inquired from:

**Dr. Lilibeth Midrano-Gonzales**  
OIC, Chief Health Program Officer

**Ms. Phanny S. Ramos**  
Health Education and Promotion Officer III  
BLSS-School Health Division  
Email: [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph)  
Mobile No. (02) 8632-9935

Participation of both public and private schools shall be subject to the *no-disruption-of-classes policy* stipulated in DepEd Order No. 9, s. 2005 titled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*.

Considering that this is an Advisory, Schools Division Superintendents have the discretion to act on this matter.



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Republika ng Pilipinas  
**Department of Education**

OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATION

**MEMORANDUM**

**OM-OUGOPS-2026-08-08058**

TO : **ALL REGIONAL DIRECTORS  
ALL SCHOOLS DIVISION SUPERINTENDENTS  
ESSD AND SGOD CHIEFS  
ALL OTHERS CONCERNED**

FROM : **MALCOLM S. GARMA**  
Undersecretary

SUBJECT : **ATTENDANCE OF INTERESTED DEPED HEALTH PERSONNEL  
AND GUIDANCE COUNSELORS AT THE 12<sup>th</sup> HEEADSSSS  
WORKSHOP OF THE PHILIPPINE CHILDREN'S MEDICAL  
CENTER - ADOLESCENT MEDICINE DIVISION (PCMC-AMD)**

DATE : January 8, 2026

Aligned with the Department of Education's delivery of its mandates under the Republic Act (RA) No. 10354 or the Responsible Parenthood and Reproductive Health (RPRH) Act of 2012, RA No. 11166 or the the Philippine HIV and AIDS Policy Act and its Implementing Rules and Regulations (IRR), DepEd Order No. 28, s. 2018 titled the Policy and Guidelines on *Oplan Kalusugan sa DepEd*, and supported by the 5-Point Reform Agenda which highlights the protection of learners' well-being, DepEd supports and recognizes the role of school health and its personnel in strengthening mechanisms against all forms of discrimination and dangers, improving learning environments, and ensuring learners have access to relevant health services (e.g., psychosocial screening (Rapid HEEADSSS) and assessment (Comprehensive HEEADSSS Interview), counseling, and referrals.

In line with these policy directions, The Philippine Children's Medical Center-Adolescent Medicine Division (PCMC-AMD), in coordination with the Department Education, through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), will conduct its **12<sup>th</sup> HEEADSSSS Workshop** focusing on LGBTQIA+teens, titled "**Seeing Beyond Stereotypes: Promoting Healthy Gender Attitudes in Teens,**" on **February 27, 2026, Friday, from 8:00 am to 5:00 pm at the PCMC Multipurpose Hall.** This is an annual event that aims to capacitate healthcare providers in understanding challenges faced by adolescents through guided learning sessions in conducting an interview and on screening using the HEEADSSSS Tool. DepEd's health personnel and guidance counselors are invited to attend the workshop on a **first-come,**



**first-served basis.** Please register at <https://forms.gle/c4ioTCdEWxY6RLmK8>. Registration is open until February 14, 2026.

The workshop aims for the participants to:

- a. conduct SOGIE-inclusive HEEADSSSS psychosocial assessments by explaining environmental factors affecting diverse adolescents, applying gender-neutral communication, and integrating affirming principles in practice scenarios;
- b. demonstrate stigma-reducing communication by discussing adolescent sexual behaviors' STI/HIV risks across genders and orientations, while advocating for accessible sexual health services in simulated scenarios with diverse SOGIE youth; and
- c. recognize strengths in SOGIE-diverse adolescents and their families and communicate in ways that respectfully support adolescents and caregivers in working through concerns together.

In this regard, this Office respectfully supports PCMC's requests that interested personnel attend the workshop and learn effective approaches to supporting and managing adolescent psychosocial health **on official business**. Registration fees and travel expenses for the activity will be charged to the available Adolescent Reproductive Health (ARH) Program Support Funds (PSF)/MOOE/local funds, subject to the usual accounting and auditing rules and regulations.

Please contact **Dr. Lea Joana Talucod** or **Dr. Alexandra De Los Santos**, a fellow of PCMC, at 0917-8422084 for any questions or clarification.

For further inquiries about the HEEADSSSS workshop, please contact **Dr. Lilibeth Midrano-Gonzales**, OIC, Chief Health Program Officer, or **Ms. Phanny S. Ramos**, Health Education and Promotion Officer III of the BLSS-School Health Division, via email at [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph) or by calling (02) 8632-9935.



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PHILIPPINE CHILDREN'S MEDICAL CENTER  
ADOLESCENT MEDICINE DIVISION



THE 12TH HEEADSSSS WORKSHOP

SEEING BEYOND  
STEREOTYPES:  
PROMOTING HEALTHY  
GENDER ATTITUDES IN TEENS

27 February 2026

8:00 AM - 5:00 PM

PCMC, 3F, Multi-purpose Hall

7 Physician PPE Units  
5 Psychology PPE Units  
1 Guidance Counselor PPE Unit  
4 Professional Teachers PPE Units  
5 PPS Units



PROGRAM of ACTIVITIES



AM Session

PM Session

AM Moderator: Mary Angeli A. Conti-Lopez, MD, MPH

PM Moderator: Darlene R. Pecache, MD

- 7:30 - 8:00AM REGISTRATION
- 8:00 - 9:15AM OPENING CEREMONIES
  - Prayer
  - National Anthem
  - PPS Hymn, PCMC Hymn
  - Welcome Remarks: Maria Eva I. Jopson, MD, MSCHSM, MPM
  - Overview of the Workshop/Introduction of Speakers: Liah Ann G. Cruz, MD, MHCM
- 9:30 - 9:15AM LECTURE 1
  - HEEADSSSS 101: HEEADSSSS Screening for the LGBTQIA+ Teen
  - Speakers: Erlinda Susana Cuisia-Cruz, MD  
Alexandra Delos Santos, MD
  - Q&A
- 9:15 - 10:00AM LECTURE 2
  - Let's Talk About SEX: STI and HIV Education for Adolescents and Young Adults
  - Speakers: Jay Ron O. Padua, MD  
Lea Joana Talucod, MD
  - Q&A
- 10:00 - 10:15AM BREAK
- 10:15 - 11:30AM LECTURE 3
  - My Story, My Pride: A Panel Discussion
  - Panelists: Katherine B. Camus, MD  
Niño B. Galacgac, PhD, RPsy  
Erlinda Susana Cuisia-Cruz, MD
  - Video clips: 2 parents
- 11:30 - 12:00PM Q&A
- 12:00 - 1:00PM LUNCH BREAK

- 1:00 - 1:15PM Game Master: Niña Jose-Santos, MD  
Franklin Marc Patrick Tarronas, MD-MBA  
Gianina Loisa Guillermo, RPsy
- 1:15 - 1:30PM RECAP OF MORNING SESSION AND WORKSHOP ORIENTATION
- 1:30 - 2:30PM CASE 1
- 2:30 - 2:45PM BREAK
- 2:45 - 3:45PM CASE 2
- 3:45 - 4:15PM SUMMARY AND FEEDBACK  
Deborah A. Red, MD
- 4:15 - 5:00PM CLOSING CEREMONIES
  - Awarding of Certificates: Moses C. De Guzman III, MD
  - Closing Remarks: Erlinda Susana S. Cuisia-Cruz, MD

FACILITATORS:

Nicole Marie Reyes, MD  
Vincent Carreon, MD  
Ralph Stephenson Tan, MD  
Darlene Pecache, MD  
Mary Angeli Conti-Lopez, MD  
Julia Mae Yulde-Cruz, MD  
Michelle Anne Mangubat, MD  
Liah Ann Cruz, MD  
Pia Parker Serviento, MD  
Ester Iligan, MD  
Deborah Red, MD  
Moses de Guzman III, MD  
Erlinda Susana Cuisia-Cruz, MD  
Rosa Maria Nancho, MD  
Alicia Tamesia, MD



(02)8589900 loc 1366



09178422084



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PHILIPPINE CHILDREN'S MEDICAL CENTER  
Quezon Avenue, Quezon City



**Adolescent Medicine Division**

**ADOLESCENT MEDICINE  
DIVISION**

ERLINDA S. CUISIA-CRUZ, MD  
*Division Head*

**SECTION OF ADOLESCENT  
MEDICINE**

DEBORAH A. RED, MD  
*Section Head  
OPD Coordinator*

LIAH ANN G. CRUZ, MD  
*Training Officer*

ESTER M. ILIGAN, MD  
*Transition Program Manager*

DARLENE R. PECACHE, MD  
*Research Officer*

MARY ANGELI CONTI-LOPEZ, MD  
*Assistant Training Officer*

MOSES C. DE GUZMAN III, MD  
ALICIA B. TAMESIS, MD  
ROSA MARIA H. NANCHI, MD  
MICHELLE ANNE N. MANGUBAT, MD  
*MEMBERS*

NIÑA JOSE-SANTOS, MD  
FRANKLIN MARC PATRICK TARRONAS, MD  
LEA JOANA TALUCOD, MD  
ALEXANDRA Y. DE LOS SANTOS, MD  
*FELLOWS MEMBERS MEMBERS*

**SECTION OF PSYCHOLOGY**

GIANINA LOISA C. GUILLERMO, RPSY  
*CLINICAL PSYCHOLOGIST*

**DIVISION CLERKS**  
CLEOFE ESMAMA  
RONA RACHELLE GASPAR

16 December 2025

GEORGINA ANN H. YANG  
Assistant Secretary for Operations  
Office of the Assistant Secretary for Operations

THRU/ATTN:

DR. MIGUEL ANGELO S. MANTARING  
Director IV  
Bureau of Learner Support Services  
School Health Division

Dear Ms. Yang,

Greetings!

The Adolescent Medicine Division of the Philippine Children's Medical Center will be holding its **12th HEEADSSSS Workshop** on **February 27, 2026 from 8:00am to 5:00pm at the PCMC Multipurpose Hall**. This is an annual event that aims to capacitate healthcare providers in understanding challenges faced by adolescents through guided learning sessions in conducting an interview and on screening using the HEEADSSSS Tool. The focus of the 12th HEEADSSSS Workshop is on LGBTQIA+ teens and is entitled: **"Seeing Beyond Stereotypes: Promoting Healthy Gender Attitudes in Teens"**.

The workshop aims for participants:

1. To be able to conduct SOGIE-inclusive HEEADSSSS psychosocial assessments by explaining environmental factors affecting diverse adolescents, applying gender-neutral communication, and integrating affirming principles in practice scenarios.
2. To be able to demonstrate stigma-reducing communication by discussing adolescent sexual behaviors' STI/HIV risks across genders and orientations, while advocating for accessible sexual health services in simulated scenarios with diverse SOGIE youth.
3. To be able to recognize strengths in SOGIE-diverse adolescents and their families and communicate in ways that respectfully support adolescents and caregivers in working through concerns together.

In this regard may we request your good office to allow interested staff to attend on **OFFICIAL BUSINESS/ OFFICIAL TIME**. Interested participants may register through this link: <https://forms.gle/c4ioTCdEWxY6RLmK8>

The fee for the workshop is 2,000 PHP. Physician, Nursing, Guidance Counselor, Psychologist, and Professional Teacher PRC units and PPS units applied. Registration is open until **February 14, 2026**.



PHILIPPINE CHILDREN'S MEDICAL CENTER  
Quezon Avenue, Quezon City



**Adolescent Medicine Division**

Attached is the activity poster and program. For questions, you may contact our fellows Dr. Lea Joana Talucod or Dr. Alexandra De Los Santos via 0917-8422084.

We look forward to your favorable response.

Very truly yours,

ERLINDA SUSANA CUISIA-CRUZ MD  
Division Head  
Adolescent Medicine Division  
Philippine Children's Medical Center



PHILIPPINE CHILDREN'S MEDICAL CENTER  
Quezon Avenue, Quezon City



**Adolescent Medicine Division**

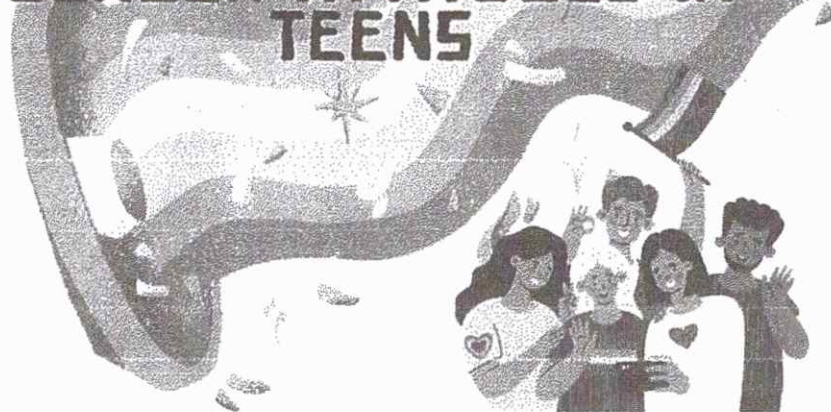


PHILIPPINE CHILDREN'S MEDICAL CENTER  
**ADOLESCENT MEDICINE DIVISION**  
PROUDLY PRESENTS



**THE 12TH HEEADSSSS WORKSHOP**

**SEEING BEYOND  
STEREOTYPES:  
PROMOTING HEALTHY  
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TEENS**



27 February 2026

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PCMC, 3F, Multi-purpose Hall

Registration Fee: 2,000

**PRC and PPS Units  
Applied!**

SCAN HERE



**PAYMENT VIA  
GLASH**

**REGISTER UNTIL FEBRUARY 14, 2026!**  [bit.ly/444qtn3](https://bit.ly/444qtn3)



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PHILIPPINE CHILDREN'S MEDICAL CENTER  
Quezon Avenue, Quezon City



## Adolescent Medicine Division



PHILIPPINE CHILDREN'S MEDICAL CENTER  
ADOLESCENT MEDICINE DIVISION



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