



Republic of the Philippines  
**Department of Education**  
REGION VIII - EASTERN VISAYAS

June 24, 2026

**REGIONAL MEMORANDUM**

No. **789** s. 2026

**2026 NUTRITION MONTH CELEBRATION**

To: Schools Division Superintendents  
Assistant Schools Division Superintendents  
Division SBFP Coordinators  
School Heads, Public Elementary Schools  
All Others Concerned

1. In support of the government's commitment to address hunger and malnutrition, this Office, through Education Support Services Division – School Health and Nutrition Unit (ESSD-SHNU), calls on all learners, teaching and non-teaching personnel, school officials, parents, and stakeholders to actively participate in the 2026 Nutrition Month Celebration this July. This is pursuant to Section 7 of Presidential Decree No. 491, known as the Nutrition Act of the Philippines, which mandates the observance of Nutrition Month every July to create greater awareness of the importance of good nutrition. Further, pursuant to DepEd Order (DO) No. 9, s. 2026, titled Guidelines on the Implementation of the Three-Term School Calendar in Basic Education, Nutrition Month is recognized as one of the legislative activities and celebrations to be observed in schools.

2. The annual celebration is led by the National Nutrition Council (NNC), the country's highest policymaking and coordinating body on nutrition. In coordination with national and local stakeholders, the celebration mobilizes multi-sectoral actions in addressing malnutrition, promoting food and nutrition security, and building healthier communities.

3. The 2026 Nutrition Month theme, "Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat!" with the subtheme, "Nutrisyon at Kalikasan, Ating Pangalagaan!" emphasizes the strong connection between nutrition and environmental protection, with a focus on climate action. It recognizes that the health of people and the health of the planet are inseparable. Protecting forests, oceans, agricultural lands, and water resources helps secure sustainable food systems and ensures that present and future generations have access to nutritious diets. Climate change adversely affects food production, food supply chains, and the availability of nutritious foods due to rising temperatures, changing rainfall patterns, droughts, floods, and typhoons. These disruptions can increase the risk of hunger and malnutrition, particularly among vulnerable populations such as children and low-income families. At the same time, food systems contribute significantly to greenhouse gas emissions, underscoring the need for sustainable and climate-resilient approaches to food production and consumption.



Address: Government Center, Candahug, Palo, Leyte  
Telephone No.: (053) 832-5738  
Email Address: region8@deped.gov.ph  
Website: region8.deped.gov.ph



4. The campaign aims to:
  - a. Raise awareness of the importance of nutrition in reducing all forms of malnutrition and hunger;
  - b. Promote understanding of the link between nutrition, food systems, and environmental conservation and sustainability;
  - c. Reinforce healthy diets and food security as pillars of the Philippine Plan of Action for Nutrition (PPAN) 2023–2028 and the Philippine Development Plan (PDP) 2023–2028;
  - d. Encourage sustainable food practices, reduction of food waste, and support for local and seasonal foods;
  - e. Promote inclusive, sustainable, and climate-resilient food systems; and
  - f. Mobilize support among government agencies, LGUs, NGOs, civil society, private sector, and communities.
  
5. The celebration must align with the Department's ongoing efforts to promote learner health, food and nutrition security, climate awareness, and sustainable school environments. Activities to be undertaken are expected to reflect a whole-of-school and whole-of-community approach, advancing nutrition and well-being as essential components of learner development.
  
6. All Schools Division Offices and schools are highly encouraged to actively participate in this nationwide celebration by implementing localized and innovative classroom-based discussions and learning activities from July 1-31, 2026, that align with the objectives and strategies outlined above. Schools are likewise encouraged to maximize online and media platforms, including but not limited to the following:
  - a. Conducting classroom discussions during homeroom, science, health, TLE, Araling Panlipunan, and related learning areas on the following topics:
    - Importance of proper nutrition, healthy diets, and food security;
    - Relationship between nutrition, environmental conservation, climate change, and sustainable foods; and
    - Benefits of consuming local, seasonal, and climate-resilient foods.
  - b. Organizing teacher-led discussions and learner presentations on the Gulayan sa Paaralan Program (GPP) and the role of school and home gardening in promoting nutrition and sustainable living practices among learners and the community;
  - c. Holding classroom-based poster interpretation, slogan analysis, essay discussions, and digital presentation activities focused on nutrition and environmental stewardship;
  - d. Facilitating small-group discussions, debates, and case studies on climate-smart agriculture, food sustainability, and community nutrition initiatives;
  - e. Conducting classroom quiz activities and learning games focusing on nutrition, food systems, environmental protection, and sustainable living practices;
  - f. Encouraging learners to share personal and family practices that promote healthy eating habits and environmental responsibility through reflection and discussion sessions; and
  - g. Integrating Nutrition Month themes into project-based learning, research discussions, and collaborative classroom activities that promote learner participation and critical thinking.

7. The conduct of Nutrition Month activities shall not hamper instructional time and must comply with DO No. 09, s. 2026.
8. Materials related to the celebration may be accessed through the official website of the National Nutrition Council at [www.nnc.gov.ph](http://www.nnc.gov.ph). Additional resources are accessible at <https://tinyurl.com/2026NutritionMonthCollaterals>.
9. Schools Division Offices and schools are requested to submit relevant documents and highlights of their division-wide or school-wide Nutrition Month celebrations via <https://tinyurl.com/2026NutritionMonthReports> on or before September 5, 2026.
10. Immediate dissemination of and compliance with this Memorandum are desired.

  
**SALUSTIANO T. JIMENEZ JD, EdD, CESO III**  
Regional Director  

Enclosures: None

References: None

To be indicated in the Perpetual Index under the following subjects:

MONITORING

NEGOTIATED PROCUREMENT

SBFP

ESSD-SHNU-ALSL

