



Republic of the Philippines  
**Department of Education**  
REGION VIII - EASTERN VISAYAS

June 16, 2026

**REGIONAL MEMORANDUM**

No. **745** s. 2026

**SCHOOL MENTAL HEALTH TRAINING – WORKSHOP ON PEER-LED  
SUPPORT INTERVENTION**

To: Schools Division Superintendent  
Heads, Health and Nutrition Unit  
All Others Concerned

1. Pursuant to DepEd's mandate under the Mental Health Act (RA 11036) and Basic Education Mental Health and Well-Being Promotion Act (RA 12080), the Education Support Services Division – School Health and Nutrition Section is strengthening the School Mental Health Program. To support this objective, the School Mental Health Training – Workshop on Peer-Led Support Intervention is organized to capacitate school health personnel in establishing peer-to-peer support in mental health and reproductive health concerns.
2. This Office, through the Education Support Services Division - School Health and Nutrition Section (ESSD-SHNS), announces the conduct of the **School Mental Health Training-Workshop on Peer-Led Support Intervention** hosted by SDO Borongan City **on June 24-26, 2026, at Jasmin Beach Resort, Marabut, Samar.**
3. The objectives of this activity are as follows:
  - a. To learn skills needed in doing peer facilitation;
  - b. To establish clear boundaries and referral pathways especially in mental health and physiological changes experienced during adolescent stage;
  - c. Participants must learn to apply the skills and develop equipped student support group.
  - d. To reduce mental health stigma and encourage early help-seeking behavior among the student body.
4. Participants in this training are Regional SHNU Personnel and Division MH Coordinators. Please see attached list.
5. Meals and accommodation shall be charged against the School Mental Health Program (SMHP) program support fund. The Division participants may travel ahead of time and can claim their travel expenses through their respective local funds or program support funds, subject to usual accounting and auditing rules and regulations.



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6. For immediate dissemination of and compliance with this memorandum are desired.

**SALUSTIANO T. JIMENEZ JD, EdD, CESO III**  
Regional Director *✓ NB*

Enclosures: As stated

References: As stated

To be indicated in the Perpetual Index under the following subjects:

PEER-LED                  SUPPORT                  TRAINING                  WORKSHOP  
ESSD-SHNS-KJMC

For the Regional Director:

**MARILYN B. SIAO, PhD, CESO IV**  
Director III  
Assistant Regional Director

Date: 6/17/14



**LIST OF PARTICIPANTS**

<b>Names</b>	<b>Division</b>
Carlu Dacera	Baybay City Division
ZhaZha Mae Miralles	Biliran Division
Mae Mejia	Biliran Division
Harold C. Labro (FACILITATOR)	Borongan City Division
Shevan Claire S. Aliñabon	Calbayog City Division
Hershey Marie Bartolome	Catbalogan City Division
Ma. Cherie Ann Q. Daganio	Eastern Samar Division
Claudine Aujero (FACILITATOR)	Leyte Division
Rowena Acuña	Maasin City Division
Pinky Detera	Northern Samar Division
Mae Esther Arones	Ormoc City Division
Liv Gabumpa	Samar Division
Rechel Deluta	Southern Leyte Division
Therese Rachelle Caing	Tacloban City Division
7 SHNS Personnel	Regional Office SHNS
11 SHNU Personnel	Borongan City Division SHNU