



Republic of the Philippines  
**Department of Education**  
REGION VIII - EASTERN VISAYAS

Regional Advisory No. **36**, s. 2026  
February 23, 2026

In compliance with DepEd Order (DO) No. 8, s. 2013  
This advisory is issued not for endorsement per DO 28, s. 2001,  
but only for the information of DepEd officials,  
personnel/staff, as well as the concerned public.  
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**SECOND HOME ECONOMICS EDUCATION LECTURE SERIES  
OF THE UNIVERSITY OF THE PHILIPPINES (UP)  
CIRCLE OF HOME ECONOMISTS**

Attached is a formal communication from Ms. Keeshia Brie S. Esguerra, President, University of the Philippines (UP) Circle of Home Economists, in partnership with the Department of Home Economics Education of the College of Home Economics, UP Diliman, inviting participants to attend the Second Home Economics Education Lecture Series, a 2-day webinar for teachers on March 7 and 14, 2026, from 10:00 AM to 12:00 NN via Zoom platform.

Participation of both public and private schools shall be subject to the *no-disruption-of-classes policy* stipulated in DepEd Order No. 9, s. 2005 entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*.

More information may be inquired from:

Name: **KEESHA BRIE S. ESGUERRA**

Contact Number: 981-8500 loc. 3409

Email: [heedcheupd@up.edu.ph](mailto:heedcheupd@up.edu.ph)

Address: Rm 222 Alonso Hall, Ma. Regidor St. UP Campus, Diliman,  
Quezon City, Philippines

Considering that this is an Advisory, Schools Division Superintendents are given the discretion to act on this matter.

CLMD-ESF

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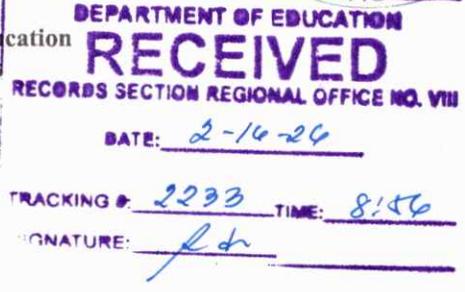


Address: Government Center, Candahug, Palo, Leyte  
Telephone No.: (053) 832-5738  
Email Address: [region8@deped.gov.ph](mailto:region8@deped.gov.ph)  
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University of the Philippines  
 College of Home Economics  
 Department of Home Economics Education  
 UP Circle of Home Economists



February 9, 2026

**OIC-DIR. RONELO AL K. FIRMO**  
 Regional Director-Officer in Charge  
 Department of Education - Region VIII

**Subject: Request for Dissemination of Invitation to Home Economics Education Lecture Series (with CPD Points)**

Dear OIC-Dir. Firmo:

Greetings! I hope this letter finds you well.

The UP Circle of Home Economists, in partnership with the Department of Home Economics Education of the College of Home Economics, University of the Philippines Diliman, will conduct its second **Home Economics Education Lecture Series**, which is a 2-day webinar for teachers on **March 7 and 14, 2026, from 10:00 AM to 12:00 NN via Zoom platform** (Zoom will be opened at 9:45 AM). This event is an **accredited Continuing Professional Development (CPD) Program**. The theme of the sessions per day is as follows:

- Day 1: Life Skills in the Age of Information Barrage**
- Day 2: Gulayan: Supporting Nutrition, Enhancing Livelihood, and Promoting Sustainability**

The conduct of this event is to fulfill the University's responsibility to provide continuous development of teachers, which is vital for quality basic education, and to provide regular seminar/training on Home Economics, instruction, and research to HE and Non-HE teachers. The first day session will explore how the discipline of HE can respond to the "information barrage" through necessary knowledge, skills, and practice. Meanwhile, the second day will focus on the concept and evolution of urban and peri-urban gardening in the Philippines at home, school, and community settings.

In this regard, we are inviting teachers in your region to participate in our lecture series. The registration fee is **Php 500.00**. They may **register** through the following link:

<https://bit.ly/HEELS2026Registration>

The Zoom details will be sent to registrants a week before the event. Kindly see the attached invitation poster and Program of Activities for more information. We look forward to this webinar being beneficial and meaningful to our teachers, as they continue to mold the skills of younger generations.

Thank you very much for your consideration. We hope for a favorable response regarding this matter.

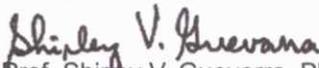
Respectfully yours,

Endorsed:

  
 Keeshia Brie S. Esguerra  
 President, UP Circle of Home Economists

  
 Asst. Prof. Mary Justine Clarise A. Trinidad, LPT  
 Chairperson, Dept. of Home Economics Education

  
 Assoc. Prof. Aurora S. Elige, PhD  
 Adviser, UP Circle of Home Economists

  
 Prof. Shirley V. Guevarra, PhD  
 Dean, College of Home Economics

one email thru



## DAY 1 (March 7, 2026)

### Program of Activities

**Webinar Title:** Life Skills in the Age of Information Barrage

**Webinar Description:** In today's digital era, individuals and families are confronted with an overwhelming flood of information—fitness hacks, nutrition trends, consumer reviews, and mental health advice—often shared by influencers and non-experts across social media. This webinar explores how the discipline of Home Economics can respond to this “information barrage” through necessary knowledge, skills, and practice.

**Webinar Objective:** At the end of the webinar, the audience will be able to:

1. examine the role of Home Economics in addressing societal challenges brought about by the rapid spread of unverified information in digital and social media environments.
2. promote critical awareness and life skills development among individuals and communities, enabling them to navigate information noise with discernment, responsibility, and resilience.
3. identify emerging themes and directions—including sustainability, digitalization, and gender

**Webinar schedule:** March 7, 2026 (Saturday), 10:00 AM-12:00 NN

**Platform:** Zoom

Time	Speaker	Program
9:45-9:55	-	Open Zoom and wait for the participants to come in
9:55-10:00	Host/Moderator	Welcome the participants and give a brief opening remark
10:00-11:30	Aurora Llige	Life Skills in the Age of Information Barrage
11:30-11:45	Host/Moderator	Q&A forum
11:45-12:00	Host/Moderator	Evaluation and Closing Remarks



## DAY 2 (March 14, 2026)

### Program of Activities

**Webinar Title:** *Gulayan*: Supporting Nutrition, Enhancing Livelihood, and Promoting Sustainability

**Webinar Description:** The webinar will discuss the concept and evolution of urban and peri-urban gardening in the Philippines, focusing on the home, school, and community. It also focuses on the technical aspects of gardening, anchored in principles of agriculture, urban and peri-urban landscaping, and government policies, as applied to the development and maintenance of a garden within allocated space.

- Webinar Objective:** At the end of the webinar, the audience will be able to:
1. Recognize the integral role of home economics in issues of nutrition, livelihood, and sustainability;
  2. Understand the ways of addressing contemporary challenges in nutrition, livelihood, and sustainability through the concept of *gulayan*; and
  3. Appreciate the value of *gulayan* in promoting sustainable living and healthy lifestyles.

**Webinar schedule:** March 14, 2026 (Saturday), 10:00 AM-1:00 PM

**Platform:** Zoom

Time	Speaker	Program
9:45-10:05	-	Open Zoom and wait for the participants to come in
10:05-10:15	Host/Moderator	Welcome the participants and give a brief opening remark
10:15-10:45	Aurora S. Llige	Gulayan sa Bahay
10:45-11:15	Joe Amiel Benson Ferrer	Gulayan sa Paaralan
11:15-11:45	Irish Achondo	Gulayan sa Komunidad
11:45-12:15	Justine Godfred Peralta	Gulayan System and Tips
12:15-12:45	Host/Moderator	Q&A forum
12:45-1:00	Host/Moderator	Evaluation and Closing Remarks



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**INVITATION FROM THE PHILIPPINE INTERNATIONAL  
LAW OF THE SEA ACADEMY, INC. (PHILSEA)**

Attached is a formal communication from Ms. Christine Nicole G. Agbayani, Project Manager for Philippine International Law of the Sea Academy, Inc. (PHILSEA), inviting Junior and Senior High School Teachers to apply for the inaugural session of PHILSEA 101 scheduled for Saturdays, from April 11, 2026 to May 30, 2026, which will run from 9:00 AM to 4:30 PM (Manila Time / GMT+8) via Zoom Communications platform, with an onsite Culmination to be held at the Ateneo de Manila University, Quezon City, Philippines.

Participation of both public and private schools shall be subject to the *no-disruption-of-classes policy* stipulated in DepEd Order No. 9, s. 2005 entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*.

More information may be inquired from:

Name: **CHRISTINE NICOLE G. AGBAYANI**

Contact Number: 09954125414

Email: [info.philsea@gmail.com](mailto:info.philsea@gmail.com)

Address: 191 Salcedo St. Legaspi Village, San Lorenzo, Makati City 1223,  
Metro Manila, Philippines

Considering that this is an Advisory, Schools Division Superintendents are given the discretion to act on this matter.

CLMD-ESF 



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Website: [region8.deped.gov.ph](http://region8.deped.gov.ph)





# Philippine International Law of the Sea Academy Inc.

est. 19 June 2023

## EXECUTIVE BOARD

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Associate Director for Finance and Human Resources

## SELECTED INSTITUTIONS REPRESENTED BY NATIONAL TRAINING ALUMNI

### Philippine Government

- Integrated Bar of the Philippines
- Office of the Solicitor-General of the Philippines
- Philippine Coast Guard
- Philippine Maritime Industry Authority
- Philippine Military Academy
- Philippine National Mapping and Resource Information Authority
- Supreme Court of the Philippines

### Philippine Law Schools

- Batangas State University TNEU College of Law
- Bulacan State University College of Law
- De La Salle University Tañada-Diokno School of Law
- Far Eastern University Institute of Law
- Laguna State Polytechnic University College of Law
- Manuel L. Quezon University School of Law
- Mindanao State University College of Law
- Notre Dame of Marbel University College of Law
- Saint Mary's University College of Law
- San Beda University College of Law
- University of Baguio School of Law
- University of the Cordilleras College of Law
- University of the Philippines Visayas
- University of Nueva Caceres School of Law
- University of San Carlos School of Law and Governance

### Overseas

- Paris Nanterre University School of Law
- Tohoku University Graduate School of Law
- University of Ghana School of Law

## 2025 MESSAGE FROM THE HONOURABLE CHIEF JUSTICE ALEXANDER GESMUNDO

"In PHILSEA, you are called to be champions of our maritime future. By answering this call, you affirm the power of our laws to resolve what may divide us and safeguard the resources we share. Hence, I commend your utmost commitment and urge you to keep rowing, no matter how heavy the tides may become. Let the rule of law be your compass, and your resolve, the steady hand that moves you forward."

## CONTACT INFO & MEDIA PLATFORMS

191 Salcedo St., Legaspi Village, San Lorenzo, Makati City 1223, Metro Manila, Philippines

info.philsea@gmail.com

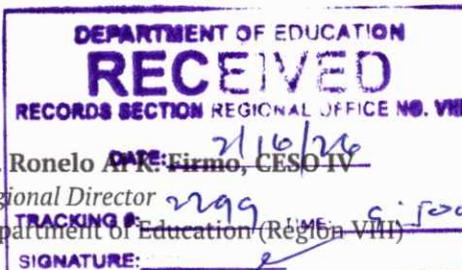
(+63) 995 412 5414

philseaofficial

## PHILIPPINE GOVERNMENT REGISTRATION

Philippine Securities and Exchange Commission  
Company Registration No. 2024100173078-06

Philippine Bureau of Internal Revenue  
Non-VAT Registration TIN 668-576-395-00000



Dr. Ronelo ~~Arre Firmo, CESO IV~~  
Regional Director  
Department of Education (Region VIII)

Dear Dr. Firmo:

The **Philippine International Law of the Sea Academy Inc. (PHILSEA)** formally invites senior high school teachers and junior high school teachers from your respective jurisdiction to apply for the inaugural session of **PHILSEA 101** scheduled for **Saturdays, from 11 April 2026 to 30 May 2026** which will run from **9:00 AM to 4:30 PM (Manila Time / GMT+8)** via **Zoom Communications** platform, with an onsite Culmination to be held at the **Ateneo de Manila University, Quezon City, Philippines.**

**PHILSEA 101** is an intensive introductory training on law of the sea that aims to amplify the holistic understanding of Filipino undergraduate students and secondary school teachers in the law of the sea. It comprises 22 training lectures with two workshops to be delivered and facilitated by distinguished Filipino and international legal scholars and jurists curated by the Executive Board of PHILSEA.

Interested senior high school teachers and junior high school teachers from your area of jurisdiction may submit their applications via: <https://tinyurl.com/1stPHILSEA101Application> until **Sunday, 8 March 2026 at 11:59 PM (Manila Time / GMT+8)**. After a competitive selection process, accepted applicants will be required to settle a non-refundable **training fee** prior to being admitted to PHILSEA 101.

By participating in **PHILSEA 101**, the senior high school teachers and junior high school teachers will have a direct opportunity to learn from notable legal scholars and jurists, exchange perspectives, and contribute to shaping informed discourse on the law of the sea, particularly legal issues surrounding the West Philippine Sea and the South China Sea.

**PHILSEA Inc.**, a nonstock and non-profit organisation established in 2023, is the premier law of the sea academic capacity-building training organisation for Filipinos duly registered with the Philippine Securities and Exchange Commission (SEC) and the Philippine Bureau of Internal Revenue (BIR). Our programmes have been officially endorsed by the Association of Law Students of the Philippines (ALSP), the Philippine Association of Law Schools (PALS), and the Legal Education Board (LEB) of the Philippines.

Attached are the main publicity material and the application primer for more information.

Should you have any concerns, feel free to reach out to us via email. Thank you and we look forward to having your undergraduate students in our training programme.

Respectfully,  
  
**Ms. Christine Nicole G. Agbayani**  
Project Manager for PHILSEA 101

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2/13